

## **Michele “Shelly” DeBiase, PhD, RDN, LDN**

Clinical Associate Professor  
Department of Health Sciences  
College of Health & Rehabilitation Sciences: Sargent College  
Boston University  
635 Commonwealth Avenue, Boston, MA 02215  
Ph: 617.358.5479      debiase@bu.edu  
Website: <http://sites.bu.edu/debiase/>

### **EDUCATION**

PhD    Boston University School of Medicine, Boston, MA - Nutrition and Metabolism

Dissertation: The theory of planned behavior and implementation intentions to describe and improve fruit and vegetable intake among women with low socioeconomic status

Deborah J Bowen, PhD & Lisa M Quintilani, PhD, RD (co-chairs)

MS    Rush University, Chicago, IL – Clinical Nutrition

Thesis: Dietary control of motor fluctuations in Levodopa-treated Parkinson’s disease patients

Thesis: In-patient clinical nutrition services: An activity check-list study of labor productivity

Dietetic Internship      Rush-Presbyterian-St. Luke’s Medical Center, Chicago, IL

BS    University of Massachusetts, Amherst, MA – Human Nutrition

BA    University of Denver, Denver, CO – Psychology (cum laude)

### **ACADEMIC POSITIONS**

#### *Current*

Adjunct Associate Professor, City University of New York (CUNY)/Lehman College, Bronx, NY (2024 - )

Lab Director & Principal Investigator, Social Justice in Health Care Professions Lab, Boston University/  
College of Health & Rehabilitation Sciences, Department of Health Sciences, Boston, MA (2022- )

Affiliated Faculty Center for Innovation in Social Sciences, Director: Deborah Carr, PhD, College of Arts and Sciences, Boston University (2021 - )

Affiliated Faculty and Researcher, Boston University Center for Antiracist Research, Director: Ibram X. Kendi, PhD, Boston, MA (2020 – 2023 (program closed))

Clinical Associate Professor, Boston University/ College of Health & Rehabilitation Sciences, Department of Health Sciences, Boston, MA (2020-)

Affiliated Faculty, Women's, Gender, & Sexuality Studies (WGS) Program, College of Arts & Sciences, Boston University, Boston, MA (2017 -)

*Previous*

Director, Programs in Nutrition, Boston University/College of Health & Rehabilitation Sciences, Department of Health Sciences, Boston, MA (2016 - 2022)

Clinical Assistant Professor, Boston University/ College of Health & Rehabilitation Sciences, Department of Health Sciences, Boston, MA (2008 -2020)

Lecturer Tufts University School of Medicine, Boston, MA (Part-time, 2008-2016) Instructor of Medicine, Tuft's University School of Medicine, Boston, MA (2006-2008)

Lecturer, Boston University/ College of Health & Rehabilitation Sciences, Department of Health Sciences, Boston, MA (2003-2008)

Clinical Associate, Boston University/ College of Health & Rehabilitation Sciences, Department of Health Sciences, Boston, MA (1997-2008)

**FUNDING**

*Current funding*

Boston University/Office of Diversity and Inclusion Learn More Series Programming Grant

“Queering Health Sciences Education”

Principal Investigator

Award date: December 1, 2022

Funded: \$3000

Boston University/College of Arts & Sciences, Women's, Gender & Sexuality Studies Program WGS Small Grant

“The Role of Distress Tolerance, Emotional Regulation, and White Fragility in Engagement in Antiracist Actions”

Principal Investigator

Award date: March 1, 2022/March 1 2023

Funded: \$1,200

*Past funding*

Academy of Nutrition and Dietetics

Diversity and Inclusion Promotion Grant

“Boston Alliance for Diversity in Dietetics (BADD)” Program Director

Principal Investigator

Award life: June 1, 2020-May 31, 2022

Funded: \$10,000

Boston University/Sargent College

Clinical Faculty Scholarship Grant

Principle Investigator

Award Date: Summer 2021

Funded: \$10,000

Boston University/College of Arts & Sciences, Women's, Gender & Sexuality Studies Program WGS Small Grant

"Experiences of LGBT identifying students, interns and practitioners of dietetics"

Principal Investigator

Award date: May 1, 2020

Funded: \$400

Boston University Arts Initiative Interdisciplinary Arts Programming Grant

"Draw Your Food"

Co Principals/Director: Megan Elias, PhD, Associate Professor of the Practice/Director of the Gastronomy Program, BU Metropolitan College

Award date: April 2019

Funded: \$1,000

CDC/Partners in Health and Housing Prevention Research Center (2014-2016)

Principal Investigator (Dissertation research)

Award life: September 2015 – September 2016

Funded: \$5,500

Boston University/Sargent College Dean's Summer Scholarship Stipend

Principal Investigator (Dissertation research)

Award date: Summer 2015

Funded: \$7,000

Boston University/Sargent College Dean's Summer Scholarship Stipend

Principal Investigator (Dissertation research)

Award date: Summer 2014

Funded: \$6,500

Boston University/Sargent College Dean's Summer Scholarship Stipend

Principal Investigator (Dissertation research)

Award date: Summer 2013

Funded: \$6,000

Boston University/Sargent College Dean's Summer Scholarship Stipend

Principal Investigator (Dissertation research)

Award date: Summer 2012

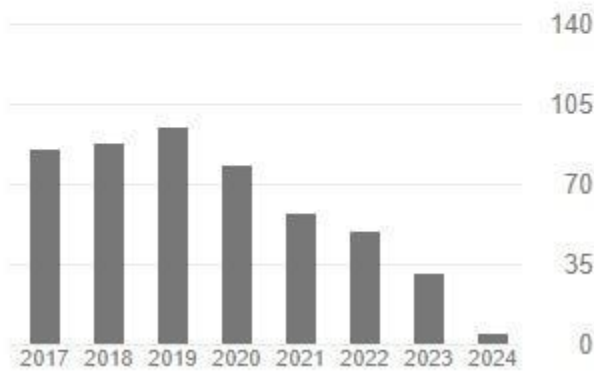
Funded: \$5,500

## CITATIONS OF PEER REVIEWED PUBLICATIONS

Source of Citations Count: Google Scholar

Last updated: January 17, 2024

Cited by	VIEW ALL	
	All	Since 2019
Citations	957	315
h-index	8	6
i10-index	8	5



## PEER-REVIEWED PUBLICATIONS

*In press*

**DeBiasse MAS**, Joy P, Purdy CT, O’Flaherty JA, Dhawn S. "Diversity, Equity, and Inclusion in Dietetics" Chapter to be published in book Diversity, Equity, and Inclusion in Healthcare Professions. Elsevier, Amsterdam, Netherlands.

