

Karen S. Mitchell, Ph.D.
Curriculum Vitae

National Center for PTSD, Women's Health Sciences Division
VA Boston Healthcare System
Department of Psychiatry, Boston University School of Medicine
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Hospital Appointments

2009-present Clinical Research Psychologist
Women's Health Sciences Division
National Center for Post-traumatic Stress Disorder
VA Boston Healthcare System, Boston, MA

Academic Appointments

2020-present Associate Professor
Department of Psychiatry
Boston University School of Medicine
Boston, MA

2010-2020 Assistant Professor
Department of Psychiatry
Boston University School of Medicine
Boston, MA

Licensure & Certification

Licensed Psychologist
Rhode Island Board of Psychology (License # PS01222)

Primary Research Interests

- Biopsychosocial influences on eating disorders and posttraumatic stress disorder (PTSD)
- Psychiatric comorbidity of eating disorders, particularly PTSD and depression
- Interplay of genetic and environmental influences, including stress and trauma, on psychiatric conditions
- Advanced statistical methodology, including latent variable modeling
- Health psychology, particularly associations between eating disorders, PTSD, and physical health

Education and Training

- 2008-2009 Pre-doctoral Psychology Intern, Louis Stokes Cleveland Department of Veterans Affairs Medical Center (APA Accredited)
- 2005-2009 Virginia Commonwealth University
Doctor of Philosophy, Counseling Psychology (APA Accredited)
Specialization in Quantitative Methodology
Doctoral dissertation: *Evaluation of a Structural Model of Self-Objectification Theory and Eating Disorder Symptomatology among Ethnically Diverse Undergraduate Women*
- 2006-2008 Pre-doctoral Fellow, Psychiatric and Statistical Genetics
Virginia Institute for Psychiatric and Behavioral Genetics
- 2005 Virginia Commonwealth University
Master of Science, Counseling Psychology
Master's Thesis: *Innovative Interventions for Disordered Eating: A Pilot Comparison Between Dissonance-Based and Yoga Interventions*
- 2002 Virginia Commonwealth University, May 2002
Bachelor of Science, Psychology
Magna cum laude
Honors Thesis: *Binge Eating, Depression and Anxiety in Ethnically Diverse Undergraduate Men and Women*

Honors & Awards

- Academy for Eating Disorders Fellow, 2019
- Kenneth S. Kendler Award for Excellence in Predoctoral Studies, Virginia Institute for Psychiatric and Behavioral Genetics, 2008
- Counseling Psychology Student of the Year, Virginia Commonwealth University, 2008
- Academy for Eating Disorders Travel Fellowship, Spring 2008
- Graduate Student Association of Virginia Commonwealth University Travel Grant, Fall 2007
- Behavior Genetics Association Travel Fellowship, Summer 2007
- Graduate Student Association of Virginia Commonwealth University Travel Grant, Spring 2007
- Phi Kappa Phi Scholarship, 2006
- Psychology Department Travel Grant, Fall 2005
- Graduate Student Association of Virginia Commonwealth University Travel Grant, Spring 2005
- Psychology Scholarship Award for Master's Level Student, 2005
- University Honors, 2002
- Psychology Honors, 2002
- Phi Kappa Phi, 2002
- College of Humanities and Sciences of Virginia Commonwealth University Psychology Senior of the Year Award, 2002

- Psi Chi Undergraduate Research Grant, 2001
- Psi Chi National Psychology Honor Society, 2001
- College of Humanities and Sciences of Virginia Commonwealth University Psychology Junior of the Year Award, 2001
- Golden Key National Honor Society, 2001
- Phi Eta Sigma National Honor Society, 1999
- Dean’s List, 1999-2002
- Dean’s Scholarship from Virginia Commonwealth University, 1998-2002

Research Support

Current

Source: Department of Defense Congressionally Directed Medical Research Program W81XWH1910240 2019-2024
 Project: Military Veterans with Eating Disorders: Prevalence, Incidence, Patterns of Comorbidity, and Cost of Care
 Role: Co-Investigator
 PIs: Austin and Richmond

Source: Department of Defense Congressionally Directed Medical Research Program HT94252310310 2023-2027
 Project: Assessment of eating disorder and comorbidity risk and resilience in a nationally representative sample of recent military enlistees
 Role: Co-Investigator
 PI: Forbush

Recently Completed

Source: VA Health Services Research & Development Service I01 HX002435 2019-2022
 Project: Eating Disorders in Veterans: Risk, Resilience, and Service Use
 Role: PI

Source: Department of Defense Congressionally Directed Medical Research Program W81XWH1810697 2018-2023
 Project: Eating Disorders in Veterans: Prevalence, Comorbidity, Risk, and Healthcare Use
 Role: Initiating PI

Major Mentoring Activities

Date	Name	Current Position	Mentoring Role
2011-2013	Alexandra Dick, MA, Research Assistant, WHSD, NCPTSD	Postdoctoral Fellow, VA San Francisco	Mentored on multiple publications, including

			one first author
2011-2012	Emily Cox-Martin, MS, Psychology Intern, VA Boston, VA Boston Healthcare System	Assistant Professor, University of Colorado Anschutz Medical Campus	Mentored on first author publication
2012-2013	Lauren Richards, MA, Psychology Intern, VA Boston, VA Boston Healthcare System	Psychologist, Massachusetts General Hospital	Mentored on second author publication
2012-2013	Sarah Bankoff Leone, PhD, Psychology Fellow, VA Boston Healthcare system	Psychologist, VA Boston Healthcare System	Mentored on first author publication
2012-2014	Shivani Reddy, MD, Women's Health Fellow, VA Boston Healthcare System	Research Public Health Analyst, RTI International	Mentored on first author publication
2013-2016	Brooke Bartlett, MA, Research Assistant, WHSD, NCPTSD	Doctoral Student, University of Houston	Mentored on multiple publications, including two first author
2016-2017	Aneline Amalthas, MS, Research Assistant, WHSD, NCPTSD	Medical Student, University of Queensland Ochsner School of Medicine	Mentored on second author publication
2017-2018	Julia Huston, MA, Psychology Intern, VA Boston	Psychologist, Richmond VA Medical Center	Mentored on two first author publications
2016-2018	Kimberly Arditte Hall, PhD, Women's Health Fellow, WHSD, NCPTSD	Assistant Professor, Framingham State University	Mentored on three first author publications
2015-2019	Catherine Moore, MS, Neuroscience Doctoral Student, Boston University	Postdoctoral Fellow, Johns Hopkins University	Mentored in epigenetic analyses, one first author publication (in progress)
2018-2019	Peter Franz, MS, Psychology Doctoral student, Harvard University	Doctoral Student, Harvard University	Mentored in treating patients with PTSD and eating disorders
2019	Joanne Lataillade, MD, Medical Student, Boston University School of Medicine	Psychiatry resident, VA Boston Healthcare System	Mentored in treating patients with PTSD
2019-2020	Stephanie Grossman, PhD, Psychology Fellow, VA Boston Healthcare system	Project Coordinator, VA Boston Healthcare System	Mentored in third author publication, program evaluation
2019-2021	Megan Sienkiewicz, BA, Research Assistant, WHSD, NCPTSD	Research Assistant, WHSD, NCPTSD	Mentored on first author publication
2019-2021	Sabrina Hardin, BA, Research Assistant, WHSD, NCPTSD	Research Assistant, WHSD, NCPTSD	Mentored on second author publication
2019-present	Rachel Zelkowitz, PhD, Women's Health Fellow, WHSD, NCPTSD	Women's Health Fellow, WHSD, NCPTSD	Mentored on multiple publications, including one first author

		CDA award recipient	Primary mentor on Career Development Award
2019-2021	Kristy Cuthbert, Doctoral Student, Boston University	Doctoral Student, Boston University	Mentored on first author publication
2020-2022	Sage Hawn, PhD, Postdoctoral Fellow, NCPTSD	Postdoctoral Fellow, NCPTSD	Mentored in treating patients with PTSD and eating disorders
2020-present	Kelsey Serier, MS, Psychology Intern, VA Boston Healthcare System	Psychology Intern, VA Boston Healthcare System Women's Health Fellow, WHSD, NCPTSD	Mentored on first author publication Co-primary mentor on NIDDK K and VA CDA submissions
2020-2021	Jana Wozniak, PhD, Psychology Fellow, VA Boston Healthcare System	Psychology Fellow, VA Boston Healthcare System	Mentored on literature review

