

# Hannah E. Walker

508 Fulton Street, Durham, NC 27705

hannah.walker@va.gov

## Education

**Massachusetts Veterans Epidemiology Research and Information Center (MAVERIC)**, VA Boston Health Care System and Boston University, Boston, Massachusetts (2023 – present)  
Postdoctoral Research Fellowship (PI: Brett Litz, Ph.D.)

**University of Missouri-St. Louis**, St. Louis, Missouri (2023)

Ph.D. Clinical Psychology (APA accredited program)

*Dissertation:* Posttraumatic stress symptoms, anger, and substance use as risk factors for trauma revictimization

**Durham VA Health Care System**, Durham, North Carolina (2023)

Pre-doctoral Psychology Internship (APA accredited program)

**University of Missouri-St. Louis**, St. Louis, Missouri (2020)

M.A. Clinical Psychology (APA accredited program)

**University of Mary Washington**, Fredericksburg, Virginia (2016)

B.S. Psychological Science (cum laude)

## Honors, Awards, and Grants

- Awarded \$1,500 in COVID-19 grant funding by the University of Missouri-St. Louis to support further development of my research program (2021)
- Selected by a faculty committee to receive the Lewis Sherman Scholarship Award (\$1,500) for demonstrating the “best overall performance in the clinical psychology program across coursework, research productivity, clinical work, and program citizenship” (2021)
- Selected by a faculty committee to receive the Graduate Teaching Assistant Award for demonstrating excellent performance as a teaching assistant within the psychology department (2021)
- Awarded a graduate travel grant by the Graduate Women in Science, St. Louis Chapter for \$425 to reimburse travel expenses for conference attendance (2020)
- Awarded graduate student professional conference travel stipend of \$500 from the University of Missouri-St. Louis Department of Graduate Studies (2019-2022)
- Graduate School Scholarship – Full Tuition and Fees (2018-2022)
- Awarded an undergraduate research grant of \$500 to support the purchase of a statistical program needed to run meta-analyses for a first-authored manuscript (2015)
- Psi Chi International Honor Society (2015)

## Peer-Reviewed Publications

1. **Walker, H. E.**, Wamser-Nanney, R., & Howell, K. H. (In press). Pathways linking cumulative maltreatment and revictimization: Posttraumatic stress symptoms, anger, and

substance use among women. *Journal of Aggression, Maltreatment, & Trauma*.

2. Wamser-Nanney, R., **Walker, H. E.**, & Sager, J. (2023). Physical health outcomes of trauma exposure across the lifespan. *Journal of Interpersonal Violence*.  
<https://doi.org/10.1177/088626052311906>
3. Wamser-Nanney, R., **Walker, H. E.**, & Howell, K. H. (2023). Types of community violence exposure and clinical outcomes: Evidence of differing associations among emerging adults. *Psychological Trauma: Theory, Research, Practice, and Policy*, *15*(Suppl 1), S112–S119. <https://doi.org/10.1037/tra0001449>
4. Wamser-Nanney, R. & **Walker, H. E.** (2022). Attrition from pediatric trauma-focused cognitive behavioral therapy (TF-CBT): A meta-analysis and review. *Journal of Traumatic Stress*, *36*(1), 17-30. <https://doi.org/10.1002/jts.22890>
5. **Walker, H. E.**, Thomsen, K. N., Jamison, L. E., Wamser-Nanney, R., & Howell, K. H. (2022). The role of dimensions of emotion dysregulation following exposure to maltreatment and adult victimization. *Journal of Interpersonal Violence*, *38*(7-8), 5661-5681. <https://doi.org/10.1177/08862605221127188>
6. **Walker, H. E.** & Wamser-Nanney, R. (2022). Revictimization risk factors following childhood maltreatment: A literature review. *Trauma, Violence, & Abuse*.  
<https://doi.org/10.1177/15248380221093692>
7. Shoemaker, H. L., Howell, K. H., Jamison, L. E., **Walker, H. E.**, & Wamser-Nanney, R. (2022). Relational factors associated with posttraumatic stress among emerging adults of color exposed to community violence. *Violence and Victims*, *37*(2), 277–293.  
<https://doi.org/10.1891/VV-D-20-00027>
8. **Walker, H. E.**, Diemer, M. C., Wamser-Nanney, R. (2022). Child maltreatment and parental attitudes regarding the use of corporal punishment. *Journal of Child and Family Studies*, 1-11. <https://doi.org/10.1007/s10826-022-02279-0>
9. **Walker, H. E.**, Wamser-Nanney, R., & Howell, K. H. (2022). Investigating the relations between sexual victimization, substance misuse, and exposure to community violence. *Journal of Aggression, Maltreatment, & Trauma*, *31*(9), 1206-1223.  
<https://doi.org/10.1080/10926771.2022.2051655>
10. **Walker, H. E.**, Wamser-Nanney, R., & Howell, K. H. (2021). Relationships between childhood interpersonal trauma, religious coping, posttraumatic stress symptoms, and resilience. *Journal of Interpersonal Violence*, *37*, 13-14, NP11296-NP11314.  
<https://doi.org/10.1177/0886260521991883>
11. **Walker, H. E.**, Wamser-Nanney, R., & Howell, K. H. (2021). Child sexual abuse and adult sexual assault among emerging adults: Exploring the roles of posttraumatic stress symptoms, emotion regulation, and anger. *Journal of Child Sexual Abuse*. *30*(4), 1-20.