*Under review (from my laboratory)*

Peters S, Yilma H, **DeBiasse MAS**. Healthcare professionals’ engagement in anti-racist actions: A pilot and feasibility study of the role of white fragility, emotional regulation, and distress tolerance. *Race & Social Problems*.

*Peer Reviewed Published*

(From my laboratory) Moreira-Bouchard JD, Godley S, **DeBiasse MAS**. Queer faculty, queering health science classrooms: Student perspectives. *Advances in Physiology Education*. 22 Feb 2024

<https://doi.org/10.1152/advan.00200.2023>

Burt KG, **DeBiasse MA**, Qamar Z. #InclusiveDietetics: A social media campaign improves beliefs associated with racial and ethnic diversity, equity, and inclusion in the dietetics profession. *Journal of Critical Dietetics*. 2023;6(3):94-121. (IF: n/a, #citations: 1)

**DeBiasse MAS**, Peters S, Bujiriri, B. Dress codes for dietetics programs: A discourse analysis. *Feminism & Psychology*. 2022;33(2):276-294. (IF: 5.833; #citations: 3)

**DeBiasse MA**, Branham A, McFarland N. Experiences of LGBTQ-identifying students, interns, and practitioners of dietetics. *Journal of Critical Dietetics*. 2022;6(2):7-23. (IF: n/a; #citations: 3)

**DeBiasse MA**, Burt KG, Branham AK, Breeding Z. IDEA: Let's design, conduct, and report research with diversity and inclusion in mind. *Journal of the Academy of Nutrition and Dietetics*. 2022;122(1):30. (IF: 4.91; #citations: 0)

Burt KG, Ruder LH, **DeBiasse MA**. We need data! The importance of collecting more and better data to achieve a diverse, inclusive profession. *The Digest*. 2021;55(4):1-7. (IF: n/a; #citations: 3)

**DeBiasse MA**, Qamar Z, Burt KG. A social media intervention for dietetics professionals to increase awareness about racial/ethnic diversity and inclusion in dietetics: Black voices centered. *Journal of Critical Dietetics*. 2021;6(1):40-48. (IF: n/a; #citations: 3)

**DeBiasse MA**, Burt KG. Inclusion is an action word. *Journal of Critical Dietetics*. 2019;4(2):86-90. (IF: n/a; #citations: 1)

**DeBiasse MA**, Bowen DJ, Quatromoni P, Quinn E, Quintiliani LM. Feasibility and acceptability of dietary intake assessment via 24-hour recall and food frequency questionnaire among women with low socioeconomic status. *Journal of the Academy of Nutrition and Dietetics*. 2018;118(2): 301-307. (IF: 4.91; #citations: 16)

**DeBiasse MA**, Bowen DJ, Pagoto SL, Massaro JM, Istfan N, Quintiliani LM. Pilot and feasibility test of an implementation intention intervention to improve fruit and vegetable intake among women with low socioeconomic status. *Journal of Health Disparities Research and Practice*. 2017;10(2):157-196. (IF: awaiting; #citations: 3)

**DeBiasse MA**, Bowen DJ, Pagoto SL, Massaro JM, Istfan N, Quintiliani LM. The role of attitude, control and intention to explain fruit and vegetable intake among racial/ethnic minority women with low socioeconomic status. *International Journal of Nutrition Science*, 2017;2(1):1015. (IF: n/a; #citations: 3)

Quintiliani LM, **DeBiasse MA**, Branco JM, Gees Bhosrekar S, Rorie JA, Bowen DJ. Enhancing physical and social environments to reduce obesity among public housing residents: Rationale, trial design, baseline data. *Contemporary Clinical Trials*. 2014;39(2):201-210. (IF: 2.226; #citations: 30)

Whited MC, Schneider KL, Appelhans BM, Ma Y, Waring ME, **DeBiasse MA**, Busch AM, Oleski JL, Merriam PA, Olendzki, BC, Crawford, SL, Ockene, IS, Lemon, SC, Pagoto, SL. Severity of depressive symptoms and accuracy of dietary reporting among obese women with major depressive disorder seeking weight loss treatment. *PLoS ONE*. 2014; 9(2): e90361. (IF: 2.766; #citations: 8)

Busch AM, Whited MC, Appelhans BM, Schneider KL, Waring ME, **DeBiasse MA**, Oleski JL, Crawford SL, Pagoto SL. Reliable change in depression during behavioral weight loss treatment among women with major depression. *Obesity*. 2014;21(3):E211-E218. (IF: 5.002; #citations: 53)

Pagoto SL, Schneider KL, Jojic M, **DeBiasse MA**, Mann D. Evidence-Based Strategies in Weight-Loss Mobile Apps. *American Journal of Preventative Medicine*. 2013;45(5):576-582. (IF: 5.043; #citations: 439)

Appelhans BM, Waring ME, Schneider KL, Pagoto SL, **DeBiasse MA**, Whited MC, Lynch EB. Delay discounting and intake of ready-to-eat and away-from-home foods in overweight and obese women. *Appetite*. 2012;59:576-584. (IF: 3.501; #citations: 123)

Bae R, Orgill D, **DeBiasse MA**, Demling RH. Management of a patient with advanced AIDS and Toxic Epidermal Necrolysis using human growth hormone and G-CSF. *AIDS Patient Care & STDs*. 1997;11(3):125-129. (IF: 4.041; #citations: 6)

Gamliel Z, **DeBiasse MA**, Demling RH. Essential microminerals and their response to burn injury. *Journal of Burn Care and Rehabilitation*. 1996;17(3):264-272. (IF: ?; #citations: 44)

Demling RH, **DeBiasse MA**. Micronutrients in critical illness. *Critical Care Clinics of North America*. 1995;11:651-673. (IF: 1.927; #citations: 88)

**DeBiasse MA**, Wilmore DW. What is optimal nutrition support? *New Horizons: The Science and Practice of Acute Medicine*. 1994;2:122-130. (IF: n/a; #citations: 116)

#### **PUBLISHED ABSTRACTS**

Tibboles C, **DeBiasse MA**, Ludy MJ, Hamady CH. Reflections of LGBTQ+-Identifying Dietetics Students, Interns, and Early-Career Practitioners. 2023 Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo, October 2023.

