# Gil Grunfeld, MSc, MA

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# **EDUCATION**

Boston University, Boston, MA PhD, Clinical Psychology MA, Clinical Psychology	2024 – present 2023 – 2024
McGill University, Montréal, QC MSc, Transcultural Psychiatry	2021-2023
McGill University, Montréal, QC BA & Sc, Cognitive Science Philosophy & Neuroscience Dual Concentration (First-Class Honours, with Distinction)	2017 – 2021

### **PEER-REVIEWED PUBLICATIONS**

- 1. **Grunfeld, G.**, Lemonde, A.C., Paquin, V., Gold, I., Iyer, S.N., Lepage, M., Joober, R., Malla, A., Shah, J.L. Concordance of delusional themes across first and subsequent episodes of psychosis: Do they persist or change? (under review).
- 2. **Grunfeld, G.**, Bringmann, L.F., Fulford, D., Putting the 'experience' back in experience sampling: A phenomenological approach (2024). *Journal of Psychopathology & Clinical Science* (in press).
- Aversa, S., Ghanem, J., Grunfeld, G., Lemonde, A.C., Iyer, S.N., Malla, A., Joober, R., Lepage, M., Shah, J.L. Sociodemographic and Clinical Correlates of Hallucinations at Admission to an Early Intervention Program for First Episode Psychosis (2024). *Schizophrenia Research*, (269) 86-92. <u>https://doi.org/10.1016/j.schres.2024.04.026</u>
- Grunfeld, G., Lemonde, A.C., Gold, I., Iyer, S.N., Malla, A., Lepage, M., Joober, R., Boksa, P., Shah, J.L. (2022). "The more things change..."? Stability of delusional themes across 12 years of presentation to an early intervention service for psychosis. *Social Psychiatry and Psychiatric Epidemiology*, 1-7. <u>https://doi.org/10.1007/s00127-022-02324-9</u>
- Grunfeld, G., Akingeneye, P., Muhire, H. B., Kamanzi, E. R., Kanyamuhunga, A., Morantz, G., & Tuyisenge, L. (2022). Child Abuse Evaluations at the Centre Hospitalier Universitaire de Kigali (CHUK): Medical Education and Experience. *International Journal on Child Maltreatment: Research, Policy and Practice*, 1-23. <u>https://doi.org/10.1007/s42448-021-00107-4</u>
- Hailey, C. E., Yopp, J. M., Deal, A. M., Mayer, D. K., Hanson, L. C., Grunfeld, G., Rosenstein, D. L., ... Park, E. M. (2018). Communication with children about a parent's advanced cancer and measures of parental anxiety and depression: a cross-sectional mixed-methods study. *Supportive care in cancer : official journal of the Multinational Association of Supportive Care in Cancer*, 26(1), 287-295. <u>https://doi.org/10.1007/s00520-017-3847-9</u>
- Hailey, C. E., Yopp, J. M., Deal, A. M., Mayer, D., Reeder-Hayes, K. E., Hanson, L. C., Grunfeld, G. ... & Park, E. M. (2016). Psychological distress and communication with children about a parent's advanced cancer: A mixed-methods study. *Journal of Clinical Oncology*, 34(26, suppl), 236-236.

# **CONFERENCES & POSTER PRESENTATIONS**

 Grunfeld, G., Maimone, J., Mote, J. Gard, D., Mueser, K., Fulford, D. Phenomenology of social needs and experiences in psychosis: an exploratory mixed-methods approach. <u>2024 Schizophrenia International Research Society</u> <u>Congress</u>, Florence, Italy, April 3-7.