Bibliography

Peer-reviewed Publications (* postdoctoral mentee; **predoctoral mentee)

1. *Serier, K.N., Zhao, Z., Vogt, D., Kehle-Forbes, S., Smith, B.N., & **Mitchell, K.S.** (in press). The impact of stress and well-being during the COVID-19 pandemic on mental health in U.S. veterans. *Stress and Health*.
2. Iverson, K.M., *Livingston, W.S., Vogt, D., Smith, B.N., Kehle-Forbes, S.M., & **Mitchell, K.S.** (in press). Prevalence of sexual violence and intimate partner violence among US military veterans: Findings from surveys with two national samples. *Journal of General Internal Medicine*.
3. Zelkowitz, R., Kehle-Forbes, S.M., Smith, B.N., Vogt, D.S., **Mitchell, K.S.** (in press). Associations between PTSD criterion E2 endorsement and self-destructive behaviors in post-9/11 veterans: A focus on disordered eating. *Journal of Traumatic Stress*.
4. **Zhao, Z., *Serier, K.N., Smith, B.N., Vogt, D., Kehle-Forbes, S., & **Mitchell, K.S.** (2023). Gender similarities and differences in associations between weight discrimination, shape/weight concerns, and eating disorder symptoms among post-9/11 veterans. *Eating Behaviors*, 51, 101818.
5. **Mitchell, K.S.**, Smith, B.N., Masheb, R., & Vogt, D. (2023). The impact of the COVID-19 pandemic on eating disorders in U.S. military veterans. *International Journal of Eating Disorders*, 56, 108-117.

6. *Serier, K.N., *Zelkowitz, R.L., Smith, B.N., Vogt, D., & **Mitchell, K.S.** (2023). The Posttraumatic Cognitions Inventory (PTCI): Psychometric validity in male and female veterans with trauma exposure. *Psychological Assessment, 35*, 140-151.
7. *Zelkowitz, R.L., **Sienkiewicz, M.E., Vogt, D.S., Smith, B.N., & **Mitchell, K.S.** (2023). Gender differences in direct and indirect associations of trauma types with disordered eating in a national US veteran sample. *Psychological Trauma: Theory, Research, Practice, and Policy, 15*, 1280-1287.
8. Huckins, L.M., Signer, R., Johnson, J., Wu, Y-K., **Mitchell, K.S.**, & Bulik, C.M. (2022). What next for eating disorder genetics? Replacing myths with facts to sharpen our understanding. *Molecular Psychiatry, 27*, 3929-3938.
9. **Mitchell, K.S.**, **Sienkiewicz, M., Smith, B.N., Vogt, D., Kehle-Forbes, S., & Cooper, Z. (2022). Associations between probable eating disorders and healthcare use among male and female post-9/11 veterans. *Journal of Psychosomatic Research, 157*, 110811.
10. *Serier, K., Smith, B., Cooper, Z., Vogt, D., & **Mitchell, K.S.** (2022). Disordered eating in sexual minority post-9/11 female veterans. *International Journal of Eating Disorders, 55*, 470-480.
11. Iverson, K.M., Dardis, C.M., Cowlshaw, S., Webermann, A. R., **Shayani, D.R., Dichter, M. E., **Mitchell, K.S.**, Mattocks, K.M., Gerber, M.R. & Portnoy G.R. (2022). Effects of intimate partner violence during COVID-19 and pandemic-related stress on the mental and physical health of women veterans. *Journal of General Internal Medicine, 37*, 724-733.
12. **Hardin, S., Vogt, D., Smith, B.N., Kehle-Forbes, S., Masheb, R., Iverson, K.M., & **Mitchell, K.S.** (2022). Male and female veterans' preferences for eating disorders screening. *Journal of General Internal Medicine, 37*, 819-822.
13. Watson, H.J., Thornton, L.M., Yilmaz, Z., Baker, J., Coleman, J.R.I., Adan, R.A.H.... Eating Disorders Working Group of the Psychiatric Genetics Consortium, et al. (2022). Common genetic variation and age at onset of anorexia nervosa. *Biological Psychiatry Global Open Access, 2*, 368-378.
14. **Sienkiewicz, M.E., Iverson, K.M., Smith, B.N., & **Mitchell, K.S.** (2021). Associations between eating disorder symptoms, employment status, and occupational functioning among female veterans. *Eating Behaviors, 42*, 101536.
15. **Mitchell, K.S.**, Masheb, R., Smith, B.N., Kehle-Forbes, S., **Hardin, S., & Vogt, D. (2021). Eating disorders in a sample of military veterans: A focus on gender, age, and race/ethnicity. *Psychological Assessment, 33*, 1226-1238.
16. **Mitchell, K.S.**, Singh, S., **Hardin, S., & Thompson-Brenner, H. (2021). The impact of comorbid posttraumatic stress disorder on eating disorder treatment outcomes: Investigating the Unified Treatment Model. *International Journal of Eating Disorders, 54*, 1260-1269.

17. **Escarfulleri, S., Ellickson-Larew, S., Fein-Schaffer, D., **Mitchell, K.S.**, Wolf, E.J. (2021). Emotion regulation and the association between PTSD, diet, and exercise: A longitudinal evaluation among US military veterans. *European Journal of Psychotraumatology*, *13*, 1895515.
18. *Zelkowitz, R.L., **Mitchell, K.S.**, *Grossman, S.L., Nillni, Y.I., Gradus, J.L., & Galovski, T.E. (2021). Latent class analysis of self-directed violence and indirect self-harm behaviors: Gender differences and association with mental health symptoms. *Medical Care*, *59*, S51-S57.
19. **Mitchell, K.S.**, Scioli, E.R., Galovski, T., Belfer, P.L., & Cooper, Z. (2021). Posttraumatic stress disorder and eating disorders: Maintaining mechanisms and treatment targets. *Eating Disorders: The Journal of Treatment and Prevention*, *29*, 292-306.
20. **Sienkiewicz, M.E., **Amalthas, A., Iverson, K.M., Smith, B.N., & **Mitchell, K.S.** (2020). Examining the association between trauma exposure and work-related outcomes in women veterans. *International Journal of Environmental Research and Public Health*, *17*, 4585-4600.
21. **Cuthbert, K., **Hardin, S., *Zelkowitz, R., & **Mitchell, K.** (2020). Eating disorders and overweight/obesity in veterans: Prevalence, risk factors, and treatment considerations. *Current Obesity Reports*, *9*, 98-108.
22. *Arditte Hall, K.A., & **Mitchell, K.S.** (2022). The Affective Control Scale: Factor structure and associations with posttraumatic stress symptoms in trauma-exposed veterans. *Psychological Trauma: Theory Research, Practice, and Policy*, *14*, 812-820.
23. Munn-Chernoff, M.A., Johnson, E.C., Chou, Y., Colema, J.R.I., Thornton, L.M., Walters, R.K. ... Eating Disorders Working Group of the Psychiatric Genetics Consortium, et al. (2021). Shared genetic risk between eating disorder- and substance-use-related phenotypes: Evidence from genome-wide association studies. *Addiction Biology*, *26*, e12880.
24. Braun, J., El-Gabalway, R., Sommer, J.L., Pietrzak, R.H., **Mitchell, K.S.**, & Mota, N. (2019). Trauma exposure, DSM-5 posttraumatic stress, and binge eating symptoms: Results from a nationally representative sample. *Journal of Clinical Psychology*, *22*.
25. Watson, H.J., Yilmaz, Z., Thornton, L.M., Hubel, C., Coleman, J.R.I., Gaspar, H.A. ... Eating Disorders Working Group of the Psychiatric Genetics Consortium, et al. (2019). Genome-wide association study identifies eight risk loci and implicates metabo-psychiatric origins for anorexia nervosa. *Nature Genetics*, *51*, 1207-1214.
26. **Huston, J.C., **Grillo, A.R., Iverson, K.M., & **Mitchell, K.S.** (2019). Associations between disordered eating and intimate partner violence mediated by depression and posttraumatic stress disorder symptoms in a female veteran sample. *General Hospital Psychiatry*, *58*, 77-82.
27. *Moshier, S. J., Bovin, M. J., Gay, N., Wisco, B. E., **Mitchell, K. S.**, Lee, D. L., Sloan, D. M., Weathers, F. W., Schnurr, P. P., Keane, T. M., Marx, B. P. (2018). Examination of posttraumatic stress disorder symptom networks using clinician-rated and patient-rated data. *Journal of Abnormal Psychology*, *127*, 541-547.

