

# Jasmine Mote, Ph.D.

## Curriculum vitae

Boston University  
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Clinical Psychologist (MA 11739)

### EDUCATION

2017 Ph.D., Clinical Science, University of California, Berkeley  
2017 APA Approved Clinical Psychology Internship, Rutgers University Behavioral Health Care/Robert Wood Johnson Medical School  
2013 M.A., Psychology, University of California, Berkeley  
2009 B.A., Psychology (Summa Cum Laude), Oberlin College

### PROFESSIONAL APPOINTMENTS

2022-present Research Assistant Professor, Department of Occupational Therapy, Sargent College of Health and Rehabilitation Sciences, Boston University  
2020-2022 Assistant Professor, Department of Occupational Therapy, Joint Appointments in Departments of Psychology and Community Health, Tufts University  
2018-2020 Postdoctoral Associate, Department of Occupational Therapy, Sargent College of Health and Rehabilitation Sciences, Boston University  
2017-2018 Postdoctoral Research Fellow, Social and Community Reintegration Research Program, Edith Nourse Rogers Memorial Veterans Hospital

### AWARDS AND HONORS

2024 Beyond the Ivory Tower Scholar  
2021 Visionary Award, American Psychological Foundation  
2020 Neubauer Faculty Fellow, Tufts University  
2019 mHealth Training Institute Scholar  
2016 Northern California Association Phi Beta Kappa Graduate Fellow, University of California, Berkeley  
2015 Sheldon J. Korchin Prize in Clinical Psychology, University of California, Berkeley  
2012 Finalist, Smadar Levin Award for Outstanding Student Poster, Society for Research in Psychopathology  
2011 Initiative for Maximizing Student Development Graduate Fellow, University of California, Berkeley  
2011 Graduate Division Power Top-Off Award, University of California, Berkeley

## RESEARCH FUNDING

### Active Grants

- 2024-2029 “The effects of dog interactions on physiological arousal and affect for adolescents with social anxiety,” Co-Investigator (PI: Megan Mueller). Waltham Petcare Science Institute. Total: \$500,000
- 2023-2027 “Longitudinal assessment of specificity in adolescent-dog relationships and adaptive coping for youth with social anxiety,” Co-Investigator (PI: Megan Mueller). NICHD, 1R01HD109808-01A1. Total: \$2,970,334
- 2023-2026 “Supplement to Promote Diversity in Health-Related Research: Neurobehavioral mechanisms of social isolation and loneliness in serious mental illness,” Co-Mentor (PI: Daniel Fulford; Mentee: Renata Botello). NIMH, R01MH127265-S. Total: \$209,425
- 2021-2024 “Cardiovascular regulation through social contact: Examining the impact of loneliness on heart rate variability in schizophrenia,” Principal Investigator. American Psychological Foundation Visionary Grant. Total: \$14,480

### Grant Consultation

- 2023-2028 “Effects of racism on brain and physiological pathways to health disparities.” PIs: Lisa Shin, Aerielle Allen, Samuel Sommers. NIMH, R01MH136641-01.

### Completed Grants

- 2021-2023 “Racism as trauma: Physiological correlates of experiencing discrimination,” Co-Investigator (PIs: Lisa Shin, Samuel Sommers). Tufts University Springboard Award. Total: \$49,486.
- 2021 “Faculty Research Fund Award: Summer Research Assistant,” Principal Investigator. Tufts University Faculty Research Awards Committee. Total: \$4,536.
- 2021 “Open Access Fund,” Principal Investigator. Tufts University Faculty Research Awards Committee. Total: \$1,900.
- 2019-2021 “Measuring treatment-induced changes in a functional neural marker for paranoia in people with serious mental illness,” Principal Investigator. Dudley Allen Sargent Research Fund, Sargent College of Health and Rehabilitation Sciences, Boston University. Total: \$6,960
- 2019-2021 “Evaluation of an online, evidence-based intervention for transdiagnostic paranoia in a community setting: Cross-disciplinary training and implementation,” Principal Investigator (MPI: Daniel Fulford). Varda Shoham Clinical Scientist Training Initiative, Society for a Science of Clinical Psychology. Total: \$1,500

- 2015-2016 “Can positive social interactions increase motivated behavior in people at risk for schizophrenia?”, Principal Investigator. Greater Good Science Center Hornaday Fellowship, University of California, Berkeley. Total: \$6,500
- 2012-2015 “Tell me more, tell me more: Can sharing positive experiences increase motivated behavior?”, Graduate Fellow. National Science Foundation (NSF) Graduate Fellowship (DGE 1106400), University of California, Berkeley. Total: \$96,000.