<https://doi.org/10.1080/10538712.2021.1890295>

12. Wamser-Nanney, R., **Walker, H. E.**, & Nanney, J. T. (2020). Sexual assault, posttraumatic stress symptoms, and indices of aggression among women. *Journal of Traumatic Stress*. 33, 1121-1129. <https://doi.org/10.1002/jts.22572>
13. Wamser-Nanney, R., **Walker, H. E.**, & Nanney, J. T. (2019). Trauma exposure, posttraumatic stress disorder, and aggression among civilian females. *Journal of Interpersonal Violence*. 36, 17-18. <https://doi.org/10.1177/0886260519860894>
14. **Walker, H. E.**, Freud, J. S., Ellis, R. A., Fraine, S. M., & Wilson, L. C. (2019). The prevalence of sexual revictimization: A meta-analytic review. *Trauma, Violence, & Abuse*, 20(1), 67-80. <https://doi.org/10.1177/1524838017692364>

### **Manuscripts Submitted and Under Review**

1. Wamser-Nanney, R., **Walker, H. E.**, & Howell, K. H. (Under review). Exposure to community violence: Associations with health and academic functioning among emerging adults. *Psychological Trauma: Theory, Research, Practice, and Policy*.
2. Wamser-Nanney, R., **Walker, H. E.**, Gilliam, H. C., & Howell, K. H. (Under review). Unpacking the links between community violence, delinquency, and illicit substance use among college students: The role of PTSS and Code of the Streets. *Journal of Aggression, Maltreatment, & Trauma*.
3. Wamser-Nanney, R., Sager, J., Richardson, J., & **Walker, H. E.** (Accepted with minor revisions). An investigation of the associations between trauma exposure, racial stereotypes, and racist beliefs. *Psychological Trauma: Theory, Research, Practice, and Policy*.

### **Manuscripts in Advanced Preparation (near submission)**

1. Wamser-Nanney, R., Thomsen, K. N., **Walker, H. E.**, & Howell, K. H. (In progress). A comprehensive model of community violence exposure outcomes using an ecological systems framework.

### **Book Chapters**

1. Walter, K. H., Wells, S. Y., **Walker, H. E.**, & Gomez, R. M. (In press). Treating military personnel and veterans with cognitive processing therapy. In *Cognitive Processing Therapy for Complex Cases – Evidence-based Strategies*. New York, NY: Springer.

### **Other Publications**

1. Lange, R. T., Lippa, S. M., French, L. M., Gartner, R. L., Driscoll, A. E., Wright, M. M., Bailie, J. M., Nora, D. E., Sullivan, J. K., Varbedian, N. V., Camelo-Lopez, V., Cheselka, J. S., Bellini, P. G., Holzinger, J. B., **Walker, H. E.**, Brandler, B. J., Freud, J. S., Schaper,

- A. L., Reese, M. A., Barnhart, E. A., Casey, K. A., Ndege, V. J., Ramin, D. A., Eshera, Y. M., Robinson, G. A., & Brickell, T. A. (2018). Ten-year neurobehavioral outcome following mild, moderate, severe, and penetrating traumatic brain injury in U.S. military service members. *Archives of Clinical Neuropsychology*, *33*(6), 703-794. doi: 10.1093/arclin/acy061.60. Poster presented at the National Academy of Neuropsychology Meeting, October 2018; New Orleans, LA.
2. Brickell, T. A., Lippa, S. M., French, L. M., Gartner, R. L., Driscoll, A. E., Wright, M. M., Bailie, J. M., Nora, D. E., Sullivan, J. K., Varbedian, N. V., Camelo-Lopez, V., Cheselka, J. S., Bellini, P. G., Holzinger, J. B., **Walker, H. E.**, Brandler, B. J., Freud, J. S., Schaper, A. L., Reese, M. A., Barnhart, E. A., Casey, K. A., Ndege, V. J., Ramin, D. A., Eshera, Y. M., Robinson, G. A., & Lange, R. T. (2018). Postconcussion symptom reporting within the first 5-years of the recovery trajectory following uncomplicated mild traumatic brain injury: A cross-sectional perspective. *Archives of Clinical Neuropsychology*, *33*(6), 703-794. doi: 10.1093/arclin/acy061.46. Poster presented at the National Academy of Neuropsychology Meeting, October 2018; New Orleans, LA.
  3. Brickell, T. A., Lippa, S. M., French, L. M., Gartner, R. L., Driscoll, A. E., Wright, M. M., **Walker, H. E.**, Brandler, B. B., Freud, J. S., Schaper, A. L., Reese, M. A., Barnhart, E. A., Casey, K. A., & Lange, R. T. (2018). Service needs and health outcomes among caregivers of service members/veterans following traumatic brain injury. *Archives of Physical Medicine and Rehabilitation*, *99*(11), e177. doi: 10.1016/j.apmr.2018.08.151. Poster presented at the Federal Interagency Conference on Traumatic Brain Injury, June 2018; Washington, DC.