28. **Mitchell, K.S.**, Wolf, E.J., Lyons, M.J., Goldberg, J.H., & Magruder, K.M. (2018). A co-twin control study of the association between combat exposure, PTSD, and obesity in male veterans. *Psychological Medicine*, *48*, 2449-2452.
29. **Huston, J.C., Iverson, K.M., & **Mitchell, K.S.** (2018). Associations between healthcare use and disordered eating among female veterans. *International Journal of Eating Disorders*, *51*, 978-983.
30. Wolf, E. J., Miller, M. W., Miller, D. R., Amstadter, A. B., **Mitchell, K. S.**, Goldberg, J., & Magruder, K. M. (2018). A classical twin study of PTSD symptoms and resilience: Evidence for a single spectrum of vulnerability to traumatic stress. *Depression and Anxiety*, *35*, 132-139.
31. **Bartlett, B., Iverson, K.M & **Mitchell, K.S.** (2017). Intimate partner violence and disordered eating among male and female veterans. *Psychiatry Research*, *260*, 98-104.
32. *Arditte Hall, K.A., **Bartlett, B., Iverson, K.M., & **Mitchell, K.S.** (2017). Military-related trauma is associated with eating disorder symptoms in male veterans. *International Journal of Eating Disorders*, *50*, 1328-1331.
33. *Arditte Hall, K.A., **Bartlett, B., Iverson, K.M., & **Mitchell, K.S.** (2018). Eating disorder symptoms in female veterans: The role of childhood, adult, and military trauma exposure. *Psychological Trauma: Theory, Research, Practice, and Policy*, *10*, 345-351.
34. Duncan, L., Yilmaz, Y., Walters, R., Goldstein, J., Anttila, V., Bulik-Sullivan, B., Ripke, S., Eating Disorders Working Group of the Psychiatric Genomics Consortium, Thornton, L., Hinney, A., Daly, M., Sullivan, P., Zeggini, E., Breen, G., Bulik, C. (2017). Significant locus and metabolic genetic correlations revealed in genome-wide association study of anorexia nervosa. *American Journal of Psychiatry*, *174*, 850-858.
35. Sumner, J.A., Duncan, L.E., Wolf, E.J., Amstadter, A.B., Baker, D.G., Beckham, J.C., Gelaye, B., Hemmings, S., Kimbrel, N.A., Logue, M.W., Michopoulos, V., **Mitchell, K.S.**, Nievergelt, C., Rothbaum, A., Seedat, S., Shinzaki, G., Vermetten, E. (2017). Posttraumatic stress disorder has genetic overlap with cardiometabolic traits. *Psychological Medicine*, *47*, 2036-2039.
36. **Mitchell, K.S.**, Wolf, E.J., Bovin, M.J., Lee, L., Green, J.D., Rosen, R.C., Keane, T.M., & Marx, B.P. (2017). Network models of *DSM-5* PTSD: Implications for ICD-11. *Journal of Abnormal Psychology*, *126*, 355-366.
37. Kirkpatrick, S.L., Goldberg, L.R., Yazdani, N., Babbs, R.K., Wu, J., Reed, E.R., Jenkins, D.F., Bolgioni, A., Luttik, K., **Mitchell, K.S.**, Kumar, V., Johnson, W.E., Mulligan, M.K., Cottone, P., Bryant, C.D. (2017). Cytoplasmic FMR1-interacting protein 2 (Cyfip2) is a major genetic factor underlying binge eating. *Biological Psychiatry*, *81*, 757-769.
38. **Mitchell, K.S.**, & Wolf, E.J. (2016). Food addiction, disordered eating, and PTSD: The mediating role of emotion regulation. *Psychiatry Research*, *243*, 23-29.

39. *Bankoff, S.M., **Richards, L.K., **Bartlett, B., Wolf, E.J., & **Mitchell, K.S.** (2016). Examining weight and eating behavior by sexual orientation in a sample of male veterans. *Comprehensive Psychiatry*, *68*, 134-139.
40. Wolf, E.J., Bovin, M.J., Green, J.D., **Mitchell, K.S.**, Stoop, T., Baretto, K.M., Jackson, C.E., Lee, L., Fang, S., Rosen, R.C., Keane, T.M., Marx, B.P. (2016). Longitudinal associations between posttraumatic stress disorder and metabolic syndrome severity. *Psychological Medicine*, *46*, 2215-2226.
41. Scioli-Salter, E.R., **Johnides, B.D., **Mitchell, K.S.**, Smith, B.N., Resick, P.A., & Rasmusson, A.M. (2016). Depression and dissociation as predictors of physical health symptoms among female rape survivors with posttraumatic stress disorder. *Psychological Trauma: Theory, Research, Practice, and Policy*, *8*, 585-591.
42. Farmer, C.C., **Mitchell, K.S.**, Parker-Guilbert, K., & Galovski, T.E. (2017). Fidelity to the Cognitive Processing Therapy protocol: Evaluation of critical elements. *Behavior Therapy*, *48*, 195-206.
43. **Mitchell, K.S.**, Porter, B., Boyko, E.J., & Field, A.E. (2016). Longitudinal associations among PTSD, disordered eating, and weight gain in military men and women. *American Journal of Epidemiology*, *184*, 33-47.
44. Wolf, E. J., **Mitchell, K.S.**, Sadeh, N., Hein, C., Fuhrman, I., Pietrzak, R. H., & Miller, M. W. (2017). The Dissociative Subtype of PTSD Scale (DSPS): Initial evaluation in a national sample of trauma-exposed veterans. *Assessment*, *24*, 503-516.
45. **Bartlett, B.A., & **Mitchell, K.S.** (2015). Eating disorders in military and veteran men and women: A systematic review. *International Journal of Eating Disorders*, *48*, 1057-1069.
46. **Martin, E., **Dick, A.M., Scioli-Salter, E.R., & **Mitchell, K.S.** (2015). Impact of a yoga intervention on physical activity, self-efficacy, and motivation in women with PTSD symptoms. *Journal of Alternative and Complementary Medicine*, *16*, 327-332.
47. *Reddy, S., Gerber, M.R., **Dick, A.M., & **Mitchell, K.S.** (2014). The effect of a yoga intervention on alcohol and drug abuse risk in veteran and civilian women with posttraumatic stress disorder. *Journal of Alternative and Complementary Medicine*, *20*, 750-756.
48. **Mitchell, K.S.**, Rasmusson, A.M., **Bartlett, B., & Gerber, M.R. (2014). Eating disorders and associated mental health comorbidities in a sample of female veterans. *Psychiatry Research*, *219*, 589-591.
49. **Mitchell, K.S.**, Wolf, E.J., Reardon, A.F., & Miller, M.W. (2014). Association of eating disorder symptoms with internalizing and externalizing dimensions of psychopathology. *International Journal of Eating Disorders*, *47*, 860-869.
50. **Dick, A.M., Niles, B.L., Street, A.E., **DiMartino, D.M., & **Mitchell, K.S.** (2014). Examining mechanisms of change in a yoga intervention for women: The influence of

mindfulness, psychological flexibility, and emotion regulation on PTSD symptoms. *Journal of Clinical Psychology*, 70, 1170-1182.