**DeBiasse MA**, Branham A, McFarland N. (Abstract) Experiences of LGBTQ-identifying students, interns, and practitioners of dietetics. *Journal of the Academy of Nutrition and Dietetics*. 2021; 121(10):A138

Quintiliani LM, **DeBiasse MA**, Branco JM, Gees Bhosrekar S, Rorie JA, Bowen DJ. (Abstract) Enhancing physical and social environments to reduce obesity among public housing residents: Rationale, trial design, baseline data. *Annals of Behavioral Medicine*. 2014;37:S118.

Bush AM, Whited MC, Appelhans BM, Schneider KL, **DeBiasse MA**, Oleski J, Waring ME, Curtin C, Pagoto SL. (Abstract) Does behavioral weight loss treatment reliably improve or worsen depression among women with major depression? *Annals of Behavioral Medicine*. 2012;43:S111-S111. (IF: 2.976, #citations: 1)

Whited MC, Schneider KL, Appelhans BM, Ma Y, Waring, ME, **DeBiasse MA**, Busch AM, Oleski J, Merriam P, Olendzki B, Crawford S, Ockene I, Pagoto SL. (Abstract) Under-reporting of caloric intake among obese women with depression. *Annals of Behavioral Medicine*. 2012;43:S192-S192.

Appelhans BM, Woolf K, **DeBiasse MA**, Whited MC, Pagoto SL, Schneider KL. (Abstract) Delay discounting, food convenience, and energy intake among overweight and obese women. *Annals of Behavioral Medicine*. 2012;43:S108-S108.

Lenders CL, Heinrick JR, **DeBiasse MA**, Gorman KA. (Abstract) Secondary prevention of obesity among children age 5 and under. *FASEB Journal*. 2011;25:01.

**DeBiasse MA**, Fairchild MM, Brown R. (Abstract) Menu choices of hospitalized patients with malignancy diagnoses vs. hospitalized patients without malignancy diagnoses. *Journal of the American Dietetic Association*. 1992; 92(suppl) A-29.

#### **OPEDs**

**DeBiasse MAS**. All Americans deserve a healthy diet. Here's one way to help make that happen. The Brink (Pioneering research from Boston University). May 12, 2024  
<https://www.bu.edu/articles/2024/how-to-get-a-healthy-diet/>

#### **POSTER PRESENTATIONS**

##### **National**

Tibboles C, **DeBiasse MA**, Ludy MJ, Hamady CH. Reflections of LGBTQ+-Identifying Dietetics Students, Interns, and Early-Career Practitioners. 2023 Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo, October 2023.

**DeBiasse MA**, Peters S, Baderha B. Dress Codes Written for Dietetics Education Programs: A Foucauldian Discourse Analysis. Association for Women in Psychology, 2022 Annual Conference, March 5-7 2022, Chicago, IL and virtual.

**DeBiasse MA**, Branham AK, McFarland NR. Experiences of LGBTQ-identifying students, interns, and practitioners of dietetics. 2021 Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo, October 2021. (Virtual).

**DeBiasse MA**, Bowen DJ, Pagoto SL, Quintiliani LM. Theory of Planned Behavior and implementation intentions to improve fruit and vegetable intake in women of low socioeconomic status. Abstract/poster presented at Society of Behavioral Medicine 35th Annual Meeting & Scientific Sessions; March-April 2016; Washington, DC.

Pagoto SL, Schneider KL, Jojic M, **DeBiasse MA**, Mann D. How evidence-based are weight loss mobile apps? Abstract/poster presented at Society of Behavioral Medicine 34th Annual Meeting & Scientific Sessions; March 2013; San Francisco, CA.

Whited MC, Waring ME, Appelhans BM, Schneider KL, **DeBiasse MA**, Busch AM, Oleski J, Merriam P, Ma Y, Olendzki B, Crawford S, Lemon S, Pagoto SL. Pre-treatment weight change and weight-loss treatment outcome in obese women with depression. Abstract/poster presented at Society of Behavioral Medicine 33rd Annual Meeting & Scientific Sessions; April 2012; New Orleans, LA.

## **Regional**

Burt KG, Rajan A, Qamar Z, **DeBiasse MA**. A social media intervention for dietetics professionals to increase awareness about racial/ethnic diversity and inclusion in dietetics: Black voices centered. Abstract/poster presented at Massachusetts Academy of Nutrition and Dietetics Annual Conference and Expo; April 3, 2020; Norwood, MA. (Rescheduled for October 2020.)

**DeBiasse MA**, Bowen DJ, Quatromoni PA, Quinn EM, Quintiliani, LM. Acceptability of dietary intake assessment via 24-hour recall and food frequency questionnaire among women with low socioeconomic status. Abstract/poster presented at Massachusetts Academy of Nutrition and Dietetics Annual Conference and Expo; March 23, 2018; Norwood, MA.

DeBruijn S, **DeBiasse MA**. Development of a nutritional risk screening tool for oncology outpatients. Abstract/poster presented at Massachusetts Dietetic Association Annual Meeting; March 2006; Norwood, MA.

Lanifero A, Patton K, **DeBiasse-Fortin MA**. Diabetes self-management education: Does a limited inpatient education improve knowledge? Abstract/poster presented at Massachusetts Dietetic Association Annual Meeting; March 2002; Norwood, MA.

## **Local**

**DeBiasse MA**, Quintiliani LM, Bowen DJ, Pagoto SL, Massaro JM, Istfan N. Improving fruit and vegetable intake in women residents of public housing using implementation intentions: Rationale and trial design. Abstract/poster presented at Fourth Annual BU CTSI Translational Science Symposium: Research on Disparities in Health Care; October 2014; Boston, MA.

Appelhans BM, Woolf K, **DeBiasse MA**, Whited MC, Pagoto SL, Schneider KL. Impulsivity, food convenience, and energy intake among overweight and obese women. Abstract/poster presented at Boston University School of Medicine/Graduate Medical Sciences Student Research Day; May 2012; Boston, MA

## **OTHER PUBLICATIONS**

**DeBiasse, MA**. Black History Month Spotlight: Three Trailblazers in the history of nutrition/dietetics education. . NDEP-Line (Nutrition and Dietetic Educators and Preceptors of the Academy of Nutrition and Dietetics). Spring, 2024, 9-11.

