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Joseph S. Maimone, M.A.

Doctoral Student in Clinical Psychology The AMP Lab (PI: Daniel Fulford, Ph.D.) Boston University

Email: jmaimone@bu.edu

X (formerly Twitter): <u>@JosephMaimone1</u> LinkedIn: <u>www.linkedin.com/in/maimonejoseph</u>

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2022 - present	Boston University, Boston, MA Ph.D., Clinical Psychology Advisor: Daniel Fulford, Ph.D.
2022 - 2023	Boston University, Boston, MA M.A., Psychology
2012 - 2016	Boston College, Chestnut Hill, MA B.A., Linguistics, Senior Capstone Project: <i>Media language: Bias in form</i>
2015	University of Otago, Dunedin, New Zealand Semester abroad – Linguistics and Māori Studies

Fellowships

2025 National Institute of Mental Health (F31 NRSA) – Impact Score: 24, 15th percentile

Funding decision pending council review, scheduled for June 17th, 2025 *Idiographic modeling of loneliness: Testing a theory of social homeostasis*

Role: Principal Investigator Amount requested: \$129,828

Sponsor/Co-Sponsor: Daniel Fulford, Ph.D.; Aidan G. C. Wright, Ph.D.

Manuscripts

Peer-reviewed publications

- Kleiman, E. M., Bentley, K. H., Jaroszewski, A. C., Maimone, J. S., Fortgang, R. G., Zuromski, K. L., Kilbury, E. N., Stein, M. B., Beck, S., Huffman, J. C., Nock, M. K. (2024). Acceptability and feasibility of an ecological momentary intervention for managing emotional distress among psychiatric inpatients at risk for suicide. *Archives of Suicide Research*. https://doi-org.ezproxy.bu.edu/10.1080/13811118.2024.2391293
- 5. Coppersmith, D.D.L., Kleiman, E.M., Millner, A.J., Wang, S.B., Arizmendi, C., Bentley, K.H., DeMarco, D., Fortgang, R.G., Zuromski, K.L., **Maimone, J.S.**, Haim, A., Onnela, J.P., Bird, S.A., Smoller, J.W., Mair, P., & Nock, M.K. (2024). Heterogeneity in suicide risk: Evidence from personalized dynamic models. *Behaviour Research and Therapy*. https://doi.org/10.1016/j.brat.2024.104574
- 4. Ruork, A. K., **Maimone, J. S.**, Bentley, K. H., Nock, M. K., Kleiman, E. M. (2023). Latent profile analysis shows that greater instability in perceived social support correlates with increased urge to engage in risky behaviors. *Archives of Suicide Research*. https://doi.org/10.1080/13811118.2023.2280225

- 3. Coppersmith, D.D.L., Wang, S.B., Kleiman, E.M., **Maimone, J.S.**, Fedor, S., Bentley, K.H., Millner A.J., Fortgang, R.G., Picard, R.W., Beck, S., Huffman, J.C., Nock, M.K. (2023). Real-time digital monitoring of a suicide attempt by a hospital patient. *General Hospital Psychiatry*. https://doi.org/10.1016/j.genhosppsych.2022.12.005
- 2. Kleiman, E. M., Bentley, K. H., **Maimone, J. S.**, Lee, H. S., Kilbury, E. N., Fortgang, R. G., Zuromski, K. L., Huffman, J. C., Nock, M. K. (2021). Can passive measurement of physiological distress help better predict suicidal thinking? *Translational Psychiatry*. https://doi.org/10.1038/s41398-021-01730-y
- 1. Bentley, K. H., **Maimone, J. S.,** Kilbury, E. N., Tate, M. S., Wisniewski, H., Levine, M. T., Roberg, R., Torous, J. B., Nock, M. K., Kleiman, E. M. (2021). Practices for monitoring and responding to incoming data on self-injurious thoughts and behaviors in intensive longitudinal studies: A systematic review. *Clinical Psychology Review*. https://doi.org/10.1016/j.cpr.2021.102098

Manuscripts in preparation

- Andreson, P.*, **Maimone**, **J. S.***, Oude Maatman, F.*, Truijens, F., Eronen, M., Borsboom, D., Silan, M., (in preparation). Thinking clearly about validity in experience sampling methods. * *equal contributors*
- Maimone, J. S., Abplanalp, S. J., Gard, D. E., Busso, C., Onnela, J. P., Liu, Q., Fulford, D. (in preparation). Exploring mechanisms of loneliness using the Social Homeostasis Theory. Department of Psychological and Brain Sciences, Boston University.