51. *Litwack, S., **Mitchell, K.S.**, Reardon, A., Sloan, D., & Miller, M.W. (2014). Eating disorder symptoms and comorbid psychopathology among male and female veterans. *General Hospital Psychiatry*, 36, 406-410.
52. Scioli-Salter, E.R., Sillice, M.A., **Mitchell, K.S.**, Rasmusson, A.M., Allsup, K., Biller, H., & Rossi, J.S. (2014). Predictors of long-term exercise maintenance among college aged adults: Role of body image anxiety. *Californian Journal of Health Promotion*, 12, 27-39.
53. Wolf, E.J., **Mitchell, K.S.**, Logue, M.W., Baldwin, C.T., Reardon, A.F., Aiello, A., Galea, S., Koenen, K.C., Uddin, M., Wildman, D., & Miller, M.W. (2014). The dopamine D3 receptor gene and posttraumatic stress disorder. *Journal of Traumatic Stress*, 27, 379-387.
54. Wolf, E.J., Rasmusson, A.M., **Mitchell, K.S.**, Logue, M.W., & Miller, M.W. (2014). A genome-wide association study of clinical symptoms of dissociation in a trauma-exposed sample. *Depression and Anxiety*, 31, 352-360.
55. Hudson, J.I., Zanarini, M.C., **Mitchell, K.S.**, Choi-Kain, L.W., & Gunderson, J.G. (2014). The contribution of familial internalizing and externalizing liability factors to borderline personality disorder. *Psychological Medicine*, 44, 2397-2407.
56. **Mitchell, K.S.**, **Dick, A.M., **DiMartino, D.M., Smith, B.N., Niles, B., Koenen, K.C., & Street, A. (2014). A pilot study of a randomized controlled trial of yoga for PTSD symptoms in women. *Journal of Traumatic Stress*, 27, 121-128.
57. **Mitchell, K.S.**, Aiello, A., Galea, S., Uddin, M., Wildman, D., & Koenen, K.C. (2013). PTSD and obesity in the Detroit Neighborhood Health Study. *General Hospital Psychiatry*, 35, 671-673.
58. **Gobin, R.L., Iverson, K., **Mitchell, K.S.**, Vaughn, R., & Resick, P.A. (2013). The impact of childhood maltreatment on PTSD symptoms among female survivors of intimate partner violence. *Violence & Victims*, 28, 984-999.
59. Wolf, E.J., **Mitchell, K.S.**, Koenen, K.C., & Miller, M.W. (2014). Combat exposure severity as a moderator of genetic and environmental liability to posttraumatic stress disorder. *Psychological Medicine*, 44, 1499-1509.
60. Wolf, E.J., **Mitchell, K.S.**, Logue, M.W., Baldwin, C.T., Reardon, A.F., Humphries, D.E., & Miller, M.W. (2013). The corticotrophin releasing hormone receptor 2 (CRHR-2) is associated with decreased risk and severity of posttraumatic stress disorder. *Depression and Anxiety*, 30, 1161-1169.
61. Cotter, E.W., Kelly, N.R., **Mitchell, K.S.** & Mazzeo, S.E. (2015). An investigation of body appreciation, ethnic identity and eating disorder symptoms in Black women. *Journal of Black Psychology*, 41, 3-25.

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63. **Mitchell, K.S.**, **Wells, S., **Mendes, A., & Resick, P. (2012). Treatment improves symptoms shared by PTSD and disordered eating. *Journal of Traumatic Stress, 25*, 535-542.
64. Resick, P.A., Wolf, E.J., Wiltsey-Stirman, S., **Wells, S.Y., Suvak, M.K., **Mitchell, K.S.**, King, M.W., & Bovin, M.J. (2012). Advocacy through science: Response to commentaries on Resick et al. *Journal of Traumatic Stress, 25*, 260-263.
65. Resick, P.A., Bovin, M.J., Calloway, A.L., **Dick, A.M., King, M.W., **Mitchell, K.S.**, Suvak, M.K., **Wells, S.Y., Wiltsey-Stirman, S., & Wolf, E.J. (2012). A critical evaluation of the complex PTSD literature: Implications for *DSM-5*. *Journal of Traumatic Stress, 25*, 241-251.
66. Resick, P.A., Suvak, M.K., **Johnides, B.D., **Mitchell, K.S.**, & Iverson, K.M. (2012). The impact of dissociation on PTSD treatment with cognitive processing therapy. *Depression and Anxiety, 29*, 718-730.
67. **Kelly, N.R., **Mitchell, K.S.**, Gow, R.W., Trace, S.E., Lydecker, J.A., Bair, C.E., & Mazzeo, S.E. (2012). An evaluation of the reliability and construct validity of eating disorder measures in White and Black women. *Psychological Assessment, 24*, 608-617.
68. **Mitchell, K.S.**, Mazzeo, S.E., **Schlesinger, M.R., Brewerton, T.D., & Smith, B.N. (2012). Comorbidity of partial and subthreshold PTSD among men and women with eating disorders in the National Comorbidity Survey-Replication study. *International Journal of Eating Disorders, 45*, 307-315.
69. **Lydecker, J.A., Pisetsky, E.M., **Mitchell, K.S.**, Thornton, L.M., Kendler, K.S., Reichborn-Kjennerud, T., Lichtenstein, P., Bulik, C.M., & Mazzeo, S.E. (2012). Association between co-twin sex and eating disorders in opposite-sex twin pairs: Evaluations in North American, Norwegian, and Swedish samples. *Journal of Psychosomatic Research, 72*, 73-77.
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71. Baker, J.H., **Mitchell, K.S.**, Neale, M.C., & Kendler, K.S. (2010). Eating disorder symptomatology and substance use disorders: Prevalence and shared risk in a population based twin sample. *International Journal of Eating Disorders, 43*, 648-658.
72. Serdar, K.L., Mazzeo, S.E., **Mitchell, K.S.**, Aggen, S., Kendler, K., & Bulik, C.M. (2011). Correlates of weight instability across the lifespan in a population-based sample. *International Journal of Eating Disorders, 44*, 506-514.

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76. Mazzeo, S.E., **Mitchell, K.S.**, Bulik, C.M., Aggen, S.A., Kendler, K.S., & Neale, M.C. (2010). A twin study of specific bulimia nervosa symptoms. *Psychological Medicine*, *40*, 1203-1213.
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81. **Mitchell, K.S.**, Mazzeo, S.E., Bulik, C.M., Aggen, S.A., Kendler, K.S., & Neale, M.C. (2007). An investigation of a measure of twins' equal environments. *Twin Research and Human Genetics*, *10*, 840-847.
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85. **Mitchell, K.S.**, Mazzeo, S.E., Rausch, S., & Cooke, K. (2007). Innovative interventions for disordered eating: Evaluating dissonance-based and yoga interventions. *International Journal of Eating Disorders*, *40*, 120-128.
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87. Mazzeo, S.E., Landt-Slof, R., Jones, I., **Mitchell, K.S.**, Kendler, K.S., Neale, M.C., Aggen, S.A., & Bulik, C.M. (2006). Associations among postpartum depression, eating disorders, and perfectionism in a population-based sample of adult women. *International Journal of Eating Disorders*, *39*, 202-211.
88. Mazzeo, S.E., Saunders, R., & **Mitchell, K.S.** (2006). Gender and binge eating among bariatric surgery candidates. *Eating Behaviors*, *7*, 47-52.
89. **Mitchell, K.S.** & Mazzeo, S.E. (2005). Mediators of the association between abuse and disordered eating in undergraduate men. *Eating Behaviors*, *6*, 318-327.
90. Mazzeo, S.E., Saunders, R., & **Mitchell, K.S.** (2005). Binge eating among African American and Caucasian bariatric surgery candidates. *Eating Behaviors*, *6*, 189-196.
91. Mazzeo, S.E., Zucker, N., Gerke, C., **Mitchell, K.S.**, & Bulik, C.M. (2005). Parenting concerns of women with histories of eating disorders. *International Journal of Eating Disorders*, *37*, S77-S79.
92. Wilson, D.B., Smith, B.N., Speizer, I., Bean, M.K., **Mitchell, K.S.**, Uguy, S., & Fries, E. (2005). Differences in food intake and exercise by smoking status in adolescents. *Preventive Medicine*, *40*, 872-879.
93. **Mitchell, K.S.** & Mazzeo, S.E. (2004). Binge eating and psychological distress in ethnically diverse undergraduate men and women. *Eating Behaviors*, *5*, 157-169.