## PUBLICATIONS

ORCID  : [0000-0002-5042-1589](https://orcid.org/0000-0002-5042-1589)

### Peer-Reviewed Journal Articles

\*Denotes mentee author

1. \*Tran, I, & **Mote, J.** (2024). Considerations for working with Asian Americans across the psychosis spectrum following the onset of the COVID-19 pandemic. *Psychological Services, 21*, 406-416. Impact factor: 2.3
2. Kangarloo, T., **Mote, J.**, Abplanalp, S., Gold, A., James, P., Gard, D. E., & Fulford, D. (2023). The influence of greenspace exposure on affect in people with and those without schizophrenia: Exploratory study. *JMIR Formative Research, 7*, e44323. Impact factor: 2.2
3. \*Gandhi, A., **Mote, J.**, & Fulford, D. (2023). The promise of digital health interventions for addressing loneliness in serious mental illness. *Current Treatment Options in Psychiatry, 10*, 167-180. Impact factor: 3.18
4. \*Gordon, S., **Mote, J.**, & Fulford, D. (2023). Qualitative analysis of paranoia reported in clinical interviews with Black and White adults with schizophrenia. *Psychiatric Services*. Impact factor: 2.89 \*Commentary by Kemp, Black, & Isom: Racism, psychosis, and ethnicities of Black Americans
5. \*Botello, R., Gill, K., Mow, J., L., Leung, L., **Mote, J.**, Mueser, K. T., Gard, D. E., & Fulford, D. (2023). Validation of the Social Effort and Conscientious Scale (SEACS) in schizophrenia. *Journal of Psychopathology and Behavioral Assessment, 45*, 844-852. Impact factor: 2.06
6. Mow, J. L., Gard, D. E., Mueser, K. T., **Mote, J.**, Gill, K., Leung, L., Kangarloo, T., & Fulford, D. (2022). Smartphone-based mobility metrics capture daily social motivation and behavior in schizophrenia. *Schizophrenia Research, 250*, 13-21. Impact factor: 4.57
7. \*Tran, I., \*Sabol, O., & **Mote, J.** (2022). The relationship between green space exposure and psychopathology symptoms: A systematic review. *Biological Psychiatry: Global Open Science, 2*, 206-222.
8. Gandhi, A., **Mote, J.**, & Fulford, D. (2022). A transdiagnostic meta-analysis of physical and social anhedonia in major depressive disorder and schizophrenia. *Psychiatry Research, 309*, 114379. Impact factor: 2.21

9. Abplanalp, S., **Mote, J.**, Uhlman, A., Weizenbaum, E., Alvi, T., Tabak, B., & Fulford, D. (2021). Parsing social motivation: Development and validation of a self-report measure of social effort. *Journal of Mental Health*, 1-8. Impact factor: 2.70
10. **Mote, J.**, Gill, K., & Fulford, D. (2021). “Skip the Small Talk” virtual event intended to promote social connection during a global pandemic: Online survey study. *JMIR Formative Research*, 5(9): e28002.
11. Fulford, D., Gard, D. E., Mueser, K. T., **Mote, J.**, Gill, K., Leung, L., & Mow, J. (2021). Preliminary outcomes of the Motivation and Skills Support (MASS) mobile app: An ecological momentary intervention for social functioning in schizophrenia. *JMIR Mental Health*, 8: e27475. Impact factor: 3.54
12. Fulford, D., **Mote, J.**, Gonzalez, R., Abplanalp, S., Zhang, Y., Luckenbaugh, J., Onella, J.-P., Busso, C., & Gard, D. E. (2021). Smartphone sensing of social interactions in people with and without schizophrenia. *Journal of Psychiatric Research*, 137, 613-620. Impact factor: 4.47
13. Weittenhiller, L., Mikhail, M., **Mote, J.**, Campellone, T. R., & Kring, A. M. (2021). What gets in the way of social engagement in schizophrenia? *World Journal of Psychiatry*, 11, 13-26. Impact factor: 3.55
14. **Mote, J.** & Fulford, D. (2021). Now is the time to support Black individuals in the US living with serious mental illness-A call to action. *JAMA Psychiatry*, 78, 129-130. Impact factor: 17.47
15. Fulford, D., **Mote, J.**, Gard, D. E., Mueser, K. T., Gill, K., Leung, L., Dillaway, K. (2020). Development of the Motivation and Skills Support (MASS) social goal attainment smartphone app for (and with) people with schizophrenia. *Journal of Behavioral and Cognitive Therapy*, 30, 23-32.
16. Demmin, D. L., **Mote, J.**, Beaudette, D. M., Thompson, J. L., & Silverstein, S. M. (2020). Retinal functioning and reward processing in schizophrenia. *Schizophrenia Research*, 219, 25-33. Impact factor: 4.57
17. **Mote, J.** & Fulford, D. (2020). Ecological momentary assessment of everyday social experiences of people with schizophrenia: A systematic review. *Schizophrenia Research*, 216, 56-68. Impact factor: 4.57 \*Commentary by Myin-Germeys: Real-life social interactions in schizophrenia.
18. **Mote, J.**, Gard, D. E., Gonzalez, R., & Fulford, D. (2019). How did that interaction make you feel? The relationship between quality of everyday social experiences and emotion in people with and without schizophrenia. *PLOS One*, 14(9). Impact factor: 2.78
19. Painter, J. M., **Mote, J.**, Peckham, A. D., Lee, E. H., Campellone, T. R., Pearlstein, J., Morgan, S., Kring, A. M., Johnson, S. L., & Moskowitz, J. T. (2019). A positive emotion regulation intervention for bipolar I disorder: Treatment development and initial outcomes. *General Hospital Psychiatry*, 61, 96-103. Impact factor: 3.22