Book chapters

- Ellard K. K., Bentley, K. H., **Maimone, J. S.**, & Uribe, S. (2023). Transdiagnostic CBT for Anxiety and Depressive Disorders. In S. Sprich, T. J. Peterson, S. Wilhelm (eds.), *The Massachusetts General Hospital Handbook of Cognitive Behavioral Therapy* (2nd ed., pp. 343-358). Springer. https://doi.org/10.1007/978-3-031-29368-9 23
- Bentley, K. H., **Maimone**, **J. S.**, Nock, M. K. (2021). Addressing self-injurious thoughts and behaviors within the context of transdiagnostic treatment for emotional disorders. In D. H. Barlow (ed.), *Clinical Handbook of Psychological Disorders* (6th ed, pp. 433-479). The Guilford Press. https://psycnet.apa.org/record/2021-54173-011

Oral Presentations

- Maimone, J. S., Abplanalp, S. J., Fulford, D. (2025, May 26-28). Exploring mechanisms of loneliness using the Social Homeostasis Theory. In R. Achterhof (Chair), *Young people's daily social lives, and their associations with health and well-being*. [Symposium presentation]. Conference of the Society of Ambulatory Assessment, Leuven, Belgium.
- Maimone, J. S., Bentley, K. H., Kilbury, E. N., Tate, M. S., Wisniewski, H., Levine, M. T., Roberg, R., Torous, J. B., Nock, M. K., Kleiman, E. M. (2021, October 27). Practices for monitoring and responding to incoming data on self-injurious thoughts and behaviors in intensive longitudinal studies: A systematic review. In M. Sinyor (Chair), *Roles for technology in suicide prevention*. [Oral presentation]. IASR/AFSP International Summit on Suicide Research, Barcelona, Spain.

Poster Presentations

- 16. Grunfeld, G., Botello, R., **Maimone, J.S.**, Baker, J. T., Fulford, D. (submitted). *Mind the lack: Testing the Social Deafferentation Hypothesis in youth a clinical high risk for psychosis.* [Poster presentation]. Society for Research in Psychopathology, Los Angeles.
- 15. Sawdey, R., De Marneffe, F., **Maimone, J. S.**, Botello, R., Grunfeld, G., DeTore, N., Mote, J., Holt, D., Fulford, D. (submitted). *Cannabis use and hallucinations in those with and without psychosis: The role of loneliness.* [Poster presentation]. Society for Research in Psychopathology, Los Angeles.

