



EXCEPTIONAL CARE. WITHOUT EXCEPTION.

Menstrual Cycle Record

Boston University OB/GYN Associates
 720 Harrison Ave Ste 1105
 Boston, MA 02118

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
JAN																																
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MAR																																
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This is a chart to keep track of your bleeding pattern. When you have bleeding, please mark the box for that date. If you have spotting, mark it with an "S," and if you have bleeding, mark it with a "B." Bring your menstrual record to your next appointment.

If you have heavy bleeding, soaking more than one pad per hour, please call the gynecology clinic:

Reproductive Endocrine Clinic: 617-638-8042 8:30AM-5:00pm

After Hours: 617-414-2000 After 5:00pm and on Weekends