20. Reilly, E. D., Ritzert, T. R., Scoglio, A. A., **Mote, J.**, Fukuda, S. D., Ahern, M. E., & Kelly, M. M. (2019). Systematic review of values measures in acceptance and commitment therapy research. *Journal of Contextual Behavioral Science*, *12*, 290-304. Impact factor: 1.89
21. **Mote, J.** & Kring, A. M. (2019). Toward an understanding of incongruent affect in people with schizophrenia. *Journal of Nervous and Mental Disease*, *207*, 393-399. Impact factor: 1.86
22. **Mote, J.**, Grant, P. M., & Silverstein, S. M. (2018). Treatment implications of situational variability in cognitive and negative symptoms in people with schizophrenia. *Psychiatric Services*, *69*, 1095-1097. Impact factor: 2.25
23. **Mote, J.** & Kring, A. M. (2016). Facial emotion perception in schizophrenia: Does sex matter? *World Journal of Psychiatry*, *6*, 257-268.
24. Campellone, T. R., Elis, O., **Mote, J.**, Sanchez, A. H., & Kring, A. M. (2016). Negative symptoms in psychometrically defined schizotypy: The role of depression symptoms. *Psychiatry Research*, *240*, 181-186. Impact factor: 2.21
25. Kveraga, K., Boshyan, J., Adams, R. B., **Mote, J.**, Betz, N., Ward, N., Hadjikhani, N., Bar, M., & Barrett, L. F. (2015). If it bleeds, it leads: Separating threat from mere negativity. *Social Cognitive and Affective Neuroscience*, *10*, 28-35. Impact factor: 3.66
26. **Mote, J.**, Stuart, B. K., & Kring, A. M. (2014). Diminished emotion expressivity but not experience in men and women with schizophrenia. *Journal of Abnormal Psychology*, *123*, 796-801. Impact factor: 5.52
27. **Mote, J.**, Minzenberg, M. J., Carter, C. S., & Kring, A. M. (2014). Deficits in anticipatory but not consummatory pleasure in people with recent-onset schizophrenia spectrum disorders. *Schizophrenia Research*, *159*, 76-79. Impact factor: 4.57
28. **Mote, J.** (2011). The effects of tempo and familiarity on children's affective interpretation of music. *Emotion*, *11*, 618-622. Impact factor: 3.04

## Book Chapters

1. **Mote, J.** & Kring, A. M. (2017). Schizophrenia and Gender. In K. L. Nadal (Ed.), *The SAGE Encyclopedia of Psychology and Gender* (pp.1445-1448). Thousand Oaks: Sage Publications, Inc.
2. Kring, A. M. & **Mote, J.** (2016). Emotion disturbances as transdiagnostic processes in psychopathology. In M. Lewis, J. M. Haviland-Jones, & L. F. Barrett (Eds.), *Handbook of Emotions, 4th Edition* (pp. 653-669). New York: Guilford Press.

## Manuscripts Preprinted at PsyArXiv

1. **Mote, J.**, Gonzalez, R., Kircos, C., Gard, D., & Fulford, D. (2020, December 4). The relationship between state and trait loneliness and social experiences in daily life. <https://doi.org/10.31234/osf.io/pr79g>

## Manuscripts in Preparation

\*Denotes mentee author

1. \*Botello, R., Laquidara, J., Oh, H., Lincoln, S. H., Gard, D. E., **Mote, J.**, & Fulford, D. (In preparation). Discrimination and social disconnection in people across the psychosis spectrum: A systematic review.
2. **Mote, J.**, \*Bair, Z., Mow, J., Leung, L., Gill, K., Mueser, K. T., Gard, D. E., & Fulford, D. (In preparation). Social emotional experiences and their relationship to social motivation in an ecological momentary intervention for people with schizophrenia.
3. **Mote, J.**, \*Bair, Z., \*Vong, K., Gonzalez, R., Gard, D. E., & Fulford, D. (In preparation). Planning your day: An ecological momentary assessment study of anticipated goals of people with and without schizophrenia.

## Other Publications

1. **Mote, J.** (Ongoing). Mental Healthy. <https://jasminemote.substack.com/>
2. Mote, J. (2024). Sleep training won't hurt a parent or baby. Bad sleep will. *Scientific American*. <https://www.scientificamerican.com/article/cry-it-out-sleep-training-wont-hurt-a-parent-or-baby-bad-sleep-will/>
3. **Mote, J.** (2023). The mental health benefits of gratitude. Cambridge Psychology Group. <https://cambridgepsych.org/mental-health-benefits-of-gratitude/>
4. **Mote, J.** (2023). Busting some myths about postpartum mental health. Cambridge Psychology Group. <https://cambridgepsych.org/busting-some-myths-about-postpartum-mental-health/>
5. **Mote, J.** (2022). The toxic cycle of perfectionism & procrastination. Cambridge Psychology Group. <https://cambridgepsych.org/the-toxic-cycle-of-perfectionism-procrastination/>
6. **Mote, J.** (2022). What exactly is self-care? Cambridge Psychology Group. <https://cambridgepsych.org/what-exactly-is-self-care/>
7. **Mote, J.** (2022). So you think mindfulness is boring... Cambridge Psychology Group. <https://cambridgepsych.org/mindfulness-isnt-boring/>