- Maimone, J. S., Grunfeld, G., Mote, J., Mueser, K. T., Gard, D., Fulford, D. (2024, April). Exploratory Network Analysis of Individual and Group-Level Social Processes in Schizophrenia Using Intensive Longitudinal Data. <u>2024</u> <u>Schizophrenia International Research Society Congress</u>, Florence, Italy, April 3-7.
- 3. Aversa, S.\*, Ghanem, J.\*, **Grunfeld, G.**, Lemonde, A.C., Iyer, S.N., Malla, A., Joober, R., Lepage, M., Shah, J.L. Sociodemographic and Clinical Correlates of Hallucinations at Admission to an Early Intervention Program for First Episode Psychosis. <u>2024 Schizophrenia International Research Society Congress</u>, Florence, Italy, April 3-7.
- 4. **Grunfeld, G.**, Lemonde, A.C., Gold, I., Iyer, S.N., Malla, A., Lepage, M., Joober, R., Boksa, P., Shah, J.L. (2022). Delusion Themes Across Relapse Episodes at an Early Intervention Program for Psychosis. <u>International Association</u> for Youth Mental Health Annual Conference, Copenhagen, Denmark, September 29-October 1.
- Grunfeld, G., Lemonde, A.C., Gold, I., Iyer, S.N., Malla, A., Lepage, M., Joober, R., Boksa, P., Shah, J.L. (2022). "The more things change..."? Stability of delusional themes across 12 years of presentation to an early intervention service for psychosis. <u>2022 Schizophrenia International Research Society Congress</u>, Florence, Italy, April 6-10.
- Grunfeld, G., Akingeneye, P., Muhire, H. B., Kamanzi, E. R., Kanyamuhunga, A., Morantz, G., & Tuyisenge, L. (2022). Child Abuse Evaluations at the Centre Hospitalier Universitaire de Kigali (CHUK): Medical Education and Experience. <u>International Society for the Prevention of Child Abuse and Neglect 2022 Congress</u>, Québec City, Canada, March 28-30.
- Grunfeld, G., Akingeneye, P., Muhire, H. B., Kamanzi, E. R., Kanyamuhunga, A., Morantz, G., & Tuyisenge, L. (2019). Child Abuse Evaluations at the Centre Hospitalier Universitaire de Kigali (CHUK): Medical Education and Experience. <u>McGill Global Health Night 2019</u>, Montréal, Canada, November 5.

# **INVITED TALKS**

- 1. "Phenomenology and loneliness" (2024, July). Center for Subjectivity Research PhD Research Day, University of Copenhagen, Denmark.
- 2. "Delusion content across early psychosis: phenomenology to clinical practice" (2024, June). McGill Lab for Computational Psychiatry and Translation (virtual talk).

# **AD-HOC JOURNAL REVIEWER**

# **AWARDS, SCHOLARSHIPS, & GRANTS**

Boston University Sargent College Travel Grant [\$1500]	2024
Douglas Mental Health University Institute Marie Giguère Travel Award [\$500]	2022
McGill Graduate Research Enhancement and Training Award (GREAT) [\$1000]	2022
McGill Psychiatry Graduate Excellence Fellowship in Mental Health Research [\$5000]	2021 - 2022
Tomlinson Engagement Award for Mentoring [\$300]	2020
Faculty of Science Scholarship [\$600]	2020
Dean's Honour List (Bachelor of Arts & Science)	2019 - 2021
McGill Global Health Scholarship (supported by Davis, Brun & De Rito Undergraduate Award) [\$5000]	2019 - 2020
McGill Women in Leadership Mentorship Program	2018 - 2019
James McGill Scholarship [\$3000]	2017 - 2018
Massachusetts House of Representatives Community and Scholarship Award	2017
Bryn Mawr President's Book Award for Outstanding Young Women	2017

# **RESEARCH EXPERIENCE**

Cambridge Health Alliance/Harvard University Department of Psychiatry	
Graduate Student Researcher	December 2024 – present
Supervisor: Lynn DeLisi, MD	-
• Lead collaborative research project on social connection and recovery in an outpatient first-episode psychosis clinic	
(Recovery in Shared Experience program; RISE).	

Graduate Student Researcher

Approach Motivation & Participation (AMP) Lab (Boston University)

Supervisor: Daniel Fulford, PhD

- Complete mixed-methods PhD thesis research.
- Conduct patient assessments and administer ecological momentary assessment data collection, management, and analysis.
- Assist with recruitment for ongoing studies. •

### **Center for Subjectivity Research (University of Copenhagen)**

Visiting Scholar

Supervisor: Dan Zahavi, PhD

Complete research project on the phenomenology of loneliness.

#### McGill University Department of Psychiatry (Douglas Mental Health University Institute) September 2021 – April 2023

Role: MSc Student (fully-funded) Supervisor: Jai Shah, MD

- Completed quantitative thesis research and prepared manuscript on delusions as predictors for relapse episodes in • early psychosis.
- Conducted patient assessments for research studies and data-informed treatment protocol.
- Aided in patient recruitment and follow-up for clinical research studies. •
- Served as a research mentor to symptom evaluators interested in conducting independent research projects.
- Generated research questions, utilized advanced statistical methods, and wrote first-authored manuscript in addition to graduate thesis (preparing for publication).

