

Mobile and Electronic Health ARC (ME-ARC)
December Seminar
**Smarter Interventions for Stronger Families
and the TIES Parenting Program**
Adela Timmons, PhD

Monday, December 8th

12:00-1:00pm

Via Zoom:

<https://tinyurl.com/mearc-fall25>



Adela Timmons, PhD, is an Assistant Professor of Clinical Psychology at the University of Texas at Austin, where she leads research at the intersection of mental health, technology, and personalized intervention. Her work focuses on developing and testing innovative, scalable digital tools—including AI-driven and micro-experimental interventions—to improve mental health outcomes in real-world settings.

ME-ARC PI & Director: Belinda Borrelli, Ph.D.

Leadership Team: Daniel Fulford, Ph.D. (Co-Director), Joanne Murabito, M.D. (Co-Director), Lisa Quintiliani, Ph.D.

Have questions? Contact Maria Monteiro by emailing mmonte1@bu.edu

For more information about the Mobile and Electronic Health ARC, please visit: <http://sites.bu.edu/me-arc/>