8. **Mote, J.** (2021). Vigilance as an Asian American during the pandemic. BIPOC Scholar Guest Post, The Professor Is In. <https://theprofessorisin.com/2021/04/19/vigilance-as-an-asian-american-during-the-pandemic-bipoc-scholar-guest-post/?fbclid>
9. **Mote, J.** (2021). A year of transitions: Dealing with liminal spaces in academia. Early Career Perspective, Society for a Science of Clinical Psychology. [http://sscpweb.org/whats\\_new/10214217](http://sscpweb.org/whats_new/10214217)
10. **Mote, J.,** Ceccolini, C., Green, J., & Friedman-Yakoobian, M. (2020). CEDAR Clinical Brief: Supporting young people at risk for psychosis through telehealth. Mental Health Technology Transfer Center Network. [http://cedarclinic.org/images/stories/mhttc\\_clinical\\_brief--cedar\\_telehealth.pdf](http://cedarclinic.org/images/stories/mhttc_clinical_brief--cedar_telehealth.pdf)
11. Fulford, D. & **Mote, J.** (2019, Spring). Increasing access to evidence-based care in serious mental illness: Embracing mobile technology while minding the digital divide. *The Clinical Psychologist* (Division 12, APA), 72 (2), 5-12. <https://tinyurl.com/y4h65tau>
12. **Mote, J.** (2015, May). Bipolar disorder and the balancing act of emotions. EmotionNews.Org. <http://emotionnews.org/bipolar-disorder-and-the-balancing-act-of-emotions/>
13. **Mote, J.,** Campellone, T. R., Sanchez, A. H., Caponigro, J. M., & Kring, A. M. (2014, November). A blueprint for thoughtful clinical research. *APS Observer*, 27. <https://www.psychologicalscience.org/observer/a-blueprint-for-thoughtful-clinical-research>
14. **Mote, J.** (2014, August). The way we talk about (and try to understand) suicide. EmotionNews.Org. <http://emotionnews.org/understanding-suicide/>

## INVITED TALKS

1. “Clinician strategies for facilitating groups including people with psychosis.” (2024, August). St. Francis House, Boston, MA.
2. “Addressing loneliness in people with psychosis spectrum disorders.” (2024, April). Cambridge Psychology Group Continuing Education Training. Virtual talk.
3. “Evidence-based strategies for addressing social isolation and loneliness in people with psychosis spectrum disorders.” (2022, December). Substance Abuse and Mental Health Services Administration (SAMHSA)’s New England Mental Health Technology Transfer Center Network (MHTTC) Webinar. Virtual talk.
4. “What comes after a call to action? Progress in supporting Black individuals in the US living with serious mental illness.” (2022, March). Co-presenter: D. Fulford. Fourth National Conference on Advancing Early Psychosis Care in the United States: Harnessing Resiliency in a Changing World. Virtual talk.

5. “A day in the life: Using ecological momentary assessment to understand & address social impairment in people with schizophrenia.” (2021, January). Psychology Department Brown Bag Series, McGill University, Montreal, Quebec, Canada. Virtual talk.
6. “Addressing cultural biases and racial disparities in the diagnosis and treatment of people with serious mental illness.” (2021, January). Mental Health Intensive Services Seminar, VA Puget Sound, Seattle, WA. Virtual talk.
7. “Why emotion matters when addressing social participation and functioning in serious mental illness.” (2019, December). Occupational therapy department, Tufts University, Medford, MA.
8. “What do we know about the emotional lives of people with schizophrenia?” (2019, November). Psychology department, Stonehill College, Easton, MA.

## CONFERENCE ACTIVITY/PARTICIPATION

### Oral Papers and Symposia

1. **Mote, J.**, Maimone, J. S., Gard, D., Mueser, K. T., & Fulford, D. “Hell is not other people: Positive emotions during social interactions improve social motivation and goal progress in daily life for people with schizophrenia.” (2024, October). Oral presentation to be given during symposium, “Social motivation in psychotic disorders: Examining psychological and neural mechanisms.” (Chair: L. Catalano). Society for Research in Psychopathology, Montreal, Quebec, Canada.
2. **Mote, J.**, Gonzalez, R., Gard, D., & Fulford, D. (2021, March). “We should do this again sometime: The relationship between loneliness, positive affect, and depression in daily life.” Oral presentation given during symposium, “The role of positive affect in depression: Relationships revealed across days, weeks, and months” (Chair: A. Peckham). Anxiety and Depression Association of America, Virtual conference.
3. **Mote, J.**, Gill, K., Leung, L., Gard, D., Mueser, K., & Fulford, D. (2020, November). “The Motivation and Skills Support (MASS) smartphone application: Development of an mHealth intervention to improve social motivation in schizophrenia.” Oral presentation given during symposium, “Increasing access to care through advances in innovative interventions for serious mental illness” (Chair: E. Treichler). Association for Behavioral and Cognitive Therapies, Virtual conference.
4. **Mote, J.**, Peckham, A. D., Painter, J. M., Lee, E. H., Campellone, T R., Kring, A. M., Johnson, S. L., & Moskowitz, J. T. (2016, March). “Can calm prevent the storm? Feasibility and efficacy of the LAUREL program: A new intervention to increase healthy positive affect in bipolar I disorder.” Society for Affective Science, Chicago, IL.
5. Peckham, A. D., **Mote, J.**, Painter, J. M., Lee, E. H., Campellone, T. R., Kring, A. M., Johnson, S. L., & Moskowitz, J. T. (2015, November). “A new intervention to increase healthy positive affect in bipolar I disorder: Feasibility and efficacy of the LAUREL program.” Oral presentation given during symposium, “Once more, with feeling: Novel



