

Table 1. Baseline Characteristics of Boston ARCH Participants (n=250)

Characteristic	n (%)
Age (mean/range)	48.7 (23-68)
Female	93 (37%)
Current partner or spouse	138 (55%)
Completed high school or equivalent	162 (65%)
Employed	40 (16%)
Current smoker ^a (n=249)	195 (78%)
Depressive symptoms ^b (n=248)	74 (30%)
BMI (median/IQR)	26.0 (23, 30)
Osteoporosis or Osteopenia at 1 or more site ^c (n=245)	159 (65%)
HIV Risk Factor (modified CDC hierarchy) (n=248)	
Male to male sex	29 (12%)
Injection drug use	119 (48%)
Presumed heterosexual sex	76 (31%)
Currently taking antiretroviral medication	220 (88%)
HIV viral load <200 copies (n=249)	178 (72%)
CD4 Cell count <200 (n=249)	27 (11%)
Hepatitis C infection ^d (n=249)	146 (59%)
Ever injected drugs (n=249)	143 (57%)
Substance dependence, past 12 months ^e	
No alcohol or drug dependence, past 12 months	47 (19%)
Alcohol dependence only, past 12 months	23 (9%)
Drug dependence only, past 12 months	53 (21%)
Alcohol and drug dependence, past 12 months	127 (51%)
Unhealthy alcohol use, past year ^f	160 (64%)
Cocaine use, any, past year	142 (57%)
Marijuana use, any, past year	138 (55%)
Heroin use, any, past year	70 (28%)
Risky drinking, past 30 days (NIAAA consumption criteria)	
Abstainer	83 (33%)
“Non-risky” drinker	40 (16%)
Risky drinker	127 (51%)
Cocaine use, any, past 30 days	76 (30%)
Marijuana use, any, past 30 days	111 (44%)
Heroin use, any, past 30 days	38 (15%)
Currently prescribed buprenorphine or methadone (n=225)	51 (23%)

a. CDC definition: ≥100 cigarettes in lifetime and now smoking “every day” or “some days”

b. Score on Patient Health Questionnaire-2 (PHQ-2) ≥3

c. Osteopenia is defined by T-score > -2.5 but < -1.0; Osteoporosis is defined by T-score ≥ -2.5; anatomical sites measured included: total spine, femoral neck and total hip

d. Defined by ever HCV antibody positive or any HCV viral load ≥1

e. Assessed by Mini International Neuropsychiatric Interview (MINI) 6.0 (DSM-IV Criteria)

f. Assessed by consumption questions from Alcohol Use Disorders Identification Test (AUDIT-C) [male score ≥4; female score ≥3]