

Robert W. Sawdey

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EDUCATION

Tufts University, Medford, MA

September 2019 - May 2023

Bachelor of Science in Psychology with concentration in Women's, Gender, & Sexuality Studies

Cumulative GPA: 3.94/4.00; Major GPA: 3.97/4.00

AWARDS & HONORS

- 2022 Tufts University Summer Scholars Research Program Winner (\$7000)
- Summa Cum Laude Honors
- Dean's List All Semesters
- *Psi Chi* International Honor Society

TALKS

- Copeland, J. M., **Sawdey, R. W.**, Paz-Flores, M., Lee, J., Bair, Z. A., Harris, K. L., & Remedios, J. D. (June, 2023). U.S. Psychology Doctoral Programs: Assessing the Presence of Race-Related Research. Talk presented at the annual meeting for the Society for the Psychological Study of Social Issues Conference. Denver, Colorado.
- Maimone, J. S., Mote, J., Kangarloo, T., Schupbach, E., Johnson, D. S., de Marneffe, F. B., **Sawdey, R. W.**, Riley, L. S., Hensley, A., DeTore, N., Gard, D., Holt, D. J., Fulford, D. (*submitted*). Momentary perceptions of social needs and loneliness in serious mental illness: A test of social homeostasis. In J. Song (Chair), *Social factors and psychopathology: How social contact, social support, and social functioning influence psychiatric symptoms across diagnoses*. [Symposium presentation]. The 58th annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

POSTERS

- Copeland, J. M., **Sawdey, R. W.**, Paz-Flores, M., Lee, J., Bair, Z. A., Harris, K. L., & Remedios, J. D. (February 2023). Assessing the Presence of Race-Related Research in U.S. Psychology Doctoral Programs. Poster presented at the annual meeting for the Society of Personality and Social Psychology Conference. Atlanta, Georgia.

RESEARCH EXPERIENCE

Clinical Research Coordinator, Boston University

Approach Motivation & Participation (AMP) Lab - Boston, MA

Principal Investigator: Daniel Fulford, PhD

February 2024 - Present

Boston University & Athinoula A. Martinos Center for Biomedical Imaging Projects:

NIMH R01MH127265 - Neurobehavioral mechanisms of social isolation and loneliness in serious mental illness

NIMH R01MH125426 - Stable and dynamic neurobehavioral phenotypes of social isolation and loneliness in serious mental illness

- Coordinate longitudinal, multi-method, NIH-funded studies investigating the factors that contribute to loneliness and social isolation among those with psychosis spectrum disorders

- Prepare and keep track of the study's smartphones, program MetricWire (an Ecological Momentary Assessment data collection platform) surveys, conduct daily adherence checks and follow-ups with participants, and troubleshoot technical issues
- Manage participant recruitment, participant tracking, the participant payment process, and lab finances
- Manage IRB and complete IRB progress reports (e.g., RPPR)

Research Assistant, Tufts University Social Cognition (TUSC) Lab September 2021 – May 2023
Department of Psychology, Tufts University - Medford, MA
Principal Investigator: Dr. Keith Maddox, PhD

- Attended lab meetings twice per week
- Worked on a study investigating using emotion regulation as a tool to mitigate anxiety and facilitate interracial dialogue. Revised the design of the experiment, worked on Qualtrics survey programming, assisted with in-person data collection by administering experimental protocols, and extracted themes from qualitative data
- Worked on a research project investigating perceptions of racial and LGBTQ+ inclusivity on Tufts' campus. Transcribed video-taped interviews, made note of common misunderstandings among participants regarding the interview questions, checked the accuracy of other Research Assistants' transcriptions, and extracted themes from these transcriptions

Independent Research Assistant, Social Identity and Stigma (SIS) Lab June 2021 - May 2023
Department of Psychology, Tufts University - Medford, MA
Principal Investigator: Dr. Jessica Remedios, PhD

