Measure of Adolescent Relationship Harassment and Abuse (MARSHA)

Perpetration version

**Instructions**: Think about all of the people you were *dating, hooking up with or in a romantic relationship within the past year*. Answer the following questions thinking about these people. How many times did the following things happen, *not for fun or as a joke*? Your best guess about the number of times is OK.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  |  | 0 times | 1-3 times | 4-10 times | More than 10 times |
| 1.  | I threatened to, or actually spread rumors about them. | 0 | 1 | 2 | 3 |
| 2. | I spread rumors, gossip, or secrets about them using texts, social media or apps. | 0 | 1 | 2 | 3 |
| 3. | I told them that I was cheating on them, even if I wasn’t, just to make them feel bad. | 0 | 1 | 2 | 3 |
| 4. | I tried to get their friends to stop talking to them or stop being friends with them. | 0 | 1 | 2 | 3 |
| 5. | I threatened to, or actually hurt, someone they care about. | 0 | 1 | 2 | 3 |
| 6. | I demanded that they spend money on me even if they didn’t want to. | 0 | 1 | 2 | 3 |
| 7. | I insulted their family, culture, race, ethnicity, sexual orientation, gender identity or religion, to make them feel bad, embarrassed, or insecure. | 0 | 1 | 2 | 3 |
| 8. | I made them give me money. | 0 | 1 | 2 | 3 |
| 9. | I insulted their looks, clothes, or appearance, to make them feel bad, embarrassed, or insecure. | 0 | 1 | 2 | 3 |
| 10. | I hit, punched, kicked, or choked them. | 0 | 1 | 2 | 3 |
| 11. | I slapped, pushed, shoved, or shook them. | 0 | 1 | 2 | 3 |
| 12. | I got other people to hit them or beat them up. | 0 | 1 | 2 | 3 |
| 13 | I did something to them to cause a bruise, cut, scratch, burn, sprain, or other injury. | 0 | 1 | 2 | 3 |
| 14 | I used a gun or knife on them. | 0 | 1 | 2 | 3 |
| 15 | I used a stick, bat, or some other weapon on them. | 0 | 1 | 2 | 3 |
| 16 | I damaged their property or belongings on purpose. | 0 | 1 | 2 | 3 |
| 17. | I pressured them to do something sexual. | 0 | 1 | 2 | 3 |
| 18. | I forced or pressured them to take nude or almost nude photos or videos. | 0 | 1 | 2 | 3 |
| 19. | I asked, or pressured them, for a nude or almost nude photo or video of themselves, when they might not have wanted to give me one. | 0 | 1 | 2 | 3 |
| 20. | I gave them alcohol or drugs in order to get sexual with them because they might not have wanted to get sexual. | 0 | 1 | 2 | 3 |
| 21. | I forced them to do something sexual. | 0 | 1 | 2 | 3 |
| 22. | I showed or sent other people nude or almost nude photos or videos of them that they didn’t know about or might not have wanted me to do. | 0 | 1 | 2 | 3 |
| 23. | I tried to go with them when they were doing something with their friends or family, even when they might not have wanted me to join. | 0 | 1 | 2 | 3 |
| 24. | I messaged them constantly in order to keep track of them or monitor what they were doing. | 0 | 1 | 2 | 3 |
| 25. | I followed them or spied on them, or stalked them in real life (not online). | 0 | 1 | 2 | 3 |
| 26. | I tried to make them feel like they could not break up with me or get out of the relationship. | 0 | 1 | 2 | 3 |
| 27. | I sent them scary or threatening messages via text, social media, or another app. | 0 | 1 | 2 | 3 |
| 28. | I tried to stop them from spending time with their family or friends | 0 | 1 | 2 | 3 |
| 29. | I asked them to give me one or more of their passwords. | 0 | 1 | 2 | 3 |
| 30. | I asked them to show me things on their phone or other device, such as texts or social media. | 0 | 1 | 2 | 3 |
| 31. | I looked through their phone or other device at their texts, social media, or apps, when they did not know I was doing that or they did not want me to do that. | 0 | 1 | 2 | 3 |
| 32. | I used social media or other apps to keep track of them and monitor where they were going or where they had been. | 0 | 1 | 2 | 3 |
| 33. | I changed their passwords in order to lock them out of their own phone, computer, other device, social media or other online accounts | 0 | 1 | 2 | 3 |
| 34. | I yelled, screamed, or swore at them. | 0 | 1 | 2 | 3 |
| 35. | I punched the wall, slammed the door, or threw something. | 0 | 1 | 2 | 3 |
| 36. | I threatened to hit them to scare or worry them. | 0 | 1 | 2 | 3 |
| 37. | I stopped talking to them to punish, hurt, or scare them | 0 | 1 | 2 | 3 |
| Supplemental Questions (ages 16 – 21) |
| S1 | I didn’t use birth control or use condoms in the way we agreed on (such as, didn’t use a condom, messed with birth control pills). | 0 | 1 | 2 | 3 |
| S2 | I tried to get them pregnant, or pressured them to get pregnant. | 0 | 1 | 2 | 3 |
| S3 | I locked them out of their house or apartment. | 0 | 1 | 2 | 3 |

**Source:** Rothman, E.F., Paruk, J., Cuevas, C.A., Temple, J., Gonzales, K. (2020). The development of the Measure of Adolescent Relationship Harassment and Abuse (MARSHA): Input from Black and Multiracial, Latinx, Native American, and LGBTQ+ youth. Journal of Interpersonal Violence. <https://doi.org/10.1177/0886260520936367>

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**Subscales:** Social control: Items 1-9; Physical abuse: Items 10-16; Sexual abuse: Items 17-22; Isolation: Items 23-28; Cyber Control: Items 29-33; Intimidation: Items 34-37

**Scoring**: Add points for each item (0 to 3) to create a total scale score as well as the score for each subscale. If a respondent skipped two more items for any of the subscales, that subscale should not be scored and considered incomplete. If a total of 10 or more questions are skipped in the full MARSHA, then it should be considered incomplete. A score of 0 means no dating abuse or unhealthy relationship behavior perpetration. A score of 1 and higher indicates the presence of unhealthy relationship behavior perpetration. Higher scores indicate greater frequency of unhealthy relationship behavior perpetration. Supplemental questions are added only on participants ages 16-21, however they should not be included in the final score if comparing to younger participant scores.