### **Conference Paper and Symposium Presentations**

1. Wamser-Nanney, R. A. & **Walker, H. E.** (March 2022). *Attrition from pediatric trauma-focused cognitive behavioral therapy (TF-CBT): A meta-analysis*. Paper will be presented at the International Society for the Prevention of Child Abuse & Neglect (IPSCAN) 2022 Congress, Quebec, Canada.
2. **Walker, H. E.**, Wamser-Nanney, R. A., & Howell, K. H. (July 2020). *Sexual revictimization: Exploring the roles of posttraumatic stress symptoms, emotion regulation, and anger* (symposium presentation). International Family Violence and Child Victimization Research Conference, Portsmouth, NH. (Conference cancelled)
3. Wilson, L. C., Freud, J. S., Fraine, S. M., Ellis, R. A., & **Walker, H. E.** (November 2016). The prevalence of sexual revictimization: A meta-analytic review. Paper presented at the International Society for Traumatic Stress Studies Annual Meeting, Dallas, TX.
4. **Walker, H. E.**, Freud, J. S., Ellis, R. A., Fraine, S. M., & Wilson, L. C. (April 2016). The prevalence of sexual revictimization: A meta-analytic review. Paper presented at the Virginia Association for Psychological Science Annual Meeting, Newport News, VA.

### **Conference Poster Presentations**

1. **Walker, H. E.**, Wamser-Nanney, R. A., & Howell, K. H. (May 2023). Clinical pathways linking cumulative maltreatment and revictimization: Posttraumatic stress symptoms, anger, and substance use. Poster presented at the Association for Psychological Science 35<sup>th</sup> Annual Convention, Washington, DC.
2. **Walker, H. E.**, Thomsen, K. N., Jamison, L. E., Wamser-Nanney, R. A., & Howell, K. H. (November 2022). The role of emotion regulation in lifetime exposure to victimization. Poster presented at the International Society for Traumatic Stress Studies 38<sup>th</sup> Annual Meeting, Atlanta, GA.
3. **Walker, H. E.**, Diemer, M. C., Wamser-Nanney, R. A. (November 2021). Child maltreatment and parental attitudes regarding the use of corporal punishment. Poster presented at the Association for Behavioral and Cognitive Therapies 55<sup>th</sup> Annual Convention, virtual presentation.
4. Diemer, M. C., **Walker, H. E.**, Wamser-Nanney, R. A. (May 2021). Child maltreatment and parental attitudes regarding the use of corporal punishment. Poster presented at the Association for Psychological Science 33<sup>rd</sup> Annual Convention., virtual presentation.
5. **Walker, H. E.**, Wamser-Nanney, R. A., & Howell, K. H. (November 2020). Sexual revictimization: Investigating the roles of community violence exposure and substance misuse. Poster presented at the International Society for Traumatic Stress Studies 36<sup>th</sup> Annual Meeting, virtual presentation.
6. **Walker, H. E.**, Wamser-Nanney, R. A., & Howell, K. H. (November 2020). Sexual revictimization: Exploring the roles of posttraumatic stress symptoms, emotion regulation, and anger. Poster presented at the International Society for Traumatic Stress Studies 36<sup>th</sup> Annual Meeting, virtual presentation.
7. **Walker, H. E.**, Wamser-Nanney, R. A., & Howell, K. H. (May 2020). Sexual revictimization: Exploring the roles of posttraumatic stress symptoms, emotion regulation, and anger (poster presentation). Association for Psychological Science 32<sup>nd</sup> Annual Convention. (Conference cancelled)
8. **Walker, H. E.**, Wamser-Nanney, R. A., & Howell, K. H. (November 2019). Religious coping as a moderator for childhood interpersonal trauma and posttraumatic stress and resilience. Poster presented at the International Society for Traumatic Stress Studies 35<sup>th</sup> Annual Meeting, Boston, MA.
9. **Walker, H. E.**, Wamser-Nanney, R. A., & Nanney, J. T. (November 2019). Sexual assault, posttraumatic stress symptoms, and indices of aggression among women. Poster presented at the International Society for Traumatic Stress Studies 35<sup>th</sup> Annual Meeting, Boston, MA.

