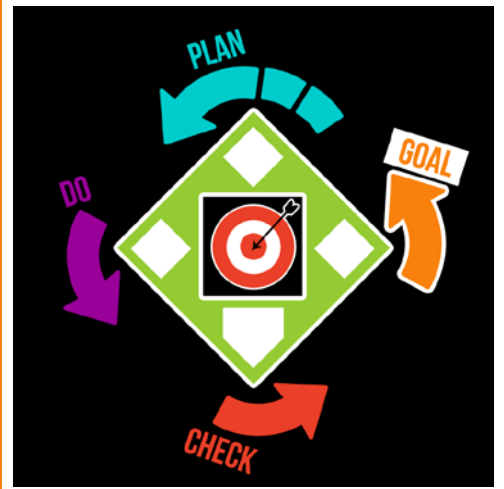


First Base: Goal

What activity would I like to do?

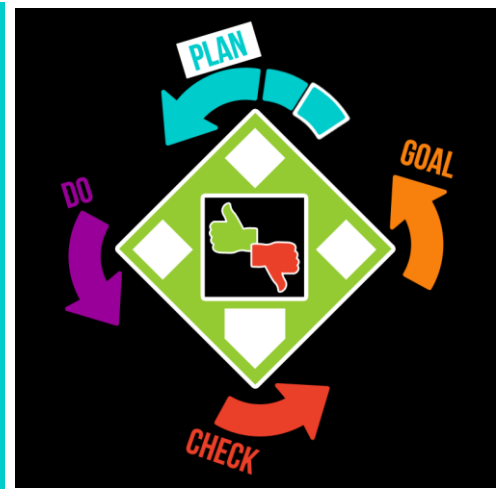



































Write or draw a picture of the activity you would like to do.

My goal is:

Second Base: Plan – Step 1

What parts of the environment help me or make it hard for me?






Parts of the Environment	Supports	Barriers
Things 	 Helps	 Harder
Inside places 	 Helps	 Harder
Outside places 	 Helps	 Harder
People 	 Helps	 Harder
Services & Organizations 	 Helps	 Harder
Rules 	 Helps	 Harder
Technology 	 Helps	 Harder
Ground 	 Helps	 Harder
Entrances & Exits 	 Helps	 Harder
Signs & Information 	 Helps	 Harder
Light, Sound, & Smell 	 Helps	 Harder

Second Base: Plan – Step 2

What strategy can I use to change the environment?

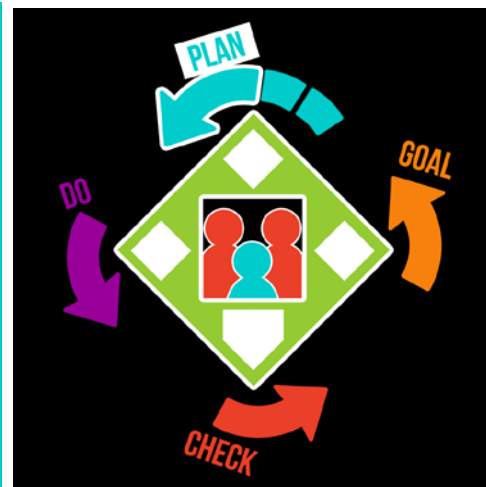


Look on page 3 and write down three parts of the environment that make it hard for you (barriers) to do the activity.

Barriers	What strategy can I use?	Explain your strategy
	<input type="checkbox"/> Plan ahead <input type="checkbox"/> Change spaces <input type="checkbox"/> Change the rules <input type="checkbox"/> Ask someone for help <input type="checkbox"/> Use technology or things <input type="checkbox"/> Teach others about abilities and needs	
	<input type="checkbox"/> Plan ahead <input type="checkbox"/> Change spaces <input type="checkbox"/> Change the rules <input type="checkbox"/> Ask someone for help <input type="checkbox"/> Use technology or things <input type="checkbox"/> Teach others about abilities and needs	
	<input type="checkbox"/> Plan ahead <input type="checkbox"/> Change spaces <input type="checkbox"/> Change the rules <input type="checkbox"/> Ask someone for help <input type="checkbox"/> Use technology or things <input type="checkbox"/> Teach others about abilities and needs	

Second Base: Plan – Step 3

Would using this strategy change the activity for other people?



Choose 1 strategy: _____

Who is involved in this activity or making this change?	Would using this strategy help or make it harder for someone else to do this activity?	Would using this strategy keep the activity fun?
Family <input type="checkbox"/> Yes → <input type="checkbox"/> No	<input type="checkbox"/> Help <input type="checkbox"/> Harder <input type="checkbox"/> No Change 	<input type="checkbox"/> Fun <input type="checkbox"/> Less Fun
Friends <input type="checkbox"/> Yes → <input type="checkbox"/> No	<input type="checkbox"/> Help <input type="checkbox"/> Harder <input type="checkbox"/> No Change 	<input type="checkbox"/> Fun <input type="checkbox"/> Less Fun
Classmates or Co-workers <input type="checkbox"/> Yes → <input type="checkbox"/> No	<input type="checkbox"/> Help <input type="checkbox"/> Harder <input type="checkbox"/> No Change 	<input type="checkbox"/> Fun <input type="checkbox"/> Less Fun
Teachers or Staff <input type="checkbox"/> Yes → <input type="checkbox"/> No	<input type="checkbox"/> Help <input type="checkbox"/> Harder <input type="checkbox"/> No Change 	<input type="checkbox"/> Fun <input type="checkbox"/> Less Fun
Bosses or Supervisors <input type="checkbox"/> Yes → <input type="checkbox"/> No	<input type="checkbox"/> Help <input type="checkbox"/> Harder <input type="checkbox"/> No Change 	<input type="checkbox"/> Fun <input type="checkbox"/> Less Fun
Others: _____ <input type="checkbox"/> Yes → <input type="checkbox"/> No	<input type="checkbox"/> Help <input type="checkbox"/> Harder <input type="checkbox"/> No Change 	<input type="checkbox"/> Fun <input type="checkbox"/> Less Fun
Add up totals from each:	_____ _____ _____	_____ _____

Third Base: Do

Who do I talk to about making this change?



Who would you talk to about making this change?

Name

Title/Position

In this situation, are you a...

- Customer/User
- Employee
- Student

What disability law can help?

ADA



IDEA



Rehab Act (Section 504)



Copy what you wrote in each box of the "Advocating for Change" script here.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Home: Check

Can I do this activity now?



Am I able to do this activity now?	Am I happy with the way that I can do the activity?	Is there any part of the environment that still makes it hard for me to do the activity?
<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
If <i>No</i> , why not?	If <i>No</i> , why not?	If <i>Yes</i> , what part of the environment and why?