- 14. Flics, M. J., Ball, M., Maimone, J. S., Nock, M. K., Kleiman, E. M., Bentley, K. H. (2024, November). Intensity of suicidal thoughts, but not negative affect, is negatively associated with skills practice quality in emotion-focused ecological momentary intervention. [Poster presentation]. The 58th annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 13. Ball, M., Maimone, J. S., Kleiman, E. M., Nock, M. K., Bentley, K. H., (2024, November). Association between quality of CBT skills practice through a smartphone-based ecological momentary intervention and short-term change in suicidal thoughts or related negative affect states. [Poster presentation]. The 58th annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 12. Maimone, J. S., Grunfeld, G., Mote, J., Kangarloo, T., Riley, L., Gard, D. E., Wright, A. G. C., Fulford, D. (2024, October). Individual differences in social needs and loneliness in serious mental illness: An idiographic network approach. [Poster presentation]. Society for Research in Psychopathology, Montreal, Canada.
- 10. Sawdey, R., De Marneffe, F., Maimone, J. S., Botello, R., DeTore, N., Mote, J., Holt, D., Fulford, D. (2024, October). Childhood trauma and paranoia in those with and without psychosis: The role of childhood loneliness. [Poster presentation]. Society for Research in Psychopathology, Montreal, Canada.9.
- 9. Kelly, T. F., Maimone, J. S., Lindner, M. (2024, April). Suicide cognitions and behaviors in the Sanctioned Suicide online forum. [Poster presentation]. The 3rd annual Suicide Research Symposium, virtual.
- 8. Maimone, J. S., Grunfeld, G., Mote, J., Mueser, K. T., Gard, D., Fulford, D. (2024, April). Exploratory Network Analysis of Individual and Group-Level Social Processes in Schizophrenia Using Intensive Longitudinal Data. [Poster presentation]. Schizophrenia International Research Society, Florence, Italy.
- 7. Grunfeld, G., Maimone, J. S., Mote, J., Gard, D. E., Mueser, K. T., Fulford, D. (2024, April). Phenomenology of social needs and experiences in psychosis: an exploratory mixed-methods approach. [Poster presentation]. Schizophrenia International Research Society, Florence, Italy.
- 6. Maimone, J. S., Gandhi, A., Zhang, Y., Kleiman, E. M., Mote, J., Fulford, D. (2023, September). Relating psychopathology risk to loneliness classes: A latent profile analysis based on individual patterns. [Poster presentation]. Society for Research in Psychopathology, St. Louis, MO.
- 5. Maimone, J. S., Ruork, A. K., Bentley, K. H., Kleiman, E. M. (2022, November 18). Latent profile analysis of urges for suicidal and self-harming behavior: the role of social support instability. [Poster presentation]. The 55th annual conference of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 4. Fishbein, N. S., Bentley, K. H., Maimone, J. S., Ramlal, N., DeMarco, D., Bear A., Kleiman, E., Nock, M. K. (2022, October). Compliance in intensive longitudinal research with psychiatric inpatients hospitalized for suicide risk: a quantitative and qualitative study. [Poster presentation]. Massachusetts General Hospital Clinical Research Day, Boston, MA.
- 3. Maimone, J. S., Bentley, K. H., Kelly, F., Coppersmith, D. D. L., Nock, M. K., Kleiman, E. M. (2021, November). Exploring the differential effects of peer, family, and romantic social connections on mental health using ecological momentary assessment. [Poster presentation]. The 54th annual conference of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
- 2. Maimone, J. S., Coppersmith, D. D. L., Bentley, K. H., Castro-Ramirez, F., Nock, M. K. (2021, October 14). Selfhatred is associated with both self- and other-directed violent urges: A real-time monitoring study. [Poster presentation]. Massachusetts General Hospital Clinical Research Day, Boston, MA.
- 1. Maimone, J. S., Bentley, K. H., Nock, M. K., Kleiman, E. M. (2020, November). Examining the interaction of momentary agitation with IPTS constructs to predict short-term changes in suicidal ideation. [Poster presentation]. The 53rd annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Awards & Honors

- Conference Travel Grant, Boston University Graduate Student Organization (\$1,000) 2025
- 2024 Workshop Travel Grant (It's about time: Improving intensive longitudinal data; \$700)
- 2024 Sargent College Student Travel Grant (\$1,500)

2016	William J. Kenealy, S.J. Award
2016	Marshal of the Order of the Cross and Crown
2016	Alpha Sigma Nu Honors Society
2015	Pavel Tichy Prize in Logic (\$200)
2012	Jennie M. Haver Memorial Scholarship (\$11,800)
2012	George H. Laufenberg Scholarship (\$12,000)

Research workshops and hackathons

2024 It's about time: Improving intensive longitudinal data – Lorentz Center, Leiden, Netherlands November

Trainers: Laura Bringmann, PhD; Eiko Fried, PhD; Dominique Maciejewski, PhD; Miguel Silan,

PhD; Josip Razum, PhD

5-day workshop and hackathon aimed toward making practical advances in intensive longitudinal research methods

Hackathon Project:

Thinking clearly about validity in experience sampling methods

Miguel Silan, PhD; Pia Andreson, MSc; Joseph S. Maimone, MA; Freek Oude Maatman, MA;

Femke Truijens, PhD; Markus Eronen, PhD; Denny Borsboom, PhD

Drafting a paper for publication that addresses challenges to validity of epistemic and measurement claims that emerge specifically when working with intensive longitudinal data

2022 August Introduction to R for Social Sciences – Pittsburgh Summer Methodology Series (now, SMaRT

Workshops), remote

Trainer: Jeffrey Girard, PhD

2-day, hands-on introduction to data processing, coding, and data visualization in R

Research experience

The AMP Lab, Boston University

2022 -Boston University & Massachusetts General Hospital Athinoula A. Martinos Center for Biomedical present **Imaging**

Project: NIMH R01MH127265 – Neurobehavioral mechanisms of social isolation and loneliness in

serious mental illness

Role: Graduate Student Research Assistant

Advisor: Dan Fulford, Ph.D.