**DeBiasse MA**. Biases inherent in student evaluations of teaching: A brief review to inform evaluation of dietetics students. NDEP-Line (Nutrition and Dietetic Educators and Preceptors of the Academy of Nutrition and Dietetics). Winter, 2023, 5-10.

**DeBiasse, MA**. "The Theory of Planned Behavior and Implementation Intentions to Describe and Improve Fruit and Vegetable Intake in Women of Low Socioeconomic Status." Order No. 10191278 Boston University, 2016. Ann Arbor: ProQuest. Web. 24 Jan. 2018.



Pagoto SL, Schneider KL, Jojic M, **DeBiasse MA**, Mann DM. Weight loss using evidence-based strategies in mobile apps. Authors' response. Am J Prev Med. 2014;47(1):e2. (IF: 5.043; #citations: 4)

#### **PEER REVIEWED BOOK CHAPTERS**

**DeBiasse MAS**, Joy P, Purdy CT, O'Flaherty JA, Dhawn S. "Diversity, Equity, and Inclusion in Dietetics" Chapter to be published in book Diversity, Equity, and Inclusion in Healthcare Professions. Elsevier, Amsterdam, Netherlands (2024).

**DeBiasse MA**. Wound care: pressure ulcers. In: Skipper A, ed. American Dietetic Association's Nutrition Care Manual. Chicago, IL: American Dietetic Association; 2009. <http://www.adancm.org>.

**DeBiasse-Fortin, MA**. Minerals and trace elements. In Contemporary Issues in Nutrition Support Practice: A Clinical Guide, 2nd edition. L. Martarese, M. Gottschlich, eds. Elsevier Science/WB Saunders, St. Louis, MO, 2003.

#### **OTHER BOOK CHAPTERS**

**DeBiasse MA**. Nutrition. In Surgical Intern Guide. A. Karavas, N. Pecquex and A. Hackford, eds. Caritas-St Elizabeth's Medical Center Department of Surgery, Boston, 2006.

**DeBiasse MA**. Nutritional support of trauma patients. Brigham and Women's Hospital Trauma Center News. 1995;1(4):1,4.

**DeBiasse MA**. Total parenteral nutrition base solutions, additives, and compounding reference manual. New Haven, CT: Yale New Haven Hospital, 1991.

**DeBiasse MA**. Dietary management of symptoms associated with cancer and cancer therapies. In: Ford DA ed. Yale New Haven Hospital/West Haven Veteran's Administration Medical Center Manual of Clinical Dietetics. New Haven, CT: Yale New Haven Hospital, 1990.

**DeBiasse MA**. Neutropenic diet. In: Ford DA ed. Yale New Haven Hospital/West Haven Veteran's Administration Medical Center Manual of Clinical Dietetics. New Haven, CT: Yale New Haven Hospital, 1990.

**DeBiasse MA**. Diet during bone marrow transplantation. In: Ford DA ed. Yale New Haven Hospital/West Haven Veteran's Administration Medical Center Manual of Clinical Dietetics. New Haven, CT: Yale New Haven Hospital, 1990.

Baustert LM, **DeBiasse MA**. Renal diets. In: Ford DA ed. Yale New Haven Hospital/West Haven Veteran's Administration Medical Center Manual of Clinical Dietetics. New Haven, CT: Yale New Haven Hospital, 1990.

### **LAB RESEARCH PROJECTS IN PROGRESS**

(June 2023 – present) Race traitors: Backlash against majoritized people who engage in social justice research and scholarship. Research team: DeBiase MA, Burt KG. (Boston University, CUNY Lehman College)

(Sept 2022 – present) Experiences of LGBTQ identified students, interns and professionals in dietetics: An extension of DeBiase MA, Branham A, McFarland N. Experiences of LGBTQ-identifying students, interns, and practitioners of dietetics.

Research team: Tibboles C, Hamady CM, Ludy MJ (Bowling Green State University), DeBiase MAS (Boston University)

(September 2022 - present) Queering Health Sciences Education: Experiences of students and queer-identified faculty.

Research team: (PI) DeBiase MA, Moreira J, Godley S (Boston University)

(September 2022 – present) Working group submitting proposal to NCHS/NHANES to standardize the collection of demographic data related to sex, gender and sexuality.

Writing group: Linsenmeyer W (St Louis), Joy P (Canada), Brady J (Canada), Schier H (Oklahoma), Garwood S (Missouri), Christopher L (Missouri), Waters J (Illinois), DeBiase MAS (Boston)

(June 2021 – present) The role of white fragility, distress tolerance, emotional regulation and engagement in anti-racist activities.

Research team: (PI) DeBiase MA, Peters S, Yilma, H (Boston University)

### **COURSES TAUGHT**

SAR HS 251/551 Human Nutrition Science

4 cr; Graduate and Undergraduate-level; Enrollment=130; Revised

SAR HS 742 Nutrition and Disease Prevention: A Lifecourse Approach

4 cr; Graduate-level; Enrollment=25; Revised

SAR HS 395 Food, Supplements and Consumer Health

4 cr; Undergraduate-level; Enrollment=10; Substantially revised

SAR HS 783 Metabolic Regulation

4 cr; Graduate-level; Enrollment=25; Substantially revised

SAR HS 785 Research in Clinical Nutrition

3 cr; Graduate-level; Enrollment=25; Substantially revised

SAR HS 467 Undergraduate Nutrition Research

2 cr; Undergraduate-level; Enrollment=15; Substantially revised

SAR HS 400/CAS WS 400 Gender & Healthcare

4 cr; Undergraduate-level; Enrollment=20; Co-developed and co-taught

SAR HS 467 Research Methods in Nutrition  
2 cr; Undergraduate-level; Enrollment=20; Minimally revised

SAR HS 397 Nutrition & Chronic Disease  
4 cr; Undergraduate & Graduate-level; Enrollment=20; Developed course

SAR HS 384/584 Medical Nutrition Therapy I  
4 cr; Undergraduate & Graduate-level; Enrollment=25; Minimally revised

SAR HS 704 Issues in Delivery of Dietetic Services  
2 cr; Graduate seminar; Enrollment=25; Substantially revised

SAR HS 420/520 Managing Food & Nutrition Services II  
4 cr; Undergraduate & Graduate-level; Enrollment=25; Developed course

SAR HS 310/510 Managing Food & Nutrition Services I  
4 cr; Undergraduate & Graduate-level; Enrollment=25; Developed course

#### **INVITED CLASS INSTRUCTION**

Boston University/Sargent College, Boston, MA  
Introduction to Nutrition: "Energy Metabolism"

Brigham and Women's Hospital, Boston, MA  
"Can Feminist Theory Guide Positive Change for the Dietetics Profession?"  
Brigham and Women's Hospital dietetic internship

Boston University/Sargent College, Boston, MA  
Essentials of Professional Practice "Can Feminist Theory Guide Positive Change for the Dietetics Profession?"

