

Moral Injury Outcome Scale*

This questionnaire asks about experiences you may have had after a very stressful experience in which you: (A) did something (or failed to do something) that went against your moral code or values; or (B) you saw someone (or people) do something or fail to do something that went against your moral code or values; or (C) you were directly affected by someone doing something or failing to do something that went against your moral code or values (e.g., being betrayed by someone you trusted).

Have you had at least one experience like this that troubles you currently? ___Yes ___No

If yes, please check the type of experience that is most currently distressing: ___A ___B ___C If more than one, check all that apply.

Keeping this experience in mind, please indicate how much you agree with the following statements in terms of the impact of this experience in the last month (circle one number for each item below).

	<i>Strongly Disagree</i>	<i>Disagree</i>	<i>Neither Agree or Disagree</i>	<i>Agree</i>	<i>Strongly Agree</i>
1. I blame myself.	0	1	2	3	4
2. I have lost faith in humanity.	0	1	2	3	4
3. People would hate me if they really knew me.	0	1	2	3	4
4. I have trouble seeing goodness in others.	0	1	2	3	4
5. People don't deserve second chances.	0	1	2	3	4
6. I am disgusted by what happened.	0	1	2	3	4
7. I feel like I don't deserve a good life.	0	1	2	3	4
8. I keep myself from having success.	0	1	2	3	4
9. I no longer believe there is a higher power.	0	1	2	3	4
10. I lost trust in others.	0	1	2	3	4
11. I am angry all the time.	0	1	2	3	4
12. I am not the good person I thought I was.	0	1	2	3	4
13. I have lost pride in myself.	0	1	2	3	4
14. I cannot be honest with other people.	0	1	2	3	4

How much has this experience made it hard for you to function in each of the following areas (circle one number for each item below)? If an area is not applicable, circle N/A**:

	<i>Not at all</i>		<i>Somewhat</i>			<i>Extremely</i>		
	0	1	2	3	4	5	6	
1. Romantic relationships with spouse or partner	0	1	2	3	4	5	6	N/A
2. Relationships with your children	0	1	2	3	4	5	6	N/A
3. Relationships with other family members	0	1	2	3	4	5	6	N/A
4. Friendships or socializing	0	1	2	3	4	5	6	N/A
5. Work	0	1	2	3	4	5	6	N/A
6. Training or education	0	1	2	3	4	5	6	N/A
7. Day to day activities, such as chores, errands, managing medical care	0	1	2	3	4	5	6	N/A
8. Religious faith/spirituality	0	1	2	3	4	5	6	N/A

*The Moral Injury Outcome Scale (2021). Litz, B.T., Phelps, A., Frankfurt, S., Murphy, D. Nazarov, A. Houle, S., Levi-Belz, Y., Zerach, G., Dell, L., Hosseiny, F., and the members of the *Moral Injury Outcome Scale (MIOS) Consortium*. MIOS consortium activities were supported in part by VA Cooperative Studies Program, Office of Research and Development, US Department of Veterans Affairs; Department of Veterans' Affairs Australia, Phoenix Australia - Centre for Posttraumatic Mental Health; and the Canadian Centre of Excellence on PTSD and Related Mental Health Conditions.

**The Brief Inventory of Psychosocial Functioning (Kleiman et al., 2020).

Scoring for the Moral Injury Outcome Scale (MIOS)

Scale Structure:

- The first question is a dichotomous yes/no to determine whether an individual should complete the MIOS. Persons who answer no should not complete the MIOS. The next question determines which type of moral injury experience(s) is most currently distressing. These initial questions are not scored.
- The 14-item scale is the MIOS (see below for scoring information).
- The 8 items following the MIOS are based on the Brief Inventory of Psychosocial Functioning (originally 7 items; we added an item about faith/spirituality).

MIOS Scoring Instructions:

The 14-item MIOS is comprised of two subscales, and scale scores are indexed by the sum of item scores as follows:

1. Subscale 1: Shame-related Outcomes – items 1, 3, 7, 8, 12, 13, 14 [range 0-28]
2. Subscale 2: Trust Violation-related Outcomes – items 2, 4, 5, 6, 9, 10, 11 [range 0-28]
3. Total Score: all items [range 0-56]

Higher scores indicate greater levels of current moral injury. There are currently no proposed scoring categories or cut offs.

Functional Outcomes Scoring Instructions:

The 8-item functional outcome measure is adapted from the Brief Inventory of Psychosocial Functioning. Responses on these items may be considered independently for clinical purposes. Some items may not be applicable for different persons. An overall impression of functional impairment can be obtained by calculating as follows:

1. Sum responses for all answered items.
2. Divide by the total number of items answered.
3. Multiply by 100. [range 0-60]

Higher scores indicate more functional impairment. There are currently no proposed scoring categories or cut offs.