Directs the dept. of public health in consultation with the department of education to annually establish regulations for training all school nurses in behavioral health and treatment for eating disorders; directs said departments to establish standards for certification of all food service directors and managers in articulated schools; mandates including instruction in nutrition and exercise in the board of education's standards; establishes low to non-fat snacks and drink options, as defined, to be required for sale at all schools; establishes sugar, calorie, sodium and fat limits on foods, both packaged and unpackaged, to be sold on school grounds or at school activities, with articulated exceptions; requires the display of nutritional guidelines; directs the department of public health, in collaboration with the department of education to review and analyze obesity and eating disorders in students; directs the department of public service campaign to raise awareness of pediatric overweight and of the state's initiative to reduce the epidemic; establishes a commission to conduct an analysis of childhood obesity, nutrition, physical activity, and education in wellness in the commonwealth; establishes guidelines for membership and participation in said commission.