

Do you have trouble sleeping?



Looking for Desert Shield/Desert Storm Gulf War Veterans for a sleep research study

What is this study about?

- We are trying to find out if helping Gulf War veterans sleep better will also relieve symptoms of Gulf War Illness. All study procedures are REMOTE.

Why Participate?

- Opportunity to receive sleep intervention.
- Contribute valuable information that may help other Veterans.
- Receive up to \$255 for taking part in this research study.

Who can Participate?

- Operation Desert Storm/Desert Shield Veterans who were deployed to the Gulf War between 1990-1991
- Must have sleep problems/insomnia.
- Must have Gulf War Illness symptoms (e.g., fatigue, pain, memory and/or concentration difficulties, skin, respiratory, and/or GI problems)

Interested? Want to find out more?

Call: **650-451-2747**

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University of California
San Francisco



San Francisco VA
Health Care System