psychosocial interventions informed by basic affective science” (Chair: **J. Mote**). Association for Behavioral and Cognitive Therapies, Chicago, IL.

### **Panels and Workshops**

1. Psychosis & Schizophrenia Spectrum Special Interest Group (PASS-SIG). (2021, November). “Managing ‘isms’ and Excelling in Serious Mental Illness Careers.” (Panelists: **J. Mote**, A. Shinn, T. Niendam). Association for Behavioral and Cognitive Therapies, Virtual conference.
2. Conner, T. (2020, May). “Methods Event: Experience Sampling Methods in Affective Science.” (Moderators: **J. Mote** & R. Thompson). Society for Affective Science, Virtual conference.

### **Poster Presentations (Previous Five Years)**

\*Denotes mentee

1. \*Botello, R., Shin, L. M., Somers, S. R., & **Mote, J.** (2024, October). “The role of Black identity and discrimination in paranoia experiences in Black adults.” Society for Research in Psychopathology, Montreal, Quebec, Canada.
2. Sawdey, R., de Marneffe, F., Maimone, J. S., \*Botello, R., DeTore, N., **Mote, J.**, Holt, D., & Fulford, D. (2024, October). “Exploring the relationship between childhood trauma and paranoia in those with psychosis: The role of childhood loneliness.” Society for Research in Psychopathology, Montreal, Quebec, Canada.
3. Maimone, J. S., Grunfeld, G., **Mote, J.**, Kangarloo, T., Riley, L. S., Hensley, A., Gard, D., Wright, A. G. C., & Fulford, D. (2024, October). “Individual differences in social needs and loneliness in serious mental illness: An idiographic network approach.” Society for Research in Psychopathology, Montreal, Quebec, Canada.
4. Grunfeld, G., Maimone, J. S., **Mote, J.**, Gard, D., Mueser, K., & Fulford, D. (2024, April). “Phenomenology of social needs and experiences in psychosis: An exploratory mixed-methods approach.” Schizophrenia International Research Society, Florence, Italy.
5. Maimone, J. S., Grunfeld, G., **Mote, J.**, Mueser, K., Gard, D., & Fulford, D. (2024, April). “Exploratory network analysis of individual and group-level social processes in schizophrenia using intensive longitudinal data.” Schizophrenia International Research Society, Florence, Italy.
6. Schupbach, E., Johnson, D., Mow, J., DeTore, N., **Mote, J.**, Holt, D., & Fulford, D. (2023, September). “Loneliness, social isolation, and mobility in the daily lives of individuals with and without serious mental illness.” Society for Research in Psychopathology, St. Louis, MO.
7. Wolf, A., Kangarloo, T., \*Gandhi, A., Schupbach, E., **Mote, J.**, Busso, C., Gard, D. E., Onnela, J.-P., & Fulford, D. (2023, September). “State- and trait-based correlates of loneliness and isolation in people with and without serious mental illness: A digital phenotyping study.” Society for Research in Psychopathology, St. Louis, MO.

8. Maimone, J., \*Gandhi, A., Zhang, Y., Kleiman, E., **Mote, J.**, & Fulford, D. (2023, September). Relating psychopathology risk to loneliness classes: A latent profile analysis based on individual patterns. Society for Research in Psychopathology, St. Louis, MO.
9. \*Bair, Z., \*Vong, K., Gonzalez, R., **Mote, J.**, Gard, D., & Fulford, D. (2022, March-April). "Ecological momentary assessment of anticipated goals in people with and without schizophrenia: A mixed-methods design." Society for Affective Science, Virtual conference.
10. Mow, J. L., Gard, D. E., Mueser, K. T., **Mote, J.**, Gill, K., Leung, L., & Fulford, D. (2021, September). "Moving through a social life: Passively measured mobility tracks with daily reports of social motivation and behavior in schizophrenia over eight weeks." Society for Research in Psychopathology, Virtual conference.
11. Marks, L., **Mote, J.**, & Kring, A. M. (2020, November). "Differences in positive memories among people with and without schizophrenia." Association for Behavioral and Cognitive Therapies, Virtual conference.
12. **Mote, J.**, Gill, K., Gard, D., Mueser, K., & Fulford, D. (2020, April). "Let's chill out: Happiness and calm during social interactions are related to social motivation in a digital health intervention for people with schizophrenia." Society for Affective Science, San Francisco, CA. (Conference cancelled).
13. Gill, K., **Mote, J.**, Mow, J., Leung, L., Gard, D., Mueser, K. T., & Fulford, D. (2019, September). "Daily effort towards social goals in schizophrenia: Findings from the Motivation and Skills Support (MASS) smartphone application." Society for Research in Psychopathology, Buffalo, NY.
14. Mow, J., **Mote, J.**, Mueser, K. T., & Fulford, D. (2019, September). "Acceptability, feasibility, and preliminary outcomes for a transdiagnostic, online cognitive behavioral therapy intervention to address paranoia." Society for Research in Psychopathology, Buffalo, NY.
15. \*Lai, K., Sanders, A., Parrish, E., Cragin, C. A., **Mote, J.**, Friedman-Yakoobian, M., & West, M. L. (2019, September). "Trauma and attenuated psychotic symptoms in youth at clinical high risk for psychosis." Society for Research in Psychopathology, Buffalo, NY.
16. Demmin, D., **Mote, J.**, Beaudette, D., & Silverstein, S. M. (2019, April). "Electroretinographic changes in response to reward in schizophrenia." Schizophrenia International Research Society, Orlando, FL.
17. **Mote, J.**, Gard, D., & Fulford, D. (2019, March). "The relationship between emotion and everyday social experiences in people with and without schizophrenia: An ecological momentary assessment study." Society for Affective Science, Boston, MA.
18. \*Parent, J. H., **Mote, J.**, Peckham, A. D., Mow, J. L., Ling, S., & Fulford, D. (2019, March). "Eye blink rate and pupil dilation as psychophysiological correlates of approach motivation and pleasure." Society for Affective Science, Boston, MA.