Manuscripts under Review

1. Zerkowitz, R., Serier, K., Smith, B.N., Kehle-Forbes, S., Vogt, D.S., & **Mitchell, K.S.** (under review). Identifying candidate mechanisms of comorbidity in eating disorder and posttraumatic stress disorder symptoms among U.S. veterans: A network analytic approach. *Psychological Trauma: Theory, Research, Practice, and Policy*.
2. Serier, K.N., Livingston, W.S., Zerkowitz, R.L., Kehle-Forbes, S., Smith, B.N., & **Mitchell, K.S.** Examining posttraumatic cognitions as a pathway linking trauma exposure and eating

disorder symptoms in veteran men and women: A replication and extension study. (under review). *Eating Disorders: The Journal of Treatment and Prevention*.

3. **Mitchell, K.S.**, Serier, K.N., Smith, B.N., & Vogt, D. (under review). Associations between avoidant/restrictive food intake disorder and trauma exposure in veteran men and women. *International Journal of Eating Disorders*.

Book Chapters and Non-Peer-reviewed Publications

1. Cooper, Z., & **Mitchell, K.S.** (2020). Eating disorders. In M.M. Antony & D.H. Barlow (Eds.), *Handbook of Assessment and Treatment for Psychological Disorders*.
2. **Mitchell, K.S.** (2015). Comorbid eating disorders and posttraumatic stress disorder: Implications for etiology and treatment. *Eating Disorders Review*, 26.
3. **Mitchell, K.S.**, & Bulik, C.M. (2014). Life course epidemiology of eating disorders. In K.C. Koenen, S. Rudenstine, E. Susser, & S. Galea (Eds.), *A life course approach to mental disorders*. Oxford, U.K.: Oxford University Press.

National & International Conference Presentations

Symposium, Panel, and Paper Presentations

1. **Mitchell, K.S.**, Zelkowitz, R., Serier, K., Smith, B.N., Kehle-Forbes, S., Vogt, D.S., & Zelkowitz, R. (2023, September). Network models of eating disorder and posttraumatic stress disorder symptoms in two national samples of U.S. veterans. Paper presented at the annual meeting of the Eating Disorders Research Society, Boston, MA.
2. **Mitchell, K.S.** (2023, June). Eating disorders in male and female veterans. In J. Lavender (Chair) *Disordered eating in the military family: Service members, veterans, and dependent youth*. SIG panel discussion presented at the annual meeting of the Academy for Eating Disorders International Conference, Washington, D.C.
3. **Mitchell, K.S.**, Smith, B.N., Kehle-Forbes, S., & Vogt, D. (2023, June). The impact of the COVID-19 pandemic and pre-existing mental health symptoms on eating disorder diagnostic status in veteran men and women. Paper presented at the annual meeting of the Academy for Eating Disorders International Conference, Washington, D.C.
4. **Mitchell, K.S.** (2023, June). Comorbidity in eating disorders: Theory, evidence, and clinical implications. In A. Dingemans & J. Lavender (Chairs) *Together or apart? Considering how and when to address mental health comorbidities in the psychological treatment of eating disorders*. Plenary presented at the annual meeting of the Academy for Eating Disorders International Conference, Washington, D.C.

5. **Mitchell, K.S.** (Discussant; 2022, November). In R.L. Zelkowitz (Chair) *Trauma and disordered eating: Risk and resilience processes and implications for treatment*. Symposium presented at the annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
6. **Mitchell, K.S.** (2022, June). Treating comorbid eating disorders and PTSD. In K. Claudat (Chair), *Treating common comorbidities in eating disorders*. SIG panel discussion presented at the annual meeting of the Academy for Eating Disorders International Conference, virtual.
7. **Mitchell, K.S.**, Singh, S., Hardin, S., & Thompson-Brenner, H. (2021, November). *The impact of comorbid posttraumatic stress disorder on eating disorder treatment outcomes: Investigating the Unified Treatment Model*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, virtual.
8. **Mitchell, K.S.**, Masheb, R., Smith, B.N., Kehle-Forbes, S., Hardin, S., & Vogt, D. (2021, June). *Eating disorder measures in a sample of military veterans: A focus on gender, age, and race/ethnicity*. Paper presented at the annual meeting of the Academy for Eating Disorders International Conference, virtual.
9. **Mitchell, K.S.**, Huston, J., & Iverson, K.M. (2018, November). Intimate partner violence and eating disorder symptoms in female veterans: The mediating role of PTSD and depression. In S. Holmes (Chair), *Trauma, PTSD, and Eating Disorders: An Examination of Comorbidities, Mechanisms of Association, and an Integrated Treatment Approach*. Symposium presented at the meeting of the International Society for Traumatic Stress Studies, Washington, DC.
10. Gutner, C. A., Mc Hugh, R. K., **Mitchell, K. S.**, Chang, G., & Garovoy, N. D. (2018, September). *PTSD and Substance Use/ Eating Disorders in Women Veterans*. Panel presentation at the Women Veterans, Traumatic Stress and Post-Military Health: Building Partnerships for Innovation Summit, Boston, Massachusetts.
11. **Mitchell, K.S.** (Chair; 2018, April). *Biological research on eating disorders: Moving the field forward*. SIG panel discussion presented at the annual meeting of the Academy for Eating Disorders International Conference, Chicago, IL.
12. **Mitchell, K.S.**, & Iverson, K.M. (2018, April). *Intimate partner violence and eating disorder symptoms in women veterans*. Paper presented at the meeting of the Academy for Eating Disorders International Conference, Chicago, IL.
13. **Mitchell, K.S.**, Wolf, E.J., Bovin, M.J., Rosen, R.C., Keane, T.M., & Marx, B.P. (2016, November). *Network models of DSM-5 PTSD: Implications for ICD-11*. Paper presented at the meeting of the International Society for Traumatic Stress Studies, Dallas, TX.
14. **Mitchell, K.S.**, Bulik, C.M., Koenen, K.C., & Field, A.E. (2016, October). *Network models of comorbid eating disorder and PTSD symptoms*. Paper presented at the meeting of the Eating Disorders Research Society, New York, NY.

15. **Mitchell, K.S.** (Discussant; 2016, May), *Risk for eating disorders across adolescence: The role of genes, environment, and neuropsychological factors*. SIG panel discussion presented at the annual meeting of the Academy for Eating Disorders International Conference, San Francisco, CA.
16. Wolf, E.J., **Mitchell, K.S.**, Logue, M.W., & Miller, M.W. (2014, November). The corticotropin releasing hormone receptor 2 (CRHR-2) gene and PTSD: Evidence for association in trauma-exposed women. In E.J. Wolf (Chair), *Sex-specific genetic and epigenetic markers of trauma exposure, PTSD, and related endophenotypes*. Symposium presented at the meeting of the International Society for Traumatic Stress Studies, Miami, FL.
17. **Mitchell, K.S.**, Rasmusson, A., Bartlett, B., & Gerber, M.R. (2014, July). *Eating disorders and associated mental health comorbidities in female veterans*. Paper presented at the annual VA Women's Health Services Research Conference, Washington, D.C.
18. Huckins, L.M., **Mitchell, K.S.**, Thornton, L., WTCCC3 Consortium, GCAN Consortium, Collier, D., Sullivan, P., Bulik, C.M., & Zeggini, E. (2014, June). *Polygenic risk score analysis shows shared genetic aetiology between AN and five other psychiatric disorders*. Paper presented at the annual meeting of the European Society of Human Genetics, Milan, Italy.
19. **Mitchell, K.S.**, Koenen, K.C., Flint, A., Rimm, E.B., & Field, A.E. (2014, March). *Genetic associations with food addiction, disinhibited eating, and binge eating*. Paper presented at the annual meeting of the Academy for Eating Disorders International Conference, New York, NY.
20. **Mitchell, K.S.**, Aiello, A., Galea, S., Uddin, M., Wildman, D., & Koenen, K.C. (2013, November). PTSD and obesity in the Detroit Neighborhood Health Study. In K.S. Mitchell (Chair), *The Detroit Neighborhood Health Study: Genes, trauma, and health*. Symposium presented at the annual meeting of the International Society for Traumatic Stress, Philadelphia, PA.
21. **Mitchell, K.S.**, Wolf, E.J., & Miller, M.W. (2013, September). *Association of bulimia nervosa and binge eating disorder symptoms with internalizing and externalizing dimensions of psychopathology*. Paper presented at the annual meeting of the Eating Disorders Research Society, Bethesda, MD.
22. **Mitchell, K.S.**, Dick, A.M., DiMartino, D.M., Smith, B.N., Niles, B.L. (2012, November). A randomized controlled trial of yoga for posttraumatic stress disorder in women. In B. Niles (Chair), *Mindfulness-based interventions for PTSD: Exploring mechanisms of change in innovative treatments*. Symposium presented at the annual meeting of the International Society for Traumatic Stress, Los Angeles, CA.
23. **Mitchell, K.S.** (2012, May). Rates of trauma and partial PTSD are elevated in men and women with eating disorders: Results from the National Comorbidity Survey - Replication study. In J.N. Mar & T. Brewerton (Chairs), *New clinical research perspectives on the role of trauma in eating disorders*. SIG panel discussion presented at the annual meeting of the Academy for Eating Disorders International Conference, Austin, TX.
24. Suvak, M.K., Resick, P.A., Iverson, K.M., **Mitchell, K.S.**, & Johnides, B.D. (2011, November). Dissociation as a moderator of treatment response in a dismantling study of cognitive processing therapy for PTSD. Presented as part of E. Wolf (Chair), *Dissociation in*