10. Brickell, T. A., French, L. M., Gartner, R. L., Driscoll, A. E., Wright, M. M., Nora, D. E., Sullivan, J. K., Lippa, S. M., Varbedian, N. V., Camelo-Lopez, V., Cheselka, J. S., Bellini, P. G., Holzinger, J. B., **Walker, H. E.**, Brandler, B. J., Freud, J. S., Schaper, A. L., Reese, M. A., Barnhart, E. A., Casey, K. A., Ndege, V. J., Ramin, D. A., Eshera, Y. M., Robinson, G. A., & Lange, R. T. (August 2018). The influence of caregiver burden on health status and appraisal of caregiving among caregivers of U.S. military service members and veterans following traumatic brain injury. Poster presented at the Military Health System Research Symposium annual conference, Kissimmee, FL.
11. Brickell, T. A., French, L. M., Gartner, R. L., Driscoll, A. E., Wright, M. M., Nora, D. E., Sullivan, J. K., Lippa, S. M., Varbedian, N. V., Camelo-Lopez, V., Cheselka, J. S., Bellini, P. G., Holzinger, J. B., **Walker, H. E.**, Brandler, B. J., Freud, J. S., Schaper, A. L., Reese, M. A., Barnhart, E. A., Casey, K. A., Ndege, V. J., Ramin, D. A., Eshera, Y. M., Robinson, G. A., & Lange, R. T. (August 2018). Caregiver report of the impact of deployment and traumatic brain injury on the health and behavior of children of U.S. military service members. Poster presented at the Military Health System Research Symposium annual conference, Kissimmee, FL.
12. Lange, R. T., French, L. M., Lippa, S. M., Gartner, R. L., Driscoll, A. E., Wright, M. M., Nora, D. E., Sullivan, J. K., Bailie, J. M., Varbedian, N. V., Camelo-Lopez, V., Cheselka, J. S., Bellini, P. G., Holzinger, J. B., **Walker, H. E.**, Brandler, B. J., Freud, J. S., Schaper, A. L., Reese, M. A., Barnhart, E. A., Casey, K. A., Ndege, V. J., Ramin, D. A., Eshera, Y. M., Robinson, G. A., & Brickell, T. A. (August 2018). Neurobehavioral outcome 10-years following mild-moderate traumatic brain injury in U.S. military service members. Poster presented at the Military Health System Research Symposium annual conference, Kissimmee, FL.
13. Lange, R. T., French, L. M., Lippa, S. M., Gartner, R. L., Driscoll, A. E., Wright, M. M., Nora, D. E., Sullivan, J. K., Bailie, J. M., Varbedian, N. V., Camelo-Lopez, V., Cheselka, J. S., Bellini, P. G., Holzinger, J. B., **Walker, H. E.**, Brandler, B. J., Freud, J. S., Schaper, A. L., Reese, M. A., Barnhart, E. A., Casey, K. A., Ndege, V. J., Ramin, D. A., Eshera, Y. M., Robinson, G. A., & Brickell, T. A. (August 2018). Cross-sectional perspective of self-reported postconcussion symptoms across the first 10-years of the recovery trajectory following mild-moderate traumatic brain injury. Poster presented at the Military Health System Research Symposium annual conference, Kissimmee, FL.

### **Research Experience**

**Postdoctoral Research Fellow**, Massachusetts Veterans Epidemiology Research and Information Center (MAVERIC), VA Boston Health Care System, Boston University, Boston, Massachusetts (2023 – present)

Principal Investigator (PI): Brett Litz, Ph.D.

- Perform research coordination duties to manage large NIH and DoD-funded grants.
- Prepare grant materials and manuscripts for publication.

**Doctoral Dissertation Project**, University of Missouri-St. Louis, St. Louis, Missouri (2022)

- Title: *Posttraumatic Stress Symptoms, Anger, and Substance Use as Risk Factors for Trauma Revictimization*
- Chair: Rachel Wamser-Nanney, Ph.D.
- Committee Members: Steven Bruce, Ph.D., Ryan Carpenter, Ph.D., Kim Werner, Ph.D.

**Qualifying Specialty Paper and Oral Examination**, University of Missouri-St. Louis, St. Louis, Missouri (2021)

- Title: *Risk Factors for Revictimization Following a History of Childhood Maltreatment*
- Chair: Rachel Wamser-Nanney, Ph.D.
- Committee Members: Steven Bruce, Ph.D., Ryan Carpenter, Ph.D., Kim Werner, Ph.D.

**Graduate Research Assistant**, Center for Trauma Recovery, St. Louis, Missouri (2019-2020)  
Supervisor: Steven Bruce, Ph.D.

- Worked on the AURORA Project, which is a major national research initiative to improve the understanding, prevention, and recovery of individuals who have experienced a traumatic event.
- Worked on the deep phenotyping pathway to assess trauma patients that were seen in the Washington University Emergency Department.
- Measured heart rate, skin conductance, and eye blink to tones, lights, pictures, and puffs of air at 2-weeks and 6-months following their index trauma-exposure.
- Assessed sensory system using four different tasks that measure participants' sensitivity to pressure and pain at 2-weeks and 6-months following their index trauma-exposure.

**Master's Thesis Project**, University of Missouri-St. Louis, St. Louis, Missouri (2020)

- Title: *Child Sexual Abuse and Adult Sexual Assault: Exploring the Roles of Posttraumatic Stress Disorder, Emotion Regulation, and Anger*
- Chair: Rachel Wamser-Nanney, Ph.D.
- Committee Member: Steven Bruce, Ph.D.

**Graduate Research Assistant**, University of Missouri-St. Louis; St. Louis, Missouri (2018-2019)

Supervisor: Rachel Wamser-Nanney, Ph.D.

- Worked on an R03 grant funded by the National Institute of Health.
- This research examined how the effects of cannabis use disorder and having a history of trauma exposure impacts adolescent and young adult brains.
- Recruited, screening, consented new participants, and coordinated MRI appointments with Washington University Medical School's Department of Radiology.
- Administered and scored the SCID-5, along with a neuropsychological assessment battery, which included the WMS-IV, WAIS-IV, and D-KEFS.

**Research Assistant**, National Intrepid Center of Excellence (NICoE) at Walter Reed National Military Medical Center; Bethesda, MD (2016-2018)

Supervisors: Louis French, PsyD, Rael Lange, Ph.D., and Tracey Brickell, D.Psych

- Worked on the 15-Year Natural History of Traumatic Brain Injury Study, which is part of a congressional mandate to examine the long-term effects of traumatic brain injury (TBI)

among service members and veterans who served in OEF/OIF/OND, as well as the effect of the TBI on military caregivers.