19. \*Gill, K., **Mote, J.**, Abplanalp, S., & Fulford, D. (2019, March). “Parental conditional regard, motivation, and risk for psychopathology in young adults.” Society for Affective Science, Boston, MA.
20. Gandhi, A., Abplanalp, S., **Mote, J.**, & Fulford, D. (2019, March). “Anhedonic depression partially mediates the relationship between negative schizotypy and motivational deficits in a healthy adult sample.” Society for Affective Science, Boston, MA.

## **CAMPUS TALKS**

1. “Spring Semester Career Panel.” (2023, March). Clinical Psychology Colloquium, Boston, MA.
2. “AMP Lab Overview.” (2022, September). Clinical Psychology Colloquium, Boston, MA.
3. “Can positive social interactions increase motivated behavior in people at-risk for schizophrenia? Preliminary results.” (2015, May). Greater Good Science Center, Berkeley, CA.
4. “Glad to be unhappy? The LAUREL program: A new intervention to increase healthy positive affect in bipolar I disorder.” (2015, April). Clinical Science Annual Research Festival, Berkeley, CA.
5. “Can positive social interactions increase motivated behavior in people at-risk for schizophrenia? Study design and plan.” (2014, September). Greater Good Science Center, Berkeley, CA.
6. “Diminished facial expressivity but not emotion experience in men and women with schizophrenia.” (2013, October). Clinical Science Colloquium, Berkeley, CA.

## **TEACHING EXPERIENCE**

### **Tufts University, Sole Instructor**

Research Methods (spring 2022)  
 Evidence-Based Practice (virtual course; fall 2020, 2021)  
 Occupational Therapy Doctoral Experience Component Mentorship (fall 2020, 2021; spring 2021, 2022)

### **University of California, Berkeley, Co-Instructor**

Seminar on Professional Development for Clinic Interns (fall 2014)

### **University of California, Berkeley, Graduate Student Instructor**

Developmental Psychopathology (spring 2015, 2016)  
 Clinical Psychology (fall 2015)

## **MENTORING**

### **Current**

Clinical Psychology PhD Program, Boston University (secondary advisor)  
Renata Botello, M.A.

Rehabilitation Sciences PhD Program, Boston University (secondary advisor)  
Arti Gandhi, B.A., OTD

### **Former**

Clinical Psychology PhD Program, Hofstra University (secondary advisor)  
Ivy Tran, M.A.

Occupational Therapy Doctoral Program, Tufts University (primary advisor)  
Grace DeGrado, B.S.  
Lauren Nowak, B.A.  
Olivia Sabol, B.A.  
Kate Aufort, B.A.  
Emily Machado, B.A.  
Justine Ramos, B.A.

Masters in Mental Health Counseling and Behavioral Medicine, School of Medicine, Boston University (secondary advisor)  
Shari Gordon, B.A. (current: counseling PhD program)

### **Dissertation/Comprehensive Examining Committees and Capstones**

PhD Program in Rehabilitation Sciences, Sargent College: Boston University  
Arti Gandhi (Reader; Chair: Daniel Fulford)

PhD Program in Clinical Psychology, Psychological & Brain Sciences, Boston University  
Renata Botello (Reader; Chair: Daniel Fulford)

PhD Program in Clinical Psychology, Hofstra University  
Ivy Tran (Reader; Chair: William Sanderson)

Entry-Level Doctor of Occupational Therapy (OTD), Tufts University  
Grace DeGrado (2022)  
Lauren Nowak (2022)

## **OTHER EDUCATIONAL ACTIVITIES**

### **Research Education**

2022-present Research Staff and Graduate Student Advisor, Approach Motivation and Participation Lab, Sargent College of Health and Rehabilitation Sciences, Boston University

