

# 180 Days with T1D

Online Consortium of School Nurses focused on Type One Diabetes

## January Newsletter

Happy New Year! Often the start of the year is a time to mentally take stock and review. In that light, part of an Emergency Preparedness plan needs to include care to your student with T1D. If there isn't a plan in place, now is the time to start that conversation.

A few years ago, we had an influx of newly diagnosed students with T1D around the holidays. I hope this trend doesn't continue or spread to any of you. If it does, JDRF has a wonderful resource: their Bag of Hope. It is a backpack full of T1D goodies delivered to the home of a newly diagnosed family. Click below for more details.

### Emergency Preparedness

Start the conversation with your administrators and parents if T1D care isn't part of the current plan.

### Points to consider:

hypoglycemia treatment  
access to supplies / food  
staff awareness of who the student is  
having the student self identify as  
T1D



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### Bag of Hope

delivered by a local mentor T1D family  
backpack full of age appropriate & useful resources  
for newly diagnosed families

Click [here](#) for more info. or to request a Bag

### TypeOneNation Boston Summit

FREE Educational summit at Boston Copley Place

Research advances

Discussions with experts

Perfect for anyone impacted by T1D

Saturday February 11th, 8:30-2:15

Click [here](#) to learn more and register

### PEAK

T1D Performance Exercise and Knowledge  
Education for **health care providers** on the  
management of physical activity for those with T1D  
CEUs available

Friday February 10th, 8:00-5:00pm

Boston Copley Place

Click [here](#) to learn more and register

PEAK for individuals and families will occur directly  
following TypeOneNation