

According to the Commonwealth Fund's scorecard, Minnesota has the healthiest population in the country. The state's high ranking results from changes in coverage and numerous collaborations between parties within in the state.

Like other states, Minnesota sought a greater degree of transparency with regards to healthcare insurers. The Buyer's Health Care Action Group (BHCAG) lobbied for the state's health plans and providers to publish quality results so that consumers and employers would have the information they needed to reward optimal health plan and provider performance.

"Despite some initial tension, Minnesota's health plan and provider community embraced market transparency and enhanced information as a strategy to drive quality." Also, as a response to this movement, the physicians and health plans created the Institute for Clinical Systems Improvement and MN Community Measurement.

In 1993, the Institute for Clinic Systems Improvement (ICSI) was established by HealthPartners, Mayo Clinic, and Park Nicollet Health Services. The ICSI's purpose was to improve patient care in Minnesota through innovations in evidence-based medicine. 85% of Minnesota physicians participate in ICSI, which develops evidence-based health care guidelines, while helping members implement best clinical practices for their patients. Along with the ICSI, the Minnesota Community Measurement (MNCM) was created by Minnesota's health plans in 2004 to report statewide health care quality measures across medical groups.

Lastly, regarding the population of Minnesota, large amounts of money have been spent annually by the state to promote healthy lifestyles.