Boston University/Sargent College, Boston, MA  
Advanced Clinical Nutrition "Medical Nutrition Therapy in Acute Renal Failure"

Boston University/Sargent College, Boston, MA  
Advanced Clinical Nutrition "Medical Nutrition Therapy in Bone Marrow Transplant"

Boston University School of Medicine, Boston, MA  
An Update on the Management of Obesity "Dietary Management of Obesity"

Boston University School of Medicine, Boston, MA  
An Endocrinology Update for the Primary Care Provider with a Special Focus on Diabetes

Boston University/Sargent College, Boston, MA

Advanced Clinical Nutrition “Burn Nutrition”

Harvard Medical School, Boston, MA

“Nutritional Assessment and Therapeutics”

Yale University, School of Nursing, New Haven, CT

“Oncology Specialty Seminar”

Yale University, School of Medicine, New Haven, CT

“Cardiology Nutrition Workshop”

Rush University, School of Medicine, Chicago, IL

“Enteral Nutrition”

Rush University, College of Health Sciences, Chicago, IL

“Nutrition and Cancer”

## **STUDENT MENTORSHIP**

Graduate students/researchers:

- *J Trifan (Fall 2022 – Fall 2023)* Graduate Assistant on “White fragility” and “Community fridges” research projects
- *T Koscho (Spring 2021)* Human Physiology Program Master's degree capstone project - literature review and synthesis to answer a specific research question related to human physiology and metabolism
- *N McFarland (AY 2020-2021)* Research project "Experiences of LGBTQ students, interns and professionals in dietetics" - Transcription of interviews, development of qualitative code book, coding, research poster presentation.
- *A Rajan (AY 2019-2020)* Research project "#InclusiveDietetics" - Data collection, annotated bibliography, descriptive statistics, research poster.
- *E Rice (Fall 2009/Spring 2010)* Exploration and identification of "best practice" pedagogical methods for use in higher education - Annotated bibliography and teaching experience.

Undergraduate students/researchers:

- *B Bujiriri (Spring 2022)* Independent study "Immigrant Perspectives on COVID-19"
- *J Weber (Fall 2021/Spring 2022)* Kilchard Honors College, Keystone Project "Community Fridges as a Food Insecurity Intervention"
- *D Fryer (Fall 2016/Spring 2017)* (coadvisor: E Lawson, MD, MMSc, Principal Investigator, Interdisciplinary research, Oxytocin and avoidant/restrictive eating patterns) - data collection and analysis, preparation of research poster and presentation at national meeting.

## **SERVICE**

International

Associate Editor, Journal of Critical Dietetics

(2023- present)

Editorial Board Member, Journal of Dietetic Education  
(2022-present)

Board Member, World Critical Dietetics, Canada  
(2021-2024)

National

External grant review: Clinical and Translational Science Institute (CTSI)/External Reviewers Exchange Consortium (CEREC), Penn State

*Feasibility of Immersive Virtual Reality (iVR) Dietician Program in Patients with Metabolic-dysfunction Associated Steatotic Liver Disease (MASLD)*  
January 2024

Editor, NDEP-Line

Quarterly newsletter for the Academy of Nutrition and Dietetics organizational unit Nutrition and Dietetic Educators and Preceptors (NDEP) September 1, 2023 – present

Ad hoc advisor to the Academy of Nutrition and Dietetics Prioritizing Diversity and Inclusion in Nutrition and Dietetics Fellow (M. Allsopp) May 2022 – June 2023

Review promotion dossier/letter of support for promotion (Untenured) Assistant Professor to (Untenured) Associate Professor (Jennifer Tomesko, DCN, RDN, Rutgers University) December 2021

Review promotion dossier/letter of support for promotion Clinical Assistant Professor to Clinical Associate Professor (Tracey Brigman, EdD, MS, RDN, University of Georgia) June 2021

Advocate for change in name of Lenna Frances Cooper Lecture Award, presented by the Academy in Nutrition and Dietetics, in light of identified association between Ms. Cooper and the eugenics movement in the United States. (2020-2021) Official date of name change adopted by the Academy Board of Directors, November 24, 2021.

Diversify Dietetics, Speaker/Facilitator DICAS Application Support Program Workshop Series  
(2020)

Diversify Dietetics, DICAS Application Support Program  
Provide mentoring/support to diverse applicants for ACEND-accredited and graduate education programs (2016-present)

Advocate for Diversity, Equity, Inclusion and Social Justice in Dietetics Practice (2019- present)

Advocated for change to current demographic data collection practices by the Academy of Nutrition and Dietetics to align with current national diversity standards (January 2020-present)

Proposed addition of new national member interest group to the Academy of Nutrition and Dietetics: Academy Members for Diversity and Inclusion in Dietetics (AMDID) (January 2020)

Influenced change in communication from the Academy of Nutrition and Dietetics: Revision of Professional Civility Pledge, August 2019

Diversity Liaison, Academy of Nutrition and Dietetics Research Dietetic Practice Group  
Two-year appointment June 2019-2020.

Academy of Nutrition and Dietetics, Research Dietetics Practice Group Research grant, author and abstract awards, December 2019

American Society for Parenteral and Enteral Nutrition  
Abstract Review Committee, 2011, 2012

Academy of Nutrition and Dietetics/Commission on Dietetic Registration  
Writing Committee, National Board Exam for Certified Specialists in Metabolic Nutrition, 1996

### University

*Faculty advisor for BU chapter*

PERIOD (2018 – 2023)

PERIOD is a global youth-powered nonprofit focused on eradicating period poverty and period stigma through service, education and advocacy.

