

180 Days with T1D

Online Consortium of School Nurses focused on Type One Diabetes

February Newsletter

February is the month of love..... and for school nurses it can be the start of field trip season. Betsy Steinberg, BSN, RN, NCSN has done a fabulous job of creating some tools to aid you in your field trip preparation. Enjoy the below!!

Its not too late to sign up for JDRF's Performance in Exercise and Knowledge (PEAK) for health care providers occurring this week. For those with T1D student athletes or those who struggle with keeping blood glucose in target during and after PE, this is for you!!! Correction: CMEs will be available, not CEUs.

Don't forget to tell your families about TypeOneNation & PEAK for families this weekend!

Field Trip Packing List

Here is a complete list of all that needs to go with a T1D student during a field trip.

Field Trip Form

Print it out here and fill in based on the orders, then use it to document during the field trip!

CALORIE KING'S Valentine's Candy Carb counts

Calorie King has compiled a list of popular Valentine's candies. Check it out here.



PEAK

Education for **health care providers** on managing T1D & physical activity
Friday February 10th, 8:00am-5:00pm
Boston Copley Place

Click here to learn more and register

PEAK for individuals and families will occur directly following TypeOneNation. Click here for more PEAK for families details.

TypeOneNation Boston Summit

FREE Educational summit at Boston Copley Place
Research advances

Discussions with experts

Perfect for anyone impacted by T1D
Saturday February 11th, 8:30am-2:15pm
Click here to learn more and register



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