The Nock Lab, Harvard University

2019 -Harvard University & Massachusetts General Hospital

2022 **Projects:** *NIMH R34MH113757 – Real-time intervention for reducing suicide risk*

NIMH K23MH120436 – Digital monitoring of agitation for short-term suicide risk prediction

Role: Senior Clinical Research Coordinator

Advisors: Matthew Nock, Ph.D.; Evan Kleiman, Ph.D.; Kate Bentley, Ph.D.

2019 **Harvard University**

Project: NIMH U01MH116928 – Intensive longitudinal study of suicidal behaviors and related health

outcomes

Role: Post-Baccalaureate Volunteer Research Assistant Advisors: Matthew Nock, Ph.D.; Rebecca Fortgang, Ph.D.

Undergraduate research projects, Boston College

2015 -Department of Eastern, Slavic, and German Studies

2016 **Project:** Senior AB Comprehensive Capstone Project in Linguistics: Media language - Bias in form Advisors: Michael J. Connolly, Ph.D.; Margaret Thomas, Ph.D.

2014 Department of Eastern, Slavic, and German Studies

Project: Research Project in Psycholinguistics: Limitations to active vocabulary in native English language speakers

Advisor: Margaret Thomas, Ph.D.

Clinical experience

2024 -Behavioral Medicine Clinic, Veteran Affairs Boston Healthcare System – Jamaica Plain Practicum student present

Licensed Clinical Supervisors: Michelle Kovacs, Ph.D., Arielle Horenstein, Ph.D.

- Practicum trainee for the 2024-2025 academic year
- Responsibilities: co-lead three groups: (1) single-session sleep education class to introduce CBT-I skills and principles to veterans as part one of a stepped-care model, (2) CBT for tobacco cessation group, and (3) a processing group for veterans coping with severe chronic or life-threatening medical conditions; conduct intake assessments using semi-structured clinical interview to match veterans with behavioral medicine interventions, as indicated; provide individual CBT-I treatment for a case load of one-to-two clients at a time; complete clinical documentation in electronic health system, including writing intake reports, group session notes, and individual progress notes; attend weekly didactic seminar

2024 -Center for Anxiety and Related Disorders (CARD), Boston University Dialectical Behavioral Therapy (DBT) group co-leader present

Licensed Clinical Supervisor: Marie Parsons, Ph.D.

- Practicum trainee for the 2024-2025 academic year
- Responsibilities: conduct intake assessments for new group members; write treatment plans, intake reports, and session notes; teach skills content in Mindfulness, Interpersonal Effectiveness, Emotion Regulation, and Distress Tolerance; lead mindfulness practice and homework review of weekly skills practice

2024 Center for Anxiety and Related Disorders (CARD), Boston University

Brave Bunch counselor (intensive week-long behavioral group therapy for selective mutism) (August) Licensed Clinical Supervisor: Rachel Merson, Psy.D.

- Received training in Parent Child Interaction Therapy for Selective Mutism (PCIT-SM), including skills such as Child Directed Interaction (CDI) and Verbal Directed Interaction (VDI)
- Responsibilities: served as the dedicated individual counselor for one of the 16 clients (ages 4 to 8) diagnosed with selective mutism; attended two individual "slide-in" sessions with the client to establish speech using CDI and VDI prior to the intensive group treatment; accompanied client throughout the intensive group treatment to facilitate exposure to feared speaking contexts with peers and adults using CDI, VDI, and behavioral scaffolding principles; led coaching sessions with client's parent to teach CDI, VDI, and scaffolding skills for practice with client outside of treatment; attended daily group supervision

