

LifeSkills Training Materials for Middle Schools



The following materials are for **Massachusetts LifeSkills Training certification holders ONLY**. LifeSkills Training materials are available for Level 1 (Grade 6/7), Level 2 (Grade 7/8), and Level 3 (Grade 8/9). While the Training Set/Teacher's Manuals are essential to use at each level, the Student Guides are optional, but encouraged.

Training Set - Teacher's Manual

The LifeSkills Training for Level 2 and 3 are intended for students who have taken the previous Level training.): Limited to 1 copy of each LifeSkills Training certified instructor

- SA3598: Level 2 Training Set (Grades 7/8)
- SA3597: Level 3 Training Set (Grades 8/9)

Student Guides

To be used with the Training Set of the corresponding level: Limited to 200 copies of each level per order

- SA3544: Level 1 Student Guides (Grades 6/7)
- SA3569: Level 2 Student Guides (Grades 7/8)
- SA3596: Level 3 Student Guides (Grades 8/9)

LifeSkills Training Supplement for teaching Native American students

A Circle Tied to Mother Earth is a supplement to the LifeSkills Training and will not replace the other materials above. While it includes stories, poems, and images to help LifeSkills Training resonate with Native American students, other youth may enjoy it as well. Limited to 1 copy of each LifeSkills Training certified instructor.

- SA3578: A Circle Tied to Mother Earth

To order the materials, go to: [Mass.gov/dph/LifeSkillsMaterials](https://www.mass.gov/dph/LifeSkillsMaterials)

Please contact the MA Health Promotion Clearinghouse at clearinghouse@hria.org
or 617-830-5590 for any questions.