

**The Mobile & Electronic Health ARC
(ME-ARC) April Seminar
Digital Mental Health Innovations: From
Research to Real World Applications
John Torous MD, MBI**

Wednesday, April 30th

12:00 - 1:00pm

Via Zoom: <https://bit.ly/mearc-april-2025>



Dr. John Torous, MD MBI, is director of the digital psychiatry division in the Department of Psychiatry at Beth Israel Deaconess Medical Center (BIDMC), a Harvard Medical School-affiliated teaching hospital, where he also serves as a staff psychiatrist and associate professor. He has a background in electrical engineering and computer sciences and received an undergraduate degree in the field from UC Berkeley before attending medical school at UC San Diego. He completed his psychiatry residency, fellowship in clinical informatics, and master's degree in biomedical informatics at Harvard. Dr. Torous is active in investigating the potential of mobile mental health technologies for psychiatry and has published over 300 peer reviewed articles and 5 book chapters on the topic. He directs the Digital Psychiatry Clinic at BIDMC which seeks to improve access to and quality of mental health care through augmenting treatment with digital innovations. Dr. Torous serves as editor-in-chief for the journal JMIR Mental Health, web editor for JAMA Psychiatry, and is a member of the FDA Digital Health Advisory Committee.

ME-ARC PI & Director: Belinda Borrelli, Ph.D.

Leadership Team: Daniel Fulford, Ph.D. (Co-Director), Joanne Murabito, M.D. (Co-Director), Lisa Quintiliani, Ph.D.

Have questions? Contact Nick Hart by emailing nhart1@bu.edu

For more information about the Mobile and Electronic Health ARC, please visit: <http://sites.bu.edu/me-arc/>