- 2021-2022 Undergraduate Research Student Advisor, Mote Emotion and Social Health Lab, Tufts University
- 2018-2020 Research Staff, Graduate, and Undergraduate Student Advisor, Approach Motivation and Participation Lab, Sargent College of Health and Rehabilitation Sciences, Boston University
- 2015-2016 Post-Baccalaureate Research Assistant Advisor, Emotion and Social Interaction Lab, University of California, Berkeley
- 2011-2016 Undergraduate Research Assistant Advisor, Emotion and Social Interaction Lab, University of California, Berkeley
- 2015-2016 Undergraduate Research Assistant Advisor, Cal Mania Program, University of California, Berkeley
- 2010-2011 Cooperative Education Undergraduate Research Assistant Advisor, Interdisciplinary Affective Science Lab, Northeastern University
- 2010-2011 Undergraduate Research Assistant Advisor, Interdisciplinary Affective Science Lab, Northeastern University
- 2009-2010 Undergraduate Research Assistant Advisor, Interdisciplinary Affective Science Lab, Boston College

**Workshops, Trainings, and Didactics Series**

- 2023 Addressing Social Isolation and Loneliness in People with Psychosis Spectrum Disorders. Training workshop for CBT for Psychosis internship and practicum students, Edith Nourse Rogers Memorial Veterans Hospital
- 2022 Assessing and Addressing Psychosis in a Brief Intervention. Training workshop for McLean Behavioral Health Partial Hospital Program practicum students, McLean Hospital
- 2021 Cultural Considerations when Assessing and Working with People with Serious Mental Illness. Training workshop for McLean psychology interns, McLean Hospital
- 2018-2020 Academic Writing for Approach Motivation and Participation Lab Members. Workshop series, Sargent College of Health and Rehabilitation Sciences, Boston University
- 2018 Clinical Assessment Training: Learning the SCID, BPRS, CAINS, and QLS. Workshop series, Sargent College of Health and Rehabilitation Sciences, Boston University
- 2018 Cognitive-Behavioral Approaches to Enhance Motivation for Exercise in Parkinson’s Disease. Training workshop for physical therapists (co-led with Dr. Daniel Fulford), Sargent College of Health and Rehabilitation Sciences, Boston University
- 2018 Suicide Risk Assessment for Undergraduate and Community Research Participants. Workshop series, Sargent College of Health and Rehabilitation Sciences, Boston University
- 2017 Acceptance and Commitment Therapy: Introduction for Psychology Interns. Didactics series, Rutgers University Behavioral Health Care
- 2017 Introduction to Facilitating Group Therapy. Training workshop, Division of Schizophrenia Research, Rutgers University Behavioral Health Care
- 2014 Assessing for Severe Mental Illness: Tips for Graduate Trainees in the Community Clinic. Training workshop, University of California, Berkeley

## **Educational Development: Educational Resources and Training Materials**

- 2021 Co-Author, *Sleep and the Family Module*, Veterans Administration.
- 2018 Consultant and Role Play Actor for the training videos for the Walking and mHealth to Increase Participation in Parkinson's Disease (WHIP-PD) manualized physical therapy intervention. Center for Neurorehabilitation, Sargent College of Health and Rehabilitation Sciences, Boston University
- 2017 Review Questions Author, *Abnormal Psychology: The Science and Treatment of Psychological Disorders, 14th Edition* (Kring, A. M., Johnson, S. L., Davison, G., & Neale, J.). Hoboken: Wiley and Sons, Inc.
- 2014 Co-Author of "The Learning Affective Understanding for a Rich Emotional Life (LAUREL) Manual: A Positive Emotion Group Intervention for People with Bipolar I Disorder"
- 2014 Online Materials Author for the Happiness Massive Open Online Course, Greater Good Science Center, Berkeley, CA

## **Clinical Teaching and Supervision**

- 2024-Present Clinical Psychology Supervisor for Licensed Occupational Therapist. Total supervisees: 1
- 2016-2017 Intern Supervisor for Research Staff, Division of Schizophrenia Research, Rutgers University Behavioral Health Care. Total trainees: 10
- 2014-2016 Graduate Student Peer Supervisor, Community Clinic, University of California, Berkeley. Total trainees: 2

## **SERVICE TO PROFESSION**

### **Editorial Board Member**

- 2021-present *Emotion*
- 2020-present *Journal of Psychopathology and Clinical Science* (formerly *Journal of Abnormal Psychology*)

### **Ad Hoc Journal Reviewer**

*Affective Science; American Journal of Psychiatry; Clinical Psychology Review; Emotion; European Psychiatry; Journal of Affective Disorders; Journal of Behavioral and Cognitive Therapy; Journal of Counseling and Clinical Psychology; Journal of Medical Internet Research; JMIR Mental Health; Journal of Mental Health; Journal of Psychopathology and Clinical Science; Nature Scientific Reports; PLOS One; Psychiatric Services; Psychiatry Research; Psychological Bulletin; Schizophrenia Bulletin; Schizophrenia Research; Social Psychiatry and Psychiatric Epidemiology*