### *Faculty searches*

AY 2022/2023 (Member) Clinical Assistant Professor and Program Director, Behavior and Health Program, Occupational Therapy Department, College of Health & Rehabilitation Sciences: Sargent College, Boston University

AY 2021/2022 (Chair) Assistant Professor (tenure track), Programs in Nutrition, College of Health & Rehabilitation Sciences: Sargent College, Boston University

AY 2020/2021 (Member) Clinical Assistant Professor, Health Science Program, College of Health & Rehabilitation Sciences: Sargent College, Boston University

AY 2018/2019 (Chair) Clinical Assistant Professor, Programs in Nutrition, College of Health & Rehabilitation Sciences: Sargent College, Boston University

AY 2017/2018 (Member) Clinical Assistant Professor, Occupational Therapy, College of Health & Rehabilitation Sciences: Sargent College

AY 2016/2017 (Chair) Search Committee: Lecturer Nutrition, Programs in Nutrition, College of Health & Rehabilitation Sciences: Sargent College, Boston University

AY 2015/2016 (Member) Search Committee: Clinical Associate Professor, Programs in Nutrition, College of Health & Rehabilitation Sciences: Sargent College, Boston University

*University-level committees*

Women's, Gender, and Sexuality Studies Curriculum Review Committee, College of Arts and Sciences (2021-present)

Boston University Board on Student Conduct Office of the Provost, Boston University (2021-present)

Office of Diversity and Inclusion Faculty Staff Network Treasurer: Allies and Advocates Network, Office of the Provost, Boston University (2020-2021)

Boston University/College of Arts and Sciences/Women's, Gender & Sexuality Studies Program, Small-Grants Awards Committee (2019-2020)

Boston University School of Medicine/Graduate Medical Sciences/Master of Science in Health Science Education Program Advisory Board (2016-present)

Boston University Task Force on Alcohol, Office of the President (2011-2013)

Boston University Faculty Council (2008)

*College-level committees*

College of Health & Rehabilitation Sciences: Sargent College, Internal Grant Review Committee (2023)

Boston University/Sargent College Professional Programs/Inter-professional Education Committee

Boston University/Sargent College Graduate Programs Committee

Boston University/Sargent College Undergraduate Programs Committee

Committee on Academic Policies and Procedures (CAPP), College of Health & Rehabilitation Sciences: Sargent College, Boston University (Chair, Member)

Award of Merit Review Committee, College of Health & Rehabilitation Sciences: Sargent College, Boston University

Sargent College Faculty Council, College of Health & Rehabilitation Sciences: Sargent College, Boston University

*Program-level committees*

Graduate Admissions Committee, College of Health & Rehabilitation Sciences: Sargent College, Boston University (Chair 2016-present)(Member 2008-2016; 2022-present)

## **PEER REVIEWER**

### *Books*

Gottschlich M, ed. Nutrition Support Core Curriculum: A Case-Based Approach – the Adult Patient. American Society for Parenteral and Enteral Nutrition, Silver Spring, MD, 2007.

L. Martarese, M. Gottschlich, eds. Contemporary Issues in Nutrition Support Practice: A Clinical Guide, 2nd edition. . Elsevier Science/WB Saunders, St. Louis, MO, 2003.

Krause MV, Mahan LK, eds. Food, Nutrition & Diet Therapy, 11th Ed. Philadelphia, W.B. Saunders Company, 2002.

### *Peer Review Scientific Journals*

Health Promotion Practice, Sage Journals, USA (IF: 1.900)

Journal of Critical Dietetics, Canada

AMA Journal of Ethics, American Medical Association, Chicago, IL (IF: 1.225)

Equity & Excellence in Education, Taylor & Francis, Amherst, MA. (SNIP: 1.401)

Journal of Dietetic Education (Editorial Board Member/Reviewer), eCommons, University of Dayton, Dayton, OH. (IF: n/a)

Qualitative Health Research, Sage Publications, Ltd., 1 Oliver's Yard, London. (IF: 2.623)

Nutrients. MDPI, St. Alban-Anlage 66, 4052 Basel, Switzerland. (IF: 5.717)

Journal of the Academy of Nutrition & Dietetics. Academy of Nutrition & Dietetics. Chicago, IL. (IF: 4.141)  
Journal of Parenteral and Enteral Nutrition. American Society for Parenteral and Enteral Nutrition. Silver Spring, MD. (IF: 3.151)

Nutrition in Clinical Practice. John Wiley & Sons, Inc., Hoboken, NJ. (IF: 2.401)

Health Equity. Mary Ann Liebert, Inc. New Rochelle, NY. (IF: 1.96)

Journal of Health Disparity Research & Practice. University of Nevada, Las Vegas. Las Vegas, NV. (IF: n/a)

## **MASS COMMUNICATIONS**

### **MEDIA FEATURE OF PUBLICATIONS**

#### *International*

#### **The Globe and Mail (Toronto, Canada) (January 2020)**

<https://www.theglobeandmail.com/canada/article-ottawa-hospital-research-institute-testing-brain-hack-that-could/>



**CBC News (Canada) (Oct 2013)**

<http://www.cbc.ca/news/health/weight-loss-apps-missing-key-strategies-1.1928899>

**Daily Mail (United Kingdom) (Oct 2013)**

<http://www.dailymail.co.uk/health/article-2449318/Diet-apps-dont-work-lack-motivation.html>

**Daily Telegraph (Australia) (Oct 2013)**

<http://www.dailytelegraph.com.au/lifestyle/health/phone-diet-apps-don8217t-work-here8217s-why/story-fni0dihe-1226734768329>

**Huffington Post (United Kingdom) (Aug 2013)**

[http://www.huffingtonpost.co.uk/2013/10/08/diet-apps-weight-loss\\_n\\_4061599.html?utm\\_hp\\_ref=tw](http://www.huffingtonpost.co.uk/2013/10/08/diet-apps-weight-loss_n_4061599.html?utm_hp_ref=tw)

*National*

**NBC News (Oct 2013)**

<http://www.nbcnews.com/health/do-weight-loss-apps-offer-all-dieters-need-slim-chance-8C11359491>

**News Medical (Oct 2013)**

<http://www.news-medical.net/news/20131009/Most-mobile-apps-lack-behavioral-weight-loss-strategies.aspx>

**ABC News (Oct 2013)**

<http://www.weartv.com/news/features/top-stories/stories/weight-loss-apps-36898.shtml>

**ABC Chicago (Oct 2013)**

<http://abclocal.go.com/wls/story?section=news/health&id=9279782>

**Time.com (Oct 2013)**

[http://healthland.time.com/2013/10/08/weight-loss-apps-dont-waste-your-money/?utm\\_medium=App.net&utm\\_source=PourOver](http://healthland.time.com/2013/10/08/weight-loss-apps-dont-waste-your-money/?utm_medium=App.net&utm_source=PourOver)

*Regional*

**NECN News (Oct 2013)**

[http://www.necn.com/10/08/13/Weight-loss-apps-Do-they-work/landing\\_features.html?blockID=854585](http://www.necn.com/10/08/13/Weight-loss-apps-Do-they-work/landing_features.html?blockID=854585)

*Local*

**BU Today (September 2021)**

POV: Who is forgotten in our discussion of abortion?