- Recruited, screened, and consented new participants, followed by the completion of a thorough medical record review to extract and deidentify relevant information.
- Engaged in case consultations with the scientific director, including situations requiring possible exclusion from the study, as well as sensitive situations with participants endorsing suicidal or homicidal ideation.
- Developed and revised data collection forms, such as participant interviews and self-report measures.
- Acted as the point of contact for the completion of a comprehensive second quality assurance of all baseline research files while developing and maintaining standard operating procedures.
- Lead a team that created data exportable study forms to bypass manual data entry, and therefore additional quality assurance.
- Worked with the Army Analytics Group (DoD) to add data collection forms to the Wounded, Ill, and Injured Registry (WIIR) to efficiently connect both clinical and research information at the NICoE.
- Maintained government security clearance (NACLIC-T3), Current Common Access Card (CAC) with DoD certificates, military base access clearance, and Basic Life Support (BLS) certification.

**Independent Study Research**, University of Mary Washington; Fredericksburg, VA (2015-2016)

Supervisor: Laura C. Wilson, Ph.D.

- Awarded a research grant to obtain necessary statistical software to run meta-analyses (Comprehensive Meta-Analysis [CMA]) on the prevalence of sexual revictimization.
- Searched PsycINFO and PILOTS, gathered 1,410 unique citations for review, conducted a thorough inclusion-coding protocol, analyzed data, and prepared a manuscript for publication.
- Presented paper at the UMW annual Psi Chi Research Symposium, the Virginia Association for Psychological Science (VAPS) annual meeting, and the International Society for Traumatic Stress Studies (ISTSS) annual meeting.
- Published in the journal of Trauma, Violence, and Abuse in February 2017.

**Traumatic Brain Injury (TBI) Clinic Research Assistant**, Walter Reed National Military Medical Center; Bethesda, MD (2015)

Supervisors: Louis French, PsyD and Katherine Sullivan, SLP

- Worked within the Brain Fitness Center in the Traumatic Brain Injury Clinic.
- Received training related to cognitive remediation and heart rate biofeedback treatments and their application for service members and veterans with cognitive complaints related to their brain injury.
- Scored self-report measures and conducted quality assurance of the clinic's research files and previously entered data.
- Anonymized clinic patient notes and entered data in accordance with IRB requirements.

**Independent Study Research**, University of Mary Washington, Fredericksburg, VA (2015)



Supervisor: Hilary Stebbins, Ph.D.

- Completed a semester-long research project exploring the best predictor of exercise motivation.
- Completed application and obtained IRB approval.
- Recruited participants through social media and ran multiple regression analyses using SPSS Statistics software.
- Prepared a poster presentation that was presented at UMW's annual Psi Chi Research Symposium.

**Seminar Research**, University of Mary Washington, Racial Climate on a College Campus, paper presented at UMW's Research and Creativity Symposium (2013).

Supervisor: Nora Kim, Ph.D.

- Completed a semester-long research project examining the racial diversity of the University of Mary Washington campus.
- Collected data from a convenience sample of college students and obtained information regarding the distribution of individuals within racial categories at UMW.

### **Teaching Experience**

**Graduate Guest Lecturer**, University of Missouri-St. Louis; St. Louis, Missouri (2022)

- PSYC 7406: Introduction to Clinical Assessment II
- Topic: *Assessment with the Rorschach Performance Assessment System (R-PAS; administration and scoring)*

**Graduate Guest Lecturer**, University of Missouri-St. Louis; St. Louis, Missouri (2021)

- PSYC 7404: Introduction to Clinical Assessment I
- Topic: *Assessment with the Weschler Adult Intelligence Scale, Fourth Edition (WAIS-IV; administration and scoring)*

**Graduate Teaching Assistant**, University of Missouri-St. Louis; St. Louis, Missouri (2020-2021)

- PSYC 3500: Health Psychology
- Worked as a teaching assistant for Kamila White, Ph.D., helped describe the specialty of health psychology, and explained for it fits into modern healthcare and medicine.
- Taught students to apply skills in research to critically evaluate substantive areas of basic and applied research in health psychologist.
- Lectured on traumatic brain injury as a part of the rehabilitation unit of study.

**Graduate Teaching Assistant**, University of Missouri-St. Louis; St. Louis, Missouri (2020)

- PSYC 7430: Introduction to Clinical Skills
- Assisted Deana Smith, Ph.D. in modeling and supervising therapy role plays between first-year graduate students in the clinical psychology training program.

**Graduate Guest Lecturer**, University of Missouri-St. Louis; St. Louis, Missouri (2019)

- PSYC 3925: Directed Studies at Community Psychological Service: Applied Experience in Clinical Settings

- Topic: *Evidence-based Practice: How Current Assessment Practices are Grounded in Empirical Research*

### **Clinical and Professional Experience**

**Postdoctoral Clinician**, Durham VA Health Care System; Durham, North Carolina (2023-present)

*Major Rotation: Trauma Recovery Program/PTSD Clinic*

Supervisor: Nicole Pukay-Martin, Ph.D. & Rachel Ruffin, Ph.D.