### McGill University Department of Psychiatry (Division of Social & Transcultural Psychiatry)

**Cognitive Science Honors Research Student** 

Co-Supervisors: Ian Gold, PhD; Jai Shah, MD

- Generated research question and conduct quantitative analysis of first-episode psychosis patient data on delusional themes, sociodemographic variables, and clinical variables.
- Produced first-authored publication. •

### McGill University Faculty of Medicine (McGill Global Child Health Program)

Global Health Scholar in Kigali, Rwanda\* Supervisor: Gillian Morantz, MD

- Conducted interviews with child protection trainees and pediatric medical professionals onsite in Kigali, Rwanda, and reviewed patient chart data at the Centre Hospitalier Universitaire de Kigali (CHUK).
- Completed literature review, qualitative data coding, quantitative analyses, and publication first authorship. \*supported by Davis, Brun & De Rito Undergraduate Award)

# University of North Carolina, Chapel Hill, Departments of Psychiatry and Oncology

Research Intern

Supervisor: Eliza Park, MD

- Carried out thematic coding analysis of oncology patient interview data. •
- Assisted in literature reviews. •
- Co-authored publication on the psychological effects of parental terminal illness on young people and their families.

# **CLINICAL EXPERIENCE**

#### Center for Anxiety and Related Disorders (CARD), Boston University

Practicum Student

- Provide individual psychotherapy and assessment in an outpatient treatment center.
- Administer and document adult neuropsychological testing. •
- Collaborate with clinical team to develop treatment plans and case conceptualizations. •

### Prevention and Early Intervention Program for Psychosis Montreal (PEPP-Montréal)

Clinical Symptom Evaluator

Collaborated with case managers and psychiatrists to tailor treatment for early psychosis patients.

### Gil Grunfeld | June 2024

September 2023 – present

May 2024 - June 2024

May 2020 - May 2021

August 2015 - June 2017

March 2019 – March 2021

2021 - 2023

2024 - present

• Obtained skills in active listening, communicated with family members, and provided clinical summaries to patients' treatment providers.

### **McGill Students Nightline**

Hotline Volunteer

- Completed 40 hours of active listening training and provide confidential listening services to community members.
- Utilized skills in de-escalation, safety planning, and relevant resource management for those seeking help through the anonymous service.

### Lexington Youth and Family Services

Youth Board Member

- Led consultation services and outreach program on suicide prevention for young people in Lexington, MA.
- Acted as a liaison between high school population and local government boards to inform suicide prevention measures on the town and school-administrative levels.
- Educated high school students on the signs of suicidal ideation and peer-to-peer crisis management.

### Semester Off

Communications Manager

- First employee of group-based psychosocial education enrichment program for young adults ages 17-25 (Wellesley, MA; <u>semesteroff.com</u>).
- Assembled mental health resource database through outreach to primary and secondary education health services, local psychological care providers, and spiritual/religious leaders in the greater Boston area.
- Organized local public advertising of service through posters and consistent web-based content/social media.

# **TEACHING EXPERIENCE**

### McGill University Tomlinson Engagement Award for Mentoring (TEAM)

Teaching Assistant (Instructor: Gabriella Coleman, PhD) Arts & Science Integrative Topics – BASC 201 September 2020 – December 2020

# SKILLS

Languages: English (Native Fluency), Hebrew (Native Fluency), French (Professional Fluency) Clinical Assessment: SCID-5, PHQ-9, QLS, CUAD/CAGE, BPRS, OASIS, SOFAS, SAPS, SANS, SNAPSI, CAINS, CORS, CDSS, PANSS-6 Neuropsychological Assessment: WMS-IV, BCATS, WAIS-IV, WJ-V, DKEFS Software: R (Advanced), SPSS (Advanced), Python (Intermediate), JASP, NVivo, Microsoft Excel, Castor, EndNote

# **PROFESSIONAL AFFILIATIONS**

American Psychological Association (APA)	2023 – present
Society for Research in Psychopathology (SRP)	2023 – present
Schizophrenia International Research Society (SIRS)	2020 – present

2015 - 2017

2020 - 2021

2014 - 2022

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