2023 -Center for Anxiety and Related Disorders (CARD), Boston University Practicum student in the Psychological Services Center present

Licensed Clinical Supervisor: *Lisa Smith, Ph.D.*

• Practicum trainee for the 2023-2024 academic year

• Responsibilities: conducted diagnostic assessments for adults using the Anxiety Disorder Interview Schedule (ADIS-V); wrote intake reports, treatment plans, session notes, & treatment summaries; treated adult patients using CBT and evidence-based treatments such as the Unified Protocol, Exposure and Response Prevention, and Habit Reversal Training; attended weekly didactic seminars & case conceptualization presentations; completed two case presentations

Practicum student in the CARD Pain Clinic

Licensed Clinical Supervisor: John Otis, Ph.D.

- Practicum trainee for the 2023-2024 academic year
- Responsibilities: conducted comprehensive pain assessments for adults using the Basic Pain Interview from Dr. Otis's CBT for Chronic Pain protocol; wrote intake reports, session notes, and treatment summaries; treated adult patients using CBT for Chronic Pain and CBT for Insomnia (CBT-I), and incorporating other evidence-based treatments where indicated (e.g., the Unified Protocol); accompanied patients at physical therapy appointments at the Boston University Ryan Center for Sports Medicine, when indicated, to assist patients in overcoming psychological barriers to treatment; collaborated with patients' physical therapist to facilitate pain management
- Held bi-weekly office hour at the Boston University Ryan Center for Sports Medicine to provide asneeded psychology consultation to physical therapists with patients who experienced psychological barriers to physical therapy treatment

Practicum student in the Neuropsychological Assessment Services Center

Licensed Clinical Supervisor: Rosemary Toomey, Ph.D.

- Practicum trainee for the 2023-2024 academic year
- Responsibilities: completed diagnostic, cognitive, and functional assessment of four clients for conditions including ADHD and learning disorders; conducted background interviews and neuropsychological assessments using tests such as WAIS-IV, D-KEFS, WJ-IV, etc. (see Proficiencies section for a comprehensive overview); scored and interpreted neuropsychological test results; wrote session notes; wrote four comprehensive integrated reports; delivered in-person client feedback on assessment conclusions and recommendations; attended weekly didactic seminars; completed two case presentations

2019 -**Massachusetts General Hospital**

2022 Senior Clinical Research Coordinator

- Presented opportunities for research participation to patients admitted for high-risk suicidal thoughts or suicide attempts with multiple psychiatric and medical comorbidities on the adult psychiatric inpatient unit at Massachusetts General Hospital
- Shadowed daily "superteam meetings" where the attending psychiatrists and representatives from all other clinical functions met to discuss patient progress, covering topics of complex presentations of psychopathology and medical comorbidities, interventions, challenges to treatment, and clinical decision-making
- Conducted one-to-two hour-long daily research meetings with each research participant on the inpatient unit, providing compassionate listening and gentle redirection away from serious clinical topics that arise per research protocol

2018 -**Samaritans**

2021 Crisis Counselor

- Provided emotional support and validation for callers and texters in distress or experiencing thoughts
- Developed safety plans in collaboration with more acute callers and coordinated emergency services for those at imminent risk of self-harm

2013 -**Trevor Project**

TrevorChat Crisis Counselor 2016

- Provided emotional support and validation to sexual and gender minority (SGM) youth in distress or experiencing thoughts of suicide
- Utilized basic counseling skills to help youth speak openly about their experience
- Helped youth develop a safety plan when indicated
- Employed de-escalation techniques to reduce risk of self-harm

2013 -**Pride Peers at Boston College**

2016 Founder & Director

- Founded a peer mentorship student organization designed to facilitate identity development and peer support to reduce the risk of isolation and suicidal ideation among SGM students
- Led biweekly mindfulness sessions and guided discussions to explore topics of identity and queerness
- Collaborated with administrators in the Dean of Students Office to secure official recognition of the organization including long-term allocation of institutional funding and staffing resources
- Since its founding in 2013, the organization has identified at least three at-risk students and successfully connected them with higher-level mental health resources with positive outcomes