[https://www.bu.edu/articles/2021/pov-nonbinary-people-and-trans-men-need-abortion-care-too/?utm\\_campaign=bu\\_today&utm\\_source=email\\_20210913\\_full&utm\\_medium=2\\_must\\_read\\_4&utm\\_content=opinion](https://www.bu.edu/articles/2021/pov-nonbinary-people-and-trans-men-need-abortion-care-too/?utm_campaign=bu_today&utm_source=email_20210913_full&utm_medium=2_must_read_4&utm_content=opinion)

**The Daily Free Press (June 2020)**

<https://dailyfreepress.com/2020/06/24/faculty-students-spend-day-engaging-in-multi-faceted-conversations-on-race/>

**BU Today (Jan 2016)**

<http://www.bu.edu/today/2016/making-a-plan-and-sticking-to-it/>

*Miscellaneous electronic news outlets*

<http://esciencenews.com/articles/2013/10/08/evaluating.mobile.weight.loss.apps.use.evidence.based.behavioral.strategies>

<http://www.livescience.com/40265-weight-loss-apps-strategies.html>

<http://www.webpronews.com/weight-loss-apps-need-work-shows-study-2013-10>

<http://www.cfah.org/hbns/2013/weight-loss-apps-lack-key-ingredients-for-success#.UmWJxhCqako>

<http://www.medworm.com/rss/search.php?qu=diabetes+diabetics+diabetic&kid=33&t=Diabetes&f=c>

[https://tonic.vice.com/en\\_us/article/59j8bn/the-whole-30-diet-wont-fix-your-relationship-with-food](https://tonic.vice.com/en_us/article/59j8bn/the-whole-30-diet-wont-fix-your-relationship-with-food)

**MEDIA & PRINT APPEARANCES***Television*

05/30/2006 “How a ‘cellular’ diet can help you lose weight” (CBS4 Boston News)

05/26/2006 “Simple ways to prevent food poisoning at cookouts” (CBS4 Boston News)

04/11/2006 “Kids put new, whole grain bread to the test” (CBS4 Boston News)

11/20/2006 “New gadget helps you lose weight” (CBS4 Boston News)

11/20/2006 “Eating, cooking in car just got easier” (CBS4 Boston News)

11/18/2006 “Some fruits, vegetables can make you sick” (CBS4 Boston News)

*Print/e-Publications*

May 16, 2018 – Tonic.Vice: “The Whole30 Won’t Fix your Relationship with Food” January 12, 2016 - BU Today: “Making a plan and sticking to it”

September, 2015 – Inside Sargent: “Making a plan and sticking to it”

**PODCASTS**

01/24/20 Diversify Dietetics, Season 3 Episode 1: “Inclusive Dietetics”

<https://www.diversifydietetics.org/podcast/2020/1/23/season-3-episode-1-inclusive-dietetics>

**WEBINARS**

World Critical Dietetics

“Blacks and Racism in the Dietetics Field: From Diet Related Disparities to Racial Microaggression”, April 22, 2021

July 6, 2020 “Diversity and Inclusion in Dietetics: Educators as Allies and Advocates” Academy of Nutrition and Dietetics/Nutrition and Dietetics Educators and Preceptors (NDEP) (with Katherine Burt, PhD, RDN, CUNY/Lehman College, NY

## **INVITED PRESENTATIONS**

### *International*

World Critical Dietetics

“Blacks and Racism in the Dietetics Field: From Diet Related Disparities to Racial Microaggression”, April 22, 2021

### *National*

Food & Nutrition Conference and Expo (FNCE) 2020

NDEP Roundtable

“Improving Diversity and Inclusion in Dietetics”, October 18, 2020

Day of Collective Engagement: Racism and Antiracism, Our Realities and Our Role

Boston University, Office of Diversity and Inclusion, Boston, MA “Racism & Antiracism in the Clinical Medical Practice”, June 24, 2020

Health Matters: A virtual conference

Boston University/College of Health & Rehabilitation Sciences: Sargent College “Using behavior theory to change dietary health behaviors”, September 2015

American Burn Association Annual Meeting/Dietitian’s Practice Group, Albuquerque, NM

“Guidelines for the Nutritional Management of the Burn Patient”, 1995

Emergency and Trauma Nursing National Conference, Boston, MA “Nutritional Management of the Trauma Patient: Enteral vs. Parenteral Nutrition and Other Controversies”, 1995

### *Regional*

2020 NDEP Eastern Regional Meeting, Manchester, NH

“Diversity and Inclusion Dietetics: Educators as Allies and Advocates”, April 2020 (Cancelled d/t COVID-19)

Massachusetts Academy of Nutrition and Dietetics Annual Meeting, Boston, MA

“Women at work: Does gender affect women’s ability to successfully work, lead and negotiate?”