- Provided evidence-based assessment (e.g., Clinician-Administered PTSD Scale for DSM-5 [CAPS-5]) and psychotherapies to veterans with PTSD, including individual, group, and couple's therapy.
- Attended weekly case conferences with an interdisciplinary team and individual supervision.

**Postdoctoral Clinician**, Acacia Collaborative Psychological Services; Durham, North Carolina (2023-present)

Supervisor: Nicole Imbraguglio, Psy.D.

- Provided evidence-based assessment and psychotherapy in a local private practice to ascertain supervised practice hours for licensure in North Carolina.
- Attended weekly interdisciplinary team meetings and individual supervision.

**Pre-doctoral Psychology Intern**, Durham VA Health Care System; Durham, North Carolina (2022-2023)

*Major Rotation: Trauma Recovery Program/PTSD Clinic*

Supervisor: Rachel Ruffin, Ph.D.

- Completed the Cognitive Processing Therapy Training Program (three-day workshop led by Carolina Clancy, Ph.D., ABPP and Sara Tiegreen, Ph.D.) and attended weekly CPT consultation and both individual and peer supervision.
- Provided evidence-based assessment (e.g., Clinician-Administered PTSD Scale for DSM-5 [CAPS-5]) and psychotherapies (e.g., Prolonged Exposure [PE], Cognitive Processing Therapy [CPT], and Written Exposure Therapy (WET) to veterans with PTSD.
- Attended weekly case conferences with interdisciplinary teams and attended supervision.

*Major Rotation: OEF/OIF/OND Neuropsychology Clinic*

Supervisor: Karen Tucker, Ph.D.

- Conducted neuropsychological assessment with veterans from the OEF/OIF/OND era to diagnose a host of conditions including, attention-deficit/hyperactivity disorder (ADHD), mild neurocognitive disorder, dementia, and traumatic brain injury (TBI).
- The following assessment tools were utilized: WAIS-IV, WTAR, CVLT-II, BVMT-R, RCFT, CPT-3, WCST, TMT, Boston Naming Test, D-KEFS, Benton JOLO, tapping test, grooved pegboard, TOMM, MMPI-2-RF, and PAI
- Provided testing feedback and treatment recommendations following assessment.

*Major Rotation: Substance Use Disorders Clinic*

Supervisor: Samuel Peter, Ph.D.

- Conducted intake and screening assessments with veterans presenting with substance use disorders and comorbid conditions.
- Co-led group interventions and provided evidence-based, individual psychotherapy (e.g., CBT-SUD) for veterans with substance use disorders.
- Attended weekly case conferences with the both the Substance Use Disorders Clinic and Psychosocial Rehabilitation Clinic interdisciplinary teams and attended both individual and group supervision.

*Major Rotation: Women's Mental Health Clinic/Dialectical Behavior Therapy (DBT)*

Supervisor: Jessica Kinsaul, Ph.D.

- Provided evidence-based treatments (e.g., PE, CPT, STAIR) for female veterans with a history of trauma exposure.
- Provided full-model DBT to individual patients and co-led a DBT skills training group through the Women's Mental Health Clinic.
- Participated on an interdisciplinary DBT consultation team and in DBT individual and group supervision with licensed psychologists.

**Psychological Examiner**, Lepage Associates Solution-Based Psychological and Psychiatric Services; Durham, North Carolina (2022-2023)

- Completed assessment reports for testing, records reviews, and interviews for a variety of evaluation types, including comprehensive psychodiagnostic, intellectual, forensic, and academic evaluations.

**Practicum Therapist**, Places for People/Project Success; St. Louis, Missouri (2021-2022)

Supervisor: Rachel Wamser-Nanney, Ph.D.

- Conducted individual psychotherapy for a jail diversion program with justice-involved adults utilizing evidence-based treatments and cognitive behavior therapy techniques, including cognitive processing therapy, motivational interviewing, dialectical behavior therapy. Presenting concerns included depression, PTSD, substance use disorders, traumatic grief, personality disorders, and bipolar disorder with psychotic features.
- Wrote progress notes, intake and termination reports, and treatment plans. Participated in ongoing didactic training, group supervision by a licensed psychologist, and interdisciplinary case consultation meetings.

**Practicum Therapist**, Community Psychological Service; St. Louis, Missouri (2019-2022)

Supervisors: John Nanney, Ph.D., Randy Flanery, Ph.D., Steven Bruce, Ph.D., and Ann Steffen, Ph.D., ABPP

- Conducted individual psychotherapy with adults using cognitive-behavioral, acceptance-based, and mindfulness approaches. Presenting concerns included depression, bipolar disorder, generalized anxiety, social anxiety, panic attacks, race-based stress and trauma, PTSD, substance misuse, attention deficits, personality disorders, and interpersonal and identity issues.
- Developed therapeutic skills to work with high-risk therapy clients who required ongoing risk assessment, crisis management, and consultation.
- Participated in group and individual supervision with some specific experience with a DBT consultation team and group supervision.

- Wrote progress notes, intake and termination reports, and treatment plans. Utilized routine outcome measurement with weekly administration of self-report measures of functioning relevant to the case (e.g., PCL-5, PHQ-9, GAD-7). Participated in group and individual supervision.
- Utilized telehealth practices during the outbreak of the global pandemic of COVID-19.

**Practicum Psychological Examiner**, Community Psychological Service; St. Louis, Missouri (2019-2022)

Supervisors: John Nanney, Ph.D. and Heather Derix, Psy.D.