Clinical workshops and specialized training experiences

Motivational Interviewing Coaching – biweekly one-on-one training experience 2025 January -

May Trainer: Morgan McGillicuddy, PhD

VA Boston Healthcare System, Behavioral Medicine Clinic

2023 October The Unified Protocol for Transdiagnostic Treatment of Emotional Disorders Online

Introductory Workshop

Trainers: Jacqueline Bullis, PhD; Clair Cassiello-Robbins, PhD [co-authors of the UP]

Unified Protocol Training Institute

Professional service

PCSAS Student Representative August 2023 -

present **Boston University**

Other leadership roles

Student Co-chair, Clinical Psychology Colloquium Organizing Committee August 2023 -

present **Boston University**

Reviewing experience

Ad hoc reviewer:

Clinical Psychological Science

Journal of Consulting and Clinical Psychology

Proficiencies

Clinical intervention

The unified protocol for the transdiagnostic treatment of emotion disorders (UP); Exposure and Response Prevention (ERP); Dialectical Behavioral Therapy (DBT); Habit Reversal Training (HRT); Cognitive Behavioral Therapy for insomnia (CBT-I); CBT for chronic pain; CBT for tobacco cessation; Motivational Interviewing (MI); Parent-child interaction therapy for selective mutism (PCIT-SM); Crisis counseling; Safety planning

Clinical assessment

Diagnostic interviews: Anxiety and Related Disorders Interview Schedule for DSM-5 (ADIS-5); Kiddie Schedule for Affective Disorders & Schizophrenia, ADHD module (K-SADS, ADHD); Structured Clinical Interview for DSM-5 (SCID-5)

Semi-structured clinical interviews: Brief Psychiatric Rating Scale (BPRS); Clinical Assessment Interview for Negative Symptoms (CAINS); Calgary Depression Scale for Schizophrenia (CDSS); Global Functioning Scale-Social/Role Functioning (GFS); Quality of Life Scale (QLS)

General intelligence testing: Wechsler Adult Intelligence Scale-IV (WAIS-IV)

Achievement testing: Woodcock Johnson IV Tests of Achievement (WJ-IV); Wechsler Individual Achievement Test Fourth Edition (WIAT-4): Numerical Operations, Math Fluency-Multiplication, Math Problem Solving

Attention/executive function: Conners Continuous Performance Test – 3rd ed. (CPT-3): Delis-Kaplan Executive Function System Test (D-KEFS); Paced Auditory Serial Addition Test (PASAT); Stroop Color-Word Test (Stroop); Wisconsin Card Sorting Test (WCST)

Memory: California Verbal Learning Test-3 (CVLT-3); Wechsler Memory Scale-IV (WMS-IV) Logical Memory Test; Rey Complex Figure Test (RCFT)

Motor function: Finger tapping test; Grooved peg board test

Research

Systematic literature review in compliance with the Preferred Reporting Items for Systematic

Network analysis: group iterative multiple model estimation (GIMME); Latent profile analysis

Reviews and Meta-Analyses (PRISMA) statement; qualitative data coding

Software Statistical REDCap; RStudio; Qualtrics; Microsoft Office Suite: Word, Excel, PowerPoint, Outlook

(LPA); Multilevel modeling (MLM) **Analysis**

Statistical Languages

R (intermediate); Mplus (beginner)

Ambulatory Assessment

Ecological Momentary Assessment applications (e.g., MetricWire, mindLAMP, LifeData);

Passive smartphone monitoring (e.g., Beiwe)

Physiological Monitoring

Empatica Embrace + Empatica Research Portal; Empatica E4 + E4 manager; FitBit Charge 2 +

Fitabase

Languages

Spoken: Spanish (intermediate, conversant), Italian (beginner), Māori (beginner) Translation only: Latin (advanced); Ancient Greek (intermediate); Akkadian (beginner)

Professional membership

Association for Behavioral and Cognitive Therapies (ABCT) – *Member*

American Psychological Association (APA) – Member

Society for Ambulatory Assessment (SAA) – Trainee/Early Career Member

Society for Digital Mental Health (SDMH) – Member

Schizophrenia International Research Society (SIRS) – Student Member

Society for Research in Psychopathology (SRP) – Associate Member