Massachusetts Academy of Nutrition and Dietetics, Annual Conference & Expo 2018

Massachusetts Dietetic Association/Student Dietetic Association, Boston, MA

5th Annual Career Development Workshop

Jean Mayer USDA Human Nutrition Research Center on Aging/Tufts University, 2012

Massachusetts Dietetic Association/Student Dietetic Association, Boston, MA

4th Annual Career Development Workshop

Jean Mayer USDA Human Nutrition Research Center on Aging/Tufts University, 2011

Massachusetts Dietetic Association/Dietitians in Nutrition Support Practice Group, Boston, MA

“Minerals and Trace Elements in Critical Illness”, 2001

Massachusetts Dietetic Association/Dietitians in Nutrition Support Practice Group, Boston, MA

“Micronutrient Requirements in the Critically Ill”, 1997

*Local*

Brigham and Women’s Hospital Dietetic Internship Program, Boston, MA

“Improving Diversity to Improve Dietetics”, January 2020

Tufts University School of Medicine/Steward Healthcare - St. Elizabeth’s Medical Center, Boston, MA

Medical Residency Program: “Parenteral and Enteral Nutrition Support”, 2014

Boston University/Sargent College, Boston, MA

Interdisciplinary Grand Rounds, 2012

Boston University School of Medicine/Graduate Medical Sciences, Boston, MA

Seminar: “Effect of Surgically-Induced Weight Loss (SIWL) on Diabetes and Cardiovascular Risk Reduction, Incidence of Cancer and Mortality”, 2010

Boston University/Sargent College, Boston, MA

Interdisciplinary Grand Rounds, 2010

Boston University/Sargent College, Boston, MA Meredith Drensch Lecture: Dr. Audry Holland, speaker

Interdisciplinary panel presentation, 2009

Boston University/Sargent College/Parkinson’s Disease and Movement Disorders Center, Boston, MA

A Parkinsons’ Disease Seminar for Healthcare Professionals: Evidence-Based Concepts and Current Treatment Approaches: “Nutritional Considerations: Important Information for Your Patients”, 2009

Tufts University School of Medicine/Caritas-St. Elizabeth’s Medical Center, Boston, MA

Medical Residency Program: “Myths and Legends in Medical Nutrition Therapy and Nutrition Support”, 2009

Boston University/Sargent College/Parkinson’s Disease and Movement Disorders Center, Boston, MA

Multiple Sclerosis “Good Start” Program: “Nutrition Issues in Parkinson’s Disease”, 2008, 2009

Tufts University School of Medicine/Caritas-St. Elizabeth’s Medical Center, Boston, MA

Medical Residency Program: “Prescribing Parenteral Nutrition: A Primer for Interns and Residents”, 2005, 2006, 2007

Tufts University School of Medicine/Caritas-St. Elizabeth's Medical Center, Boston, MA  
Surgical Residency/Physician's Assistant Program: "Prescribing Parenteral Nutrition: A primer for physicians and PAs", 2005

Tufts University School of Medicine/Caritas-St. Elizabeth's Medical Center, Boston, MA  
Department of Surgery Grand Rounds (with Dr. Denis P. Orgill, PhD, MD): "Surgical and Nutritional Management of Burns and Wounds", 2005

Tufts University School of Medicine/Caritas-St. Elizabeth's Medical Center, Boston, MA  
Department of Medicine/Medical Residency Program: "Enteral and Parenteral Nutrition Support", 2004

Quincy Hospital, Department of Surgery, Quincy, MA  
Department of Surgery: "Parenteral Nutrition: Overview and Case Studies", 1998

Brigham and Women's Hospital, Boston, MA  
Boston Area Dietetic Internship Joint Class: "Complications of Enteral and Parenteral Nutrition", 1996

Harvard Medical School/Brigham and Women's Hospital, Boston, MA  
Surgical Resident Weekly Conference: "Topics in Nutritional Management of the Critically-III", 1995, 1996

Brigham and Women's Hospital, New England Deaconess Hospital, Beth Israel Hospital, Children's Hospital, Boston, MA  
Longwood Medical Area Rounds- Case Presentation, 1993

Dietetic Technician Special Interest Group of Connecticut, New Haven, CT  
"Medical and Nutritional Care of the Bone Marrow Transplant Patient", 1992

Yale University, School of Nursing, New Haven, CT  
Advocating for Children Second Annual Conference: "Nutritional Considerations in Chronically III Children", 1991

YNHH Department of Nursing Education, New Haven, CT  
"Bone Marrow Transplantation: The Multi-disciplinary Challenge - Nutritional Considerations in the Bone Marrow Transplant Patient", 1988, 1989, 1990, 1991, 1992

YNHH Department of Nursing Education, New Haven, CT  
Oncology Nursing Core Curriculum- "Nutritional Considerations in the Oncology Patient", 1989, 1990, 1991, 1992

Yale New Haven Hospital Dietetic Internship Program, New Haven, CT  
"Nutrition in Malignancy", 1990, 1991, 1992

"Bone Marrow Transplantation- Overview of Medical and Nutritional Implications", 1988, 1989, 1990, 1991, 1992

“Renal Disease, Fluid and Electrolyte Balance”, 1989

### **REGISTRATION & CERTIFICATIONS**

Registered Dietitian Nutritionist, #720355

Licensed Dietitian Nutritionist #LDN7312

ServSafe Certification, #16407689

### **HONORS & AWARDS**

E Virginia Pinney Award,

Rush University, Chicago, IL

Awarded to a graduate student who demonstrates outstanding leadership potential in the profession of dietetics

Dean’s Award for Academic Excellence,

Rush University, Chicago, IL

Awarded to the graduate student in the College of Health Sciences graduating with the highest GPA

### **PROFESSIONAL POSITIONS HELD**

Senior Clinical Dietitian,

Caritas-St. Elizabeth’s Medical Center, Boston, MA (2008-2012)

Clinical Nutrition Manager/Critical Care Dietitian,

Caritas-St. Elizabeth’s Medical Center, Boston, MA (2004-2008)

Clinical Nutrition Manager/Critical Care Dietitian,

Quincy Medical Center, Quincy, MA (2001-2004)

Associate Chief Clinical Dietitian/Nutrition Support Dietitian, Quincy Medical Center, Quincy, MA (1997-2001)

Senior Dietitian, Clinical Manager/Team Leader, Brigham & Women’s Hospital, Boston, MA (1992-1997)

Clinical Nutrition Specialist/Nutrition Support Team Dietitian, Yale-New Haven Hospital, New Haven, CT (1988-1992)

Clinical/Critical Care/Nutrition Support Team Dietitian,

Rush-Presbyterian-St. Luke’s Medical Center, Chicago, IL (1988)

### **PROFESSIONAL MEMBERSHIPS**

*Current*

Academy of Nutrition & Dietetics (AND)

Nutrition and Dietetics Educators and Preceptors of AND (NDEP)

Massachusetts Academy of Nutrition and Dietetics (MAND)  
World Critical Dietetics (WCD)

*Previous*

Society of Behavioral Medicine (SBM) American Society for Nutrition (ASN)  
American Society for Parenteral and Enteral Nutrition (ASPEN)  
Boston Nutrition Obesity Research Center (BNORC)  
Nutrition Research Practice Group of AND