- Conducted psychological assessments, including comprehensive psychodiagnostic, intellectual, and academic evaluations for children and adults in the St. Louis metropolitan areas, as well as rural communities outside of St. Louis.
- Assessments include structured and semi-structured diagnostic interviews, record review, administration, and interpretation of assessment measures, writing integrated reports, and providing feedback to clients, families, and child services.
- The following assessment tools were regularly utilized: structured interviews (SCID-5, CAPS-5), tests of intelligence (Wechsler IQ tests [WAIS-IV, WISC-V, WPPSI]), tests of achievement (WJ-IV, WIAT, CTOPP-2), neuropsychological functioning (CVLT-II, D-KEFS), autism spectrum (ABAS-2, ADOS-2), tests of personality (MMPI-2, MMPI-3, PAI, MCMI, MACI, MPACI), projective assessment (Thematic Apperception Test, Rorschach Performance Assessment System, incomplete sentences), and various self, parent, and teacher reports
- Contracted to complete comprehensive posttraumatic stress disorder evaluations and appeals for Compensation and Pension (C&P) evaluations on behalf of the University of Missouri Veterans Law Clinic and the Veterans Health Administration.
- Managed the clinic's inventory of the assessment measures and scoring subscriptions.
- Assisted in developing standard operating procedures for the clinic in response to the COVID-19 pandemic and global health crisis. These procedures included putting together information about telehealth and how to utilize telehealth practices in accordance with HIPAA and the American Psychological Association's privacy and protection guidelines, as well as developing new consent processes for new and existing therapy clients.
- Acted as the point of contact for all telehealth policies and procedures for the clinic, as well as helped train clinicians in best practices for telehealth.

**Practicum Therapist**, Center for Trauma Recovery; St. Louis, Missouri (2018-2022)

Supervisor: Steven Bruce, Ph.D.

- Performed intake assessments to screen eligibility for seeking treatment services for PTSD. Information gathered on trauma history, previous treatment history, medication use, substance misuse, suicidality, and PTSD symptomatology (utilizing the CAPS-5).
- Conducted individual psychotherapy with trauma-exposed adults with PTSD using cognitive processing therapy, behavioral activation for PTSD, present-centered therapy, and other cognitive-behavioral approaches. Presenting concerns included, PTSD, depression, anxiety, selective mutism, personality disorders, and difficulties with emotion regulation.
- Developed therapeutic skills to work with high-risk therapy clients who required ongoing risk assessment, crisis management, and consultation.

- Wrote progress notes, intake and termination reports, and treatment plans. Utilized routine outcome measurement with weekly administration of self-report measures of functioning relevant to the case (e.g., PCL-5, PHQ-9, GAD-7). Participated in group and individual supervision.
- Utilized telehealth practices with high-risk therapy clients during the outbreak of the world health crisis and pandemic of COVID-19.

**Practicum Psychological Examiner**, Center for Behavioral Health; St. Louis, Missouri (2020-2021)

Supervisor: Deana Smith, Ph.D.

- Worked in a grant-funded community mental health clinic administering comprehensive psychological evaluations for children, adolescents, and young adults, including diagnostic, cognitive, personality, and academic assessments.
- Scored and interpreted assessment results and wrote comprehensive psychological evaluation reports that were co-signed by the supervising licensed clinical psychologist.
- Assessments include structured and semi-structured diagnostic interviews, record review, administration, and interpretation of assessment measures, writing integrated reports, and providing feedback to clients, families, and child services.
- The following assessment tools were regularly utilized: structured interviews (SCID-5, CAPS-5), tests of intelligence (Wechsler IQ tests [WAIS-IV, WISC-V, WPPSI]), tests of achievement (WJ-IV, WIAT, CTOPP-2), neuropsychological functioning (CVLT-II, D-KEFS), autism spectrum (ABAS-2, ADOS-2), tests of personality (MMPI-2, MMPI-3, PAI, MCMI, MACI, MPACI), projective assessment (Thematic Apperception Test, Rorschach Performance Assessment System, incomplete sentences), and various self, parent, and teacher reports

**Practicum Therapist**, Siteman Cancer Center; St. Louis, Missouri (2020-2021)

Supervisors: Kaitlin Huelsman, Ph.D. and Jessica Vanderlan, Ph.D.

- Worked as a practicum student therapist at Washington University Medical Campus as part of the Siteman Cancer Center, a hospital inpatient, outpatient, and integrated care cancer clinic. Presenting concerns included adjustment concerns, depression, anxiety, PTSD, attention difficulty, substance misuse, and end of life concerns.
- Provided evidence-based treatment intervention for individuals with cancer and their families during the global pandemic.
- Wrote progress notes and intake reports. Participated in ongoing didactic training and individual and group supervision. Didactics and supervision focused on cancer-care related issues, including ethical and safety concerns. Collaborated with a multidisciplinary team, including nurses, doctors, and social workers.

**Case Management and Clinical Practicum Student**, Snowden Psychiatric at Mary Washington Hospital; Fredericksburg, VA (2014-2015)

- Completed intake evaluations for the new patients on an inpatient child and adolescent psychiatric unit and wrote daily clinical notes for the supervising case manager.
- Co-facilitated group sessions with the adolescents.
- Participated in weekly, interdisciplinary treatment team meetings.
- Maintained Nonviolent Crisis Intervention (CPI) certification.