- Attended weekly lab meetings
- Conducted extensive systematic literature review for a project researching Asian and Asian-American recruitment practices in psychological studies
- Created stimuli for an experiment investigating racism and perceptions of job applicants
- Researched, read, and reviewed reputable news articles about multiracial identity in the United States for a research project investigating positive/negative language about multiracial people
- Coded the racial demographics, research areas, and faculty positions of professors across 35 US universities in SPSS for a study investigating the presence of race-related research among US psychology doctoral programs

Independent Research:

- Conceptualized, designed, wrote a grant proposal for, and presented a research project proposal in the lab each semester
- In fall of 2021, presented a mixed-methods study which sought to investigate perceptions of intersectional LGBTQ+ economic inequities in housing and healthcare. Conducted extensive literature review and wrote abstract, grant proposal, and a letter of collaboration under Dr. Remedios' mentorship. Was accepted into the Tufts University Summer Scholars Research Program in March of 2022

Research Assistant, Racial Equity and Diversity (RED) Lab August 2020 - May 2021
Department of Psychology, Tufts University - Medford, MA
Principal Investigator: Dr. Samuel Sommers, PhD

- Attended weekly lab meetings
- Conducted literature reviews on articles pertaining to dehumanization in jury decision-making, stereotype threat, and police brutality
- Created and piloted Qualtrics surveys for experiments investigating dehumanization in the context of jury decision-making
- Conducted extensive data cleaning, analysis, and visualization using RStudio, SPSS, and JASP for various projects researching racial inequities in the criminal justice system
- Created and presented two projects: one on hypermasculinity in the U.S. police system and another on reimagining policing and community safety

CLINICAL EXPERIENCE

Clinical Assessor, Boston University

February 2024 - Present

Approach Motivation & Participation (AMP) Lab - Boston, MA

Principal Investigator: Daniel Fulford, PhD

- Conduct study visits at Massachusetts General Hospital involving clinical interviews (Quality of Life Scale, Global Functioning Scale, Brief Psychiatric Rating Scale, Clinical Assessment Interview for Negative Symptoms, Calgary Depression Scale), various cognitive tasks (Penn Emotion Recognition, Faux Pas, Brief Assessment of Cognition in Schizophrenia), smartphone set up and instructions, and surveys
- Discuss ratings during clinical consensus meetings and enter finalized data into REDCap

Mental Health Specialist, McLean Hospital

July 2023 - Present

Dissociative Disorders & Trauma Inpatient Unit - Belmont, MA

Nursing Director: Kayla Hourihan, RN

- Conduct clinical risk assessments and clinical check-ins to evaluate patients' mental health conditions, collaborating with co-workers to implement care plans
- De-escalate high-risk, volatile situations to maintain patient safety and prevent psychiatric emergencies
- Conduct safety checks on the 21-patient unit, lead and facilitate various therapeutic groups, and discuss patients' conditions with psychiatrists and nurses during clinical rounds
- Maintain electronic patient records, write and revise progress notes, complete observation sheets, and conduct vital signs each shift
- Cultivate therapeutic alliances with patients who have various identities, diagnoses, and lived experiences

REFERENCES

Daniel Fulford, PhD

Boston University

Associate Professor, Department of Occupational Therapy

Principal Investigator | [Boston University Approach Motivation & Participation Lab](#)
dfulford@bu.edu

Jasmine Mote, PhD

Boston University

Research Assistant Professor, Department of Occupational Therapy

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Dr. Jessica Remedios, PhD

Tufts University

Associate Professor, Department of Psychology

Principal Investigator | [Tufts University Social Identity and Stigma \(SIS\) Lab](#)

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Dr. Keith Maddox, PhD

Tufts University

Professor, Department of Psychology

Principal Investigator | [Tufts University Social Cognition \(TUSC\) Lab](#)

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Dr. Samuel Sommers, PhD

Tufts University

Professor & Chair, Department of Psychology

Principal Investigator | [Tufts University Racial Equity and Diversity \(RED\) Lab](#)

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