



Researchers at Boston University are looking for **adult siblings** with a **family member on the autism spectrum** to provide feedback on a new program. The **Siblings FORWARD program** was designed to help siblings work with their family to **plan for the future**.

Study Description

- One group of siblings will participate in the Siblings FORWARD program, which includes 6 or 7 *virtual* sessions with a facilitator to identify and work toward **individual** future planning goals.
- The other group of siblings will review online information about adult autism services.
- All siblings will complete surveys at 3 time points and their family member on the autism spectrum also can choose to complete surveys if they are interested.

WHY PARTICIPATE?

- **TO START PREPARING FOR THE FUTURE.**
- **THIS PROGRAM IS FREE.**
- **YOU CAN PARTICIPATE WHENEVER AND WHEREVER IS CONVENIENT FOR YOU.**
- **YOU CAN RECEIVE UP TO \$75.**

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