PTSD: Assessment and treatment implications. Symposium presented at the annual meeting of the International Society for Traumatic Stress, Baltimore, MD.

25. Resick, P.A., Suvak, M.K., **Mitchell, K.S.**, Johnides, B.D., & Iverson, K.M. (2011, June). *The effect of dissociation on treatment outcome.* Paper presented at the annual meeting of the European Conference on Traumatic Stress, Vienna, Austria.
26. **Mitchell, K.S.**, Baker, J. H., Mazzeo, S.E., Kendler, K.S., & Neale, M.C. (2011, April). *A twin model investigation of the comorbidity of binge eating and marijuana abuse and dependence.* Paper presented at the annual meeting of the Academy for Eating Disorders International Conference, Miami, FL.
27. **Mitchell, K.S.**, Neale, M.C., Bulik, C.M., Kendler, K.S., & Mazzeo, S.E. (2008, May). *A biometric modeling study of binge eating disorder and disinhibition.* Paper presented at the annual meeting of the Academy for Eating Disorders International Conference, Seattle, WA.
28. **Mitchell, K.S.**, Mazzeo, S.E., Schmitt, J.E., Bulik, C.M., & Neale, M.C. (2007, June). *Assessing violations of the equal environments assumption with a finite mixture distribution model.* Paper presented at the annual meeting of the Behavior Genetics Association, Amsterdam, Netherlands.
29. **Mitchell, K.S.**, Mazzeo, S.E., Rausch, S., Cooke, K.L., & Serdar, K. (2007, May). *Innovative interventions for disordered eating: Evaluating dissonance-based and yoga interventions.* Paper presented at the annual meeting of the Academy for Eating Disorders International Conference, Baltimore, Maryland.
30. Mazzeo, S.E., **Mitchell, K.S.**, Bulik, C.M., Reichborn-Kjennerud, T., & Neale, M.C. (2007, May). *Heritability of anorexia nervosa symptoms: A marginal maximum likelihood approach.* Paper presented at the annual meeting of the Academy for Eating Disorders International Conference, Baltimore, Maryland.
31. Mazzeo, S.E., **Mitchell, K.S.**, & Williams, L.J. (2005, August). *Structural models of disordered eating: Cross-validation and cultural invariance.* Paper presented at the annual meeting of the American Psychological Association, Washington, DC.
32. Mazzeo, S.E., Saunders, R., & **Mitchell, K.S.** (2005, April). *Binge eating in African American and Caucasian women seeking bariatric surgery.* Paper presented at the annual meeting of the Academy for Eating Disorders International Conference, Montreal, Canada.
33. Mazzeo, S.E., Zucker, N., Gerke, C.K., **Mitchell, K.S.**, & Bulik, C.M. *Parenting concerns of mothers with eating disorders: A qualitative investigation.* (2005, April). Paper presented at the annual meeting of the Academy for Eating Disorders International Conference, Montreal, Canada.
34. Obando, P., Wilson, D.B., Speizer, I., Fries, E., Uguy, S., McClish, D., **Mitchell, K.S.**, Bean, M.K., Smith, B.N. (2004, February). *Family environment and smoking behavior in U.S. middle and high school adolescents.* Paper presented at the annual meeting of the National Institute of Drug Abuse.

35. Speizer, I., Obando, P., McClish, D., Smith, B.N., Wilson, D., Uguy, S., Bean, M.K., **Mitchell, K.S.**, & Fries, E. (2004, March). *Impact of anti-tobacco prevention programs and peers on middle school youth*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
36. Wilson, D.B., Smith, B.N., Speizer, I., Bean, M.K., **Mitchell, K.S.**, Fries, E. (2004, March). *Smoking, diet, and gender in middle and high school students in Virginia tobacco prevention programs*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
37. Smith, B.N., Speizer, I., **Mitchell, K.S.**, Bean, M.K., & Fries, E. (2003, November). *Psychosocial factors associated with tobacco use intentions among youth: Examining the utility of the theory of planned behavior*. Presented at the annual meeting of the American Public Health Association, San Francisco, CA.

Poster Presentations

1. Zerkowitz, R.L., Serier, K.N., Smith, B.N., Kehle-Forbes, S., Vogt, D.S. & **Mitchell, K.S.** (2023, November). Network models of eating disorder and posttraumatic stress disorder symptoms in two national samples of U.S. veterans. Poster presented at the meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.
2. **Mitchell, K.S.**, Sienkiewicz, M., Vogt, D., Smith, B.N., Kehle-Forbes, S., & Cooper, Z. (2021, September). *Mental healthcare use among male and female veterans with eating disorders*. Poster presented at the meeting of the Eating Disorders Research Society, virtual.
3. **Mitchell, K.S.**, Sighn, S., & Thompson-Brenner, H. (2020, October). *The impact of comorbid posttraumatic stress disorder on eating disorder treatment outcome*. Poster presented at the meeting of the Eating Disorder Research Society, virtual.
4. **Mitchell, K.S.**, & Iverson, K.M. (2019, September). *Diagnostic utility of bulimia nervosa and binge eating disorder symptoms in men and women*. Poster presented at the meeting of the Eating Disorder Research Society, Chicago, IL.
5. **Mitchell, K.S.** (2019, March). *Posttraumatic stress disorder and eating disorders: The potential mediating roles of food addiction symptoms and eating for coping*. Poster presented at the Academy for Eating Disorders International Conference, New York, NY.
6. **Mitchell, K.S.**, Wolf, E.J., Lyons, M.J., Goldberg, J.H., & Magruder, K.M. (2017, November). *A co-twin control study of the association between PTSD and obesity in male veterans*. Poster presented at the meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
7. McCaughey, V.K., Street, A.E., & **Mitchell, K.S.** (2018, November). *Examining associations between military sexual trauma and non-military physical/sexual assault and eating disorder symptoms in*

male and female veterans. Poster presented at the meeting of the International Society for Traumatic Stress Studies, Washington, D.C.

