

The Mobile & Electronic Health ARC (ME-ARC) April Seminar

## Using Implementation Science to Move Digital Health Innovations Into Routine Clinical Care: Lessons from the *Connect for Health* Healthy Lifestyle Program

## Meg Simione, PhD

Monday, April 1st 12:00 – 1:00 PM

Via Zoom: https://bit.ly/mearc-april



Dr. Meg Simione is a clinician-scientist in the Division of General Academic Pediatrics at Massachusetts General Hospital (MGH), a speech-language pathologist, and Assistant Professor of Pediatrics at Harvard Medical School. Her research examines the determinants and impacts of pediatric feeding disorders and childhood obesity and how to improve access to care through implementation science, digital innovations, and family-centered outcomes.

Childhood obesity remains at historically high prevalence and racial and ethnic and socioeconomic disparities continue to widen. Progress in reducing obesity prevalence and eliminating disparities can be achieved by implementing effective, childhood obesity interventions in primary care settings. In her presentation, Dr. Simione will describe how implementation science methodologies were used to plan, implement, and evaluate a systems-level, primary care-based, pediatric healthy lifestyle program that leveraged digital health innovations.

ME-ARC PI & Director: Belinda Borrelli, Ph.D. Leadership Team: Daniel Fulford, Ph.D. (Co-Director), Joanne Murabito, M.D. (Co-Director), Lisa Quintiliani, Ph.D.