## **Selected Professional Development**

- Motivational Interviewing: A Foundational Seminar by the VHA Office of Mental Health and Suicide Prevention, the National Center for PTSD, Sean McGowan, PsyD & Natasha Depesa, Ph.D. at the Durham VA Medical Center (Apr. 2023).
- Skills Training in Affective and Interpersonal Regulation (STAIR) Training Workshop by the VHA Office of Mental Health and Suicide Prevention, the National Center for PTSD, Jessica Kinsaul, Ph.D. at the Durham VA Medical Center (Mar. 2023).
- Use of Trauma-Informed Guilt Reduction Therapy (TrIGR): A Brief Transdiagnostic Intervention sponsored by the Military Sexual Trauma (MST) Teleconference Training Series at the Durham VA Medical Center (Oct. 2022).
- Prolonged Exposure (PE) Training Workshop sponsored by the VHA Office of Mental Health and Suicide Prevention, the National Center for PTSD, Kate Berlin, Ph.D., ABPP, and Kelly Caron, Ph.D. at the Durham VA Medical Center (Sept. 2022).
- Cognitive Processing Therapy (CPT) Training and Consultation Team for National Provider Status sponsored by the VHA Office of Mental Health and Suicide Prevention, the National Center for PTSD, Carolina Clancy, Ph.D., ABPP, and Sara Tiegreen, Ph.D. at the Durham VA Medical Center (Sept. 2022).
- Clinician-Administered Posttraumatic Stress Disorder Scale for DSM-5 clinician training sponsored by the VHA Office of Mental Health and Suicide Prevention and the National Center for PTSD at the Durham VA Medical Center (Sept. 2022).
- Written Exposure Therapy (WET) Training Workshop sponsored by the National Center for PTSD, Rachel Ruffin, Ph.D., and Elizabeth Marx, LCSW, at the Durham VA Medical Center (Sept. 2022).
- Risk Management and Dialectical Behavior Therapy (DBT) Workshop sponsored by Kelly Caron, Ph.D., Sara Boeding, Ph.D., and Jeffrey Gregg, Ph.D. at the Durham VA Medical Center (Sept. 2022).
- Dialectical Behavior Therapy (DBT) Workshop: The Practice of DBT with Multi-Diagnostic Patients. Training and demonstration of DBT sponsored by Chelsey Wilks, Ph.D. at the University of Missouri-St. Louis, MO (Jun. 2022).
- Collaborative Assessment and Management of Suicidality (CAMS; Jobes, 2016). Video training and demonstration of the CAMS assessment for suicidal clients sponsored by Ann Steffen, Ph.D., ABPP at the University of Missouri-St. Louis, MO (Sep. 2021).
- Understanding and Addressing Race-Related Stress and Trauma for African American Youth and Adults. Online webinar provided by the American Psychological Association Trauma Psychology Division 56 webinar series. Presented by Sierra Carter, Ph.D. and Farzana Saleem, Ph.D. (Sept. 2020).
- Culture and Therapeutic Alliance: Seven Empirically Supported Guidelines for Improving Multicultural Competency in CBT. Online training by Anu Ansaani, Ph.D. and sponsored by Ann Steffen, Ph.D., ABPP at the University of Missouri-St. Louis, MO (Jul. 2020).
- Dialectical Behavior Therapy: DBT Skills Training Webinar Series, presented by Dr. Dawn-Elise Snipes, Executive Director, Continuing Education & Certificate Training, and sponsored by Ann Steffen, Ph.D., ABPP at the University of Missouri-St. Louis, MO (Jun. 2018).

- Federal government security clearance, Collaborative Institutional Training Initiative (CITI) training, including the Health Insurance Portability and Accountability Act (HIPAA), Walter Reed National Military Medical Center (WRNMMC), and General Dynamics Information Technology (GDIT) modules.

### **Editorial Service**

#### **Ad Hoc Reviewer**

- Child Abuse & Neglect
- Child Maltreatment
- Journal of Aggression, Maltreatment, & Trauma
- Journal of Child Sexual Abuse
- Journal of Interpersonal Violence
- Journal of Traumatic Stress
- Psychological Trauma: Theory, Research, Practice, and Policy
- Psychology of Violence
- Trauma, Violence, & Abuse

### **Leadership and Volunteer Experience**

- Peer-elected Student Representative for the Clinical Psychology Doctoral Program at the University of Missouri-St. Louis (2021-2022)
- Member of the Greetings and Gatherings Committee within the Clinical Psychology Doctoral Program at the University of Missouri-St. Louis (2021-2022)
- Big Brother Big Sisters of America, Eastern Missouri Division (2020-2022)
- Big Brothers Big Sisters of America, Rappahannock Division (2012-2016)
- Crisis Counselor at Crisis Text Line (2018-2020)
- Red Cross Volunteer at Walter Reed National Military Medical Center (2015-2016)
- Volunteer for F.I.S.H. Food Bank in Sterling, VA (2010-2011)

### **Professional Affiliations**

- Graduate Women in Science, St. Louis Chapter
- International Society for Traumatic Stress Studies
- Association for Behavioral and Cognitive Therapies
- Psi Chi International Honor Society