8. Bartlett, B., Iverson, K.M., & **Mitchell, K.S.** (2016, November). *Specific trauma-types and their association with physical and mental health among female veterans.* Poster presented at the meeting of the International Society for Traumatic Stress Studies, Dallas, TX.
9. Arditte, K.A., Bartlett, B., Iverson, K.M., & **Mitchell, K.S.** (2016, November). *Unique associations between childhood, adult, or military trauma and eating disorder symptomatology in a sample of female veterans.* Poster presented at the meeting of the International Society for Traumatic Stress Studies, Dallas, TX.
10. **Mitchell, K.S.**, Bulik, C.M., Koenen, K.C., & Field, A.E. (2016, May). *A network model of eating disorder symptoms and related constructs.* Poster presented at the meeting of the Academy for Eating Disorders International Conference, San Francisco, CA.
11. Brooke, B., **Mitchell, K.S.**, & Iverson, K.M. (2015, November). *Intimate partner violence and disordered eating symptomatology among female veterans: The mediating role of PTSD.* Poster presented at the meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.
12. Bartlett, B., Iverson, K.M., Wolf, E.J., & **Mitchell, K.S.** (2014, November). *Intimate partner violence, PTSD, and disordered eating among male and female veterans.* Poster presented at the meeting of the International Society for Traumatic Stress Studies, Miami, FL.
13. Martin, E.C., Dick, A.M., Scioli, E., **Mitchell, K.S.** (2014, April). *Changes in psychological determinants of physical activity during a yoga intervention for PTSD.* Poster presented at the annual meeting of the Society for Behavioral Medicine, Philadelphia, PA.
14. **Mitchell, K.S.**, Wolf, E.J., Solovieff, N., Roberts, A.L., King, A.P., Liberson, I., Galea, S., Uddin, M., Wildman, D., Smoller, J.W., & Koenen, K.C. (2013, October). *Association of lifetime PTSD with IL-18 single nucleotide polymorphisms in European and African American women.* Poster presented at the annual meeting of the World Congress of Psychiatric Genetics, Boston, MA.
15. Huckins, L.M., **Mitchell, K.**, Thornton, L., WTCCC3 Consortium, GCAN Consortium, Sullivan, P., Bulik, C.M., & Zeggini, E. (2013, October). *Probing psychological strata using comorbid endophenotypes in anorexia nervosa.* Poster presented at the annual meeting of the World Congress of Psychiatric Genetics, Boston, MA.
16. Roberts, A.L., Solovieff, N., Smith, A.H., **Mitchell, K.S.**, Walter, S., De Vivo, I., Gelertner, J., Purcell, S.M., Smoller, J.W., & Koenen, K.C. (2013, October). *Childhood abuse and genetic risk for mental illness: A test of the gene-environment correlation hypothesis.* Poster presented at the annual meeting of the World Congress of Psychiatric Genetics, Boston, MA.
17. Wolf, E., Rasmusson, A., **Mitchell, K.**, Logue, M., & Miller, M. (2013, October). *A genome-wide association study of the symptoms that define the dissociative subtype of posttraumatic stress disorder.* Poster presented at the annual meeting of the World Congress of Psychiatric Genetics, Boston, MA.

18. Cotter, E., Kelly, N., **Mitchell, K.**, Jeffers, A., & Mazzeo, S. (2013, May). Psychometric properties of the Body Appreciation Scale in college men. Poster presented at the annual meeting of the Academy for Eating Disorders International Conference, Montreal, Canada.
19. Dick, A.M., DiMartino, D.M., Niles, B.L. & **Mitchell, K.S.** (2012, November). *The inverse relationship between mindfulness and dissociation in a yoga intervention for women with PTSD*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.
20. Dick, A.M., DiMartino, D.M., Niles, B.L. & **Mitchell, K.S.** (2012, November). *The influence of mindfulness, psychological flexibility, and emotion regulation on PTSD symptoms in a yoga intervention for women*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapy, National Harbor, MD.
21. Brewerton, T.D., & **Mitchell, K.S.** (2012, September). *Associations among PTSD, partial PTSD, eating disorders, and substance use disorders among women and men in the National Comorbidity Survey-Replication*. Poster presented at the annual meeting of the Eating Disorders Research Society, Porto, Portugal.
22. **Mitchell, K.S.**, Mazzeo, S.E., & Smith, B.N. (2010, November). *PTSD and subthreshold PTSD, eating disorders, and gender*. Poster presented at the annual meeting of the International Society of Traumatic Stress Studies, Montreal, Canada.
23. **Mitchell, K.S.**, Neale, M.C., Bulik, C.M., Aggen, S.H., Kendler, K.S., & Mazzeo, S.E. (2010, October). *A twin model investigation of the comorbidity of bulimia nervosa and alcohol use disorders*. Poster presented at the annual meeting of the Eating Disorders Research Society, Cambridge, MA.
24. Serdar, K.L., **Mitchell, K.S.**, Bulik, C.M., Aggen, S.H., Kendler, K.S., & Mazzeo, S.E. (2009, September). *Self-reported weight change and adult BMI: Trends across childhood, adolescence, and adulthood*. Poster presented at the annual meeting of the Eating Disorders Research Society, New York, NY.
25. **Mitchell, K.S.**, & Mazzeo, S.E. (2008, September). *Evaluation of a structural model of objectification theory and eating disorder symptomatology among ethnically diverse undergraduate women*. Poster presented at the annual meeting of the Eating Disorder Research Society, Montreal, Canada.
26. **Mitchell, K.S.**, Neale, M.C., Bulik, C.M., Kendler, K.S., & Mazzeo, S.E. (2007, October). *An investigation of weight suppression in a population based sample of twins*. Poster presented at the annual meeting of the Eating Disorders Research Society, Pittsburgh, PA.
27. Mazzeo, S.E., Landt-Slof, R., Jones, I., **Mitchell, K.S.**, Kendler, K.S., Neale, M.C., Aggen, S.A., & Bulik, C.M. (2005, September). *Associations among postpartum depression, eating disorders, and perfectionism in a population-based sample of adult women*. Poster presented at the annual meeting of the Eating Disorders Research Society, Toronto.

28. **Mitchell, K.S.**, Mazzeo, S.E., Aggen, S.A., Maes, H., Neale, M.C., & Bulik, C.M. (2005, September). *Characteristics of male and female monozygotic twins discordant for overweight: A descriptive study*. Poster presented at the annual meeting of the Eating Disorders Research Society, Toronto, Canada.
29. Williams, L.J., **Mitchell, K.S.**, Story, P., & Burnette, J. (2005, August). *Fit indices for SEM: Measurement vs. structural components*. Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.
30. Bean, M.K., **Mitchell, K.**, Speizer, I., Wilson, D.B., Smith, B.N., & Fries, E. (2005, April). *Adolescent attitudes towards smoking and weight loss: Relationship to smoking status*. Poster presented at the annual meeting of the Society for Behavioral Medicine, Boston, MA.
31. Mazzeo, S.E., **Mitchell, K.S.**, & Bulik, C.M. (2004, October). *Childhood abuse and eating disorder behaviors in males: Evidence for the mediating role of anxiety, alexithymia, and depression*. Poster presented at the annual meeting of the Eating Disorder Research Society, Amsterdam, Netherlands.
32. **Mitchell, K.S.**, Gerke, C., & Mazzeo., S.E. (2004, April). *Influences of abuse, anxiety, and social support on disordered eating in Caucasian and African American women*. Poster presented at the annual meeting of the Academy for Eating Disorders International Conference, Orlando, FL.
33. Gerke, C., **Mitchell, K.S.**, Taylor, M., & Mazzeo, S.E. (2004, April). *The role of dissociation and depression in the relationship between childhood trauma and disordered eating*. Poster presented at the annual meeting of the Academy for Eating Disorders International Conference, Orlando, FL.
34. **Mitchell, K.S.**, & Mazzeo, S.E. (2003, May). *Binge eating, depression, and anxiety in ethnically diverse undergraduate men and women*. Poster presented at the annual meeting of the Academy for Eating Disorders International Conference, Denver, CO.
35. Wilson D., Ampey-Thornhill G., Bean M.K., **Mitchell K.S.**, Kliewer W., Sica D. (2002, April). *Gender, social support, daily hassles, and blood pressure non-dipping status*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.

Invited Talks, Guest Lectures, & Presentations

- 2022 *Eating disorders and PTSD in veterans*. Invited presentation to the Scientific Work in Anorexia Nervosa and Other Eating Disorders Research Group, Swinburne University of Technology, Melbourne, Australia.
- 2021 *Eating disorders in military veterans*. Invited presentation to the Health & Development Lab at Florida International University.
- 2021 *Eating disorders in male and female veterans*. Invited presentation to the Veterans Affairs Community Based Outpatient Clinic Grand Rounds.

- 2021 *Eating Disorders*. Invited presentation to the Harvard South Shore Psychiatry residents, VA Boston Healthcare System.
- 2019 *Eating Disorders in Women Veterans*. Invited panel presentation to the Women's Health Retreat, VA Boston Healthcare System.
- 2017 *When/How to Treat PTSD During the Eating Disorder Treatment Process*. Webinar delivered for the Academy for Eating Disorders.
- 2017 *Eating Disorders in Veterans: State of the Field and Future Directions*. Invited talk given to the Eating Disorders Clinical and Research Program, Massachusetts General Hospital.
- 2016 *PTSD and Comorbid Eating Disorders in VA Mental Healthcare*. Invited talk given to the VA Northwest Mental Illness Research Education Clinical Center of Excellence teleconference.
- 2015 *Eating Disorders and Body Image*. Participated in a panel discussion for NEWCOPE at Northeastern University.
- 2013, 2015 *PTSD and Anxiety Disorders in Youth*. Guest lecture given for a graduate Epidemiology of Disorders and Diseases of Childhood and Young Adulthood course at Harvard School of Public Health, Boston, MA.
- 2013 *Eating Disorders and Comorbid Conditions in Veterans*. Invited talk given to the national Veterans Affairs Women's Health Teleconference.
- 2013 *Eating Disorders and Comorbid Conditions in Veterans: Implications by Gender*. Invited talk given to the national Veterans Affairs Women's Health call.
- 2013 *PTSD and Comorbid Eating Disorders in VA Mental Health Care and Nutrition Management*. Invited talk given to the national Veterans Affairs PTSD Consultation call.
- 2012 *Introduction to Psychiatric Genetics*. Guest lecture given for a graduate Adult Psychopathology course at Suffolk University, Boston, MA.
- 2012 *Gene-Environment Interplay in the Comorbidity of PTSD and Disordered Eating*. Invited talk given to the Psycho-Neuro Cluster, Department of Epidemiology, Columbia University, New York, NY.
- 2012 *Biopsychosocial Research in the Women's Health Sciences Division, National Center for PTSD*. Invited talk given for the Boston University Medical Campus Multidisciplinary Research Conference, "Women's Health Research Across Campus: From Bench to Bedside."
- 2012 *Therapeutic approaches to health behavior change*. Guest lecture given for an undergraduate Health Psychology course at Simmons College, Boston, MA.
- 2010 *Introduction to twin models*. Presentation made to the National Center for PTSD Research Methods seminar at VA Boston Healthcare System, Boston, MA.

- 2006 *Eating disorders: Overview of diagnostic criteria and treatment.* Guest lecture given for an undergraduate Child Psychopathology class in the Department of Psychology at Virginia Commonwealth University, Richmond, VA.
- 2006 *Women and mental health: Eating disorders.* Guest lecture given for an undergraduate Psychology of Women class in the Department of Psychology at Virginia Commonwealth University, Richmond, VA.
- 2005 *A “non-technical overview” of structural equation modeling.* Presentation given for the Positive Psychology Research Team at Virginia Commonwealth University, Richmond, VA.
- 2003 *Yoga’s application to physical and mental health.* Guest lecture given for an undergraduate class in the Department of Psychology at Virginia Commonwealth University, Richmond, VA.
- 2003 *Conducting undergraduate thesis research.* Guest lecture given for an honors undergraduate class in the Department of Psychology at Virginia Commonwealth University, Richmond, VA.
- 2002 *Basics of yoga as it pertains to stress management.* Guest lecture given for an undergraduate class in the Department of Psychology at Virginia Commonwealth University, Richmond, VA.

Expert Consultation

- 2018 **Women’s Mental Health Eating Disorder Resources.**
Provided consultation on documents for healthcare providers, VA Office of Women’s Mental Health, Washington, DC.
- 2015 **Make the Connection Campaign.**
Provided consultation regarding eating problems content for Make the Connection, a public awareness campaign for veterans and service members. VA Mental Health Services, Washington, DC.

Other Professional Activities

Editorial Experience

Associate Editor for *Eating Behaviors* (2017-present)
Consulting Editor for *Psychological Assessment* (2019-present)

Ad hoc reviewer for *Journal of Abnormal Psychology*
Ad hoc reviewer for *Psychological Assessment*
Ad hoc reviewer for *Psychological Medicine*
Ad hoc reviewer for *Behavior Genetics*
Ad hoc reviewer for *Eating Behaviors*
Ad hoc reviewer for *Child Abuse and Neglect*
Ad hoc reviewer for *Journal of Psychiatric Research*
Ad hoc reviewer for *Journal of Consulting and Clinical Psychology*
Ad hoc reviewer for *Clinical Psychology Review*
Ad hoc reviewer for *Psychology of Women Quarterly*
Ad hoc reviewer for *Journal of Traumatic Stress*

Ad hoc reviewer for *Pediatric Research*
Ad hoc reviewer for *Psychological Reports*
Ad hoc reviewer for *Behavior Therapy*
Ad hoc reviewer for *Psychiatry Research*
Ad hoc reviewer for *PLOS One*
Ad hoc reviewer for *Psychological Trauma: Theory, Research, Practice, and Policy*
Ad hoc reviewer for *Journal of Alternative and Complementary Medicine*
Ad hoc reviewer for *International Journal of Eating Disorders*

Grant Review Experience

2022 National Institutes of Health: Behavior Genetics and Epidemiology study section
2021 National Institute of Mental Health: Post-acute Interventions for the NIH Pilot Effectiveness Trials (R34)
2017, 2018 VA Research & Development, Million Veterans Program: Gamma Test
2017 Department of Defense, Congressionally Directed Medical Research Programs
2016 National Institutes of Health: Mechanisms of Emotion, Stress, and Health study section
2013 VA Health Services Research & Development Service

Professional Societies: Membership, Offices, and Committee Assignments

2003-2008, 2011-present Member, Academy for Eating Disorders (AED)
2008-2011 Member, AED Advocacy and Communications Committee
2011-present Member, Boston Nutrition Obesity Research Center, 2011-present
2012-2015 Member, AED Clinical Teaching Day Committee
2013-present Member, International Society for Traumatic Stress Studies
2014-present Member, Eating Disorders Research Society, 2014-present
2013-2015 Member, International Society for Psychiatric Genetics
2015-2018 Co-Chair, AED Genes and Environment Special Interest Group
2019-present Co-Chair, AED Trauma and Eating Disorders Special Interest Group

Service & Leadership Experiences

2009-2012 Member, Women's Health Council, VA Boston Healthcare System
2012-present Member, Women's Health Fellowship Steering Committee, VA Boston Healthcare System
2012-2014 Member, Institutional Review Board, VA Boston Healthcare System
2013-present Member, VA Schedule for Rating Disabilities for Mental Disorders work group
2014 Interim Director, Clinical Research Fellowship Program, VA Boston Healthcare System

- 2015-present Psychiatric Genomics Consortium-Eating Disorders workgroup representative to the Data Access Committee
- 2016-present Member, VA National Eating Disorders workgroup
- 2011-2018 Research Section Leader, Psychology Internship Training Program, VA Boston Healthcare System
- 2018-present Research Training Coordinator, Psychology Internship Training Program and the Psychology Postdoctoral Fellowship Training Program, VA Boston Healthcare System
- 2021-present Chair, Diversity Committee, Women's Health Sciences Division of the National Center for PTSD, VA Boston Healthcare System

Teaching Experience

- 2008 Workshop Instructor, *Introduction to Mplus: Confirmatory Factor Analysis, Structural Equation Modeling, Mediation, and Moderation*, Department of Psychology, University of Richmond
- 2007- Co-instructor, *Structural Equation Modeling Short Course*, Center for the
2008 Advancement of Research Methods and Analysis, Virginia Commonwealth University.
- 2006 Teaching Assistant, *Structural Equation Modeling Short Course*, Center for the
Advancement of Research Methods and Analysis, Virginia Commonwealth University.