



## **THE PHYSIOLOGY OF ADDICTION: EFFECTS OF DRUG-TAKING BEHAVIOR ON THE BRAIN**

**RUTH POTEE, MD**

Dr. Ruth Potee, a well-known physician, board-certified in Family Medicine and Addiction Medicine, will provide an overview of how substances and addictive behaviors impact the brain and how the brain is injured by prolonged exposure to these substances and behaviors.

This presentation focuses on the three predisposing factors that put individuals at risk for addiction: genetics, early exposure during brain development and history of childhood trauma.

This program is appropriate for parents of middle and high school students. Students ages 14 and up are encouraged to attend.



## **A Community Conversation Opioids, Rx Drugs & Youth**

**Nashoba Regional  
School District  
March 21st from  
6:30pm-7:30pm\***

**Everyone has a Role  
in Keeping our Youth  
Safe, Healthy and  
Drug-free**

**Nashoba Regional  
School District  
12 Green Road  
Bolton, MA 01740**

*\*Arrive at 5:30pm for an interactive program with Hidden In Plain Sight and speak with representatives from Learn to Cope.*

*Hidden in Plain Sight provides parents with clues from a teen's bedroom to help them determine whether their child might be experimenting with or using drugs or alcohol.*