### **Organization Leadership**

- 2021-2022 Society for Research in Psychopathology, Conference Program Committee
- 2020-2022 Society for Affective Science, Social Media/Digital Outreach Committee Chair
- 2019-2022 Society for Research in Psychopathology, Publications Committee Co-Chair and Founding Member of the Social Media/Digital Outreach Team
- 2019-2020 Society for Affective Science, Social Media/Digital Outreach Committee Co-Chair
- 2017-2018 Society for Affective Science, Diversity and Innovation Student Committee Member

- 2015-2016 Society for Affective Science, Founding Member & Chair of the Student Committee
- 2012-2013 Society for Research in Psychopathology, Local Host Volunteer

**DEPARTMENTAL/UNIVERSITY SERVICE**

- 2020-2022 Diversity, Equity, Inclusion, and Racial Justice (DEIRJ) Committee, Founding Member, Occupational Therapy Department, Tufts University
- 2020-2022 Student Awards Committee, Member, Occupational Therapy Department, Tufts University
- 2020-2022 Entry-Level Occupational Therapy Doctoral Program Admissions Committee, Member, Occupational Therapy Department, Tufts University
- 2017-2018 Specialized Team for Early Engagement and Recovery (STEER) Program, Program Development Consultant, Nourse Rogers Memorial Veterans Hospital
- 2016-2017 Executive Leadership Academy, Member, Psychiatry Department, Rutgers University Behavioral Health Care/Robert Wood Johnson Medical School
- 2013-2015 Clinical Science Program Graduate Admissions Committee, Member, Psychology Department, University of California, Berkeley
- 2013-2014 Clinical Science Program, Cohort Representative, Psychology Department, University of California, Berkeley
- 2012-2014 Clinical Science Program Colloquium Committee, Founding Member, Psychology Department, University of California, Berkeley

**CLINICAL EXPERIENCE**

- 2022-present Psychologist, Cambridge Psychology Group, Arlington, MA
- 2019-2020 Postdoctoral Clinician, Center for Early Detection, Assessment & Response to Risk (CEDAR) Program, Boston, MA
- 2017-2018 Postdoctoral Clinician, Acceptance and Commitment Therapy (ACT) for Improving Social Support in Veterans with PTSD Study, Edith Nourse Rogers Memorial Veterans Hospital, Bedford, MA
- 2016-2017 Doctoral Internship in Clinical Psychology, Rutgers University Behavioral Health Care/Robert Wood Johnson Medical School, Piscataway, NJ
- 2013-2016 Graduate Therapist and Diagnostic Assessor, LAUREL Program, University of California, Berkeley, CA
- 2011-2016 Graduate Diagnostic Assessor, Emotion and Social Interaction Lab, University of California, Berkeley, CA
- 2014-2015 Graduate Therapist, Community Clinic: Serious Mental Illness Focus, UC Berkeley Psychology Clinic, Berkeley, CA
- 2013-2014 Graduate Therapist, Specialty Clinic: CBT/ACT Balance Clinic, UC Berkeley Psychology Clinic, Berkeley, CA
- 2012-2014 Graduate Assessor for Adult and Children, UC Berkeley Psychology Clinic, Berkeley, CA
- 2012-2013 Graduate Therapist, Specialty Clinic: Couples Therapy, UC Berkeley Psychology Clinic, Berkeley, CA

## **MEDIA COVERAGE**

December 22, 2022, Theresa Gaffney, “Backed by a longtime mental health leader, a new startup aims to build support for serious mental illness,” STAT, <https://www.statnews.com/2022/12/22/tom-insel-vanna-health-mental-illness/>

April 1, 2022, Theresa Gaffney, “As research grows on primary care and serious mental illness, a glaring gap remains,” STAT, <https://www.statnews.com/2022/04/01/mental-illness-primary-care-research/>

August 26, 2020, Tori Rodriguez, “At the crossroads of racism and serious mental illness: An expert roundtable,” Psychiatry Advisor, <https://www.psychiatryadvisor.com/home/topics/general-psychiatry/at-the-crossroads-of-racism-and-serious-mental-illness-an-expert-roundtable/>

## **PROFESSIONAL MEMBERSHIPS/AFFILIATIONS**

American Psychological Association  
Association for Psychological Science  
Society for Affective Science  
Society for Research in Psychopathology  
Society for a Science of Clinical Psychology

## **NONACADEMIC WORK**

2023-present Website Content Writer and Editor, Cambridge Psychology Group  
2022 Academic Job Materials Editor, The Professor Is In

## **COMMUNITY INVOLVEMENT/OUTREACH**

2021-2023 Project SHORT, Pre-Grad Mentor  
2018-2019 Science Consultant for the early childhood music album, “Science Is For Me,” by Emmy Brockman  
2014 English Language Guest Teacher in Science & Technology (student ages 15-16), “An Introduction to the Brain” lesson, SMK Dato Seri Maharaeja Lela, Kampung Gajah, Perak, Malaysia  
2013 Elementary School Educational Outreach Volunteer, Mind and Brain Night, “Learning About Emotions,” Oakland, CA  
2010-2011 Middle and High School Educational Outreach Volunteer for the Interdisciplinary Affective Science Lab